

National Prevention Week

May 9th through the 15th is National Prevention Week. This week is used to promote prevention and also provides tools to help communities. Substance Abuse and Mental Health Service Administration (SAMHSA) uses this yearly event to raise awareness of the importance of prevention and positive mental health.

Here are the daily themes for National Prevention Week in 2021.

Monday, May 10: Preventing Prescription Drug and Opioid Misuse

Tuesday, May 11: Preventing Underage Drinking and Alcohol Misuse

Wednesday, May 12: Preventing Illicit Drug Use and Youth Marijuana Use

Thursday, May 13: Preventing Youth Tobacco Use (E-Cigarettes and Vaping)

Friday, May 14: Preventing Suicide

To learn more about National Prevention Week go [here](#)

Upcoming Events

Webinar/Trainings:

Title: Who, What, When, Where, Why? The 5 Ws of Strategic Prevention Planning Part 2

Date: May 4th, 2021

Time: 2:00PM - 4:00PM CST

Location: Zoom

Presenters: Allison Fast, Kitra Nelson

Register [Here](#)

Title: The Path Forward: Re-centering Our Work in AOD Prevention Post-COVID

Date: May 10th, 2021

Time: 9:30AM - 12:00PM

Location: Zoom

Presenter: Joan Masters

Register [Here](#)

Title: Who, What, When, Where, Why? The 5 Ws of Strategic Prevention Planning Part 3

Date: May 11th, 2021

Time: 2:00PM - 4:00PM

Location: Zoom

Presenters: Allison Fast, Kitra Nelson

Register [Here](#)

Title: The Path Forward: Re-centering Our Work in AOD Prevention Post-COVID

Date: May 13th, 2021

Time: 1:00PM - 3:30PM

Location: Zoom

Presenter: Joan Masters

Register [Here](#)

Title: NASPA Certified Peer Educator: Train the Trainer

Date: May 20th, 2021

Time: 11:00AM - 4:00PM

Location: Zoom

Presenter: David Arnold and Rachel Novick

Register [Here](#)

Title: Online engagement: Mastering student prevention efforts and grasping concepts virtually

Date: May 21th

Time: 9:30AM - 12:00PM

Location: Zoom

Presenter: Mitch Gurick

Register [Here](#)

Title: The Implications of the Framing Well-Being in a College Campus Setting and Emotional Well-being Tool for AOD Professionals

Date: May 26th, 2021

Time: 2:00PM

Location: Webinar

Presenter: James Larcus

Register [Here](#)

Title: Online engagement: Mastering student prevention efforts and grasping concepts virtually

Date: May 28th, 2021

Time: 9:30AM - 12:00PM

Location: Zoom

Presenter: Mitch Gurick

Register [Here](#)

Sign Up for a FREE Virtual Consultation with IHEC

Update: Due to COVID-19, consultations will be virtual until further notice

The purpose of an IHEC consultation visit is for campuses to enhance or strengthen their current programming, provide data to justify need for future programming, and to ensure compliance with state and federal regulations. IHEC staff members are available to guide colleges and universities in assessment, planning, and evaluation of campus AODV prevention efforts through technical assistance and use of assessment instruments developed for this project. Through consultation visits IHEC expects to fuel universities to make changes for the better

After the consultation has been completed, IHEC staff members will provide the campus representative with a comprehensive report that will guide campuses toward progressive AODV prevention modifications. Consultation visits typically take a day, and can be coordinated with an array of faculty members. You can also visit

<https://www.eiu.edu/ihec/consultationvisits.php> for additional information.

Continuing Education Units (CEU's)

IHEC offers free CEU's at all webinars and trainings!

For more information about what CEU's we will be offering please contact us.



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Closing Comments

IHEC truly values feedback from our affiliates. Your feedback allows us to continue to make improvements in order to better meet your needs. Please do not hesitate to reach out with any comments, concerns or suggestions by emailing us at ihec@eiu.edu. We are looking forward to another great year!