



Newsletter of the Illinois Higher Education Center - March 2024

## BIENNIAL SURVEY

We have received IRB approval for the administration of the new Illinois Assessment of College Substance Use Behaviors (IACSUB) Survey.

A letter must be on the facility's letterhead stationery or e-mail, and should contain the following:

- Agreement for the study to be conducted at the site
- Identification of someone at the site who will provide information about appropriateness of the study for its population
- Assurance of adequate capabilities to perform the research as approved by the IRB; and if applicable
- Assurance that facility personnel involved in data collection have appropriate expertise and will follow IRB approved procedures.

Send us a random student sample (names and emails) from your registrar's office. Provide us with the tentative timeframe you would like to run the study (must be completed by May 1, 2024).

## UPCOMING EVENTS

Cafe Connections:  
March 6, 2024 @ 9:30am  
on Zoom

Fundamentals in  
Substance Misuse for  
Higher Education Training  
March 8, 13, 15, 2024 @  
11am - 2pm on Zoom -  
registration closed

Prevention with Purpose:  
Selecting Strategies with  
Intention by Annabelle  
Escamilla:  
March 18, 2024 @ 1pm on  
Zoom

Advisory Board Meeting  
March 19, 2024 @ 2pm on  
Zoom

SBIRT Webinar by Dr.  
Dolores Cimini  
March 21 @ 12pm on  
Zoom

Spring Affiliate Meeting @

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## IHEC UPDATE

IHEC has been working to make our website easier to navigate. We have added under our services drop down a general request form as a quick way to connect with us. This form can be used for general questions, requests for specific trainings/webinars, requests for technical assistance, or whatever else you might need.

We work to keep our homepage and upcoming events page updated with new events and event changes.

[Visit our Website](#)

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### Consultation Visits

Are you new to your AOD prevention role and could use some help on where to start? Have you been in your position for a while and aren't sure what to do next? Schedule a consultation visit with IHEC.

The purpose of an IHEC Consultation Visit is for campuses to enhance or strengthen their current programming, provide data to justify need for future programming, and to ensure compliance with state and federal regulations.

You can expect a series of brief meetings with key staff and administrators that are scheduled throughout the day. As a result of these interviews we find the common emerging themes and analyze our data to create a comprehensive report that becomes the sole property of the institution.

### [Interest Form](#)

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### Upcoming Webinars:

**Prevention with Purpose: Selecting Strategies with Intention Webinar by Annabelle Escamilla**

Time and Venue: Monday, March 18, 2024 @ 1PM on Zoom

**Register:**

<https://eiu.zoom.us/meeting/register/tZYIfuivrDkiEtJfBYyCAtnfXhXkRceRgC02#/registration>

## Objectives

- Identify effective strategies for substance use prevention
- Assess capacity of the campus to address prevention
- Advocate for prevention programming

This webinar will highlight the key components of identifying evidence-based strategies for prevention, how to select interventions based on budgetary and staffing needs, and instruct attendees on the basics of implementing these programs. Using the Strategic Prevention Framework (SPF) as a guide, this webinar will provide health educators, administrators, counselors, and related professionals with foundational skills for initiating substance use prevention on their campuses. . This information will help college professionals strategically plan and implement sustainability for the current and future health status of their campus.

## Screening, Brief Intervention, and Referral to Treatment (SBIRT) in College and University Settings: Effective and Innovation Implementation Strategies by Dr. Dolores Cimini

Time and Venue: Thursday, March 21, 2024 @ 12PM on Zoom

**Register:** [https://eiu.zoom.us/meeting/register/tJUkc-6rqzkvHNCzXRKksQ6-l3P-ewxXZ1\\_-#/registration](https://eiu.zoom.us/meeting/register/tJUkc-6rqzkvHNCzXRKksQ6-l3P-ewxXZ1_-#/registration)

## Objectives

- Identify the essential elements of a Screening, Brief Intervention, and Referral to Treatment encounter.
- Select the most appropriate screening tools and methods assessing alcohol and other drug use for college students.
- Identify innovative methods to engage college students in SBIRT encounters using in-person, online, and virtual strategies.

Screening, Brief Intervention, and Referral to Treatment (SBIRT) is a brief, comprehensive, integrated, public health-informed approach to the delivery of early intervention services for people engaging in risky alcohol and substance use and experiencing related concerns in the areas of mental health, sexual health, and other health domains. College and university settings offer unique opportunities to implement SBIRT and reach our students before serious consequences occur. This online seminar will provide an overview of the evidence-based practice of SBIRT across a variety of college and university based-settings. Innovative strategies that may be implemented across in-person, online, virtual, and social media spaces will be explored, and lessons learned regarding the creative delivery of SBIRT with college students, particularly those that engage trained peers in delivering SBIRT, will be highlighted. The central role of Motivational Interviewing (MI) in conducting

SBIRT in various in-person and virtual environments with college students will be discussed.

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## **Fundamentals in Substance Misuse for Higher Education Training:**

March 8<sup>th</sup>, 13, and 15<sup>th</sup> 11am-2pm on Zoom - Registration closed  
**April Series coming soon!!**

9 contact hours of CEU credit available to those that attend all sessions

### Session 1:

- Foundations of our Work: The Public Health Approach and Substance Misuse Prevention
- College Student Substance Misuse Behaviors

### Session 2:

- Prevention in Higher Education: Alphabet Soup
- Applying the SPF/Case Study: Assessment & Capacity

### Session 3:

- Applying the SPF/Case Study: Planning and Evidence Based Prevention Strategies, Implementation, & Evaluation
  - Training Wrap-Up
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## **Spring Affiliate Meeting:**

March 28<sup>th</sup> 9-3:30 at Lewis & Clark Community College

Register: <https://www.eiu.edu/ihec/machform/view.php?id=182292>

### Agenda:

8:30 Check In

9:00-9:30 Welcome and IHEC updates/questions

9:30-11:00 Attendee updates and needs discussion

11:00-12:00 Review of the Guide to the Eight Professional Competencies

12:00 -1:00 Lunch

1:00-2:30 Workshop: how to market your prevention strategies

2:30-3:30 Skill applications, recap, and questions

3:30 Adjourn

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Register: <https://www.eiu.edu/ihec/machform/view.php?id=178491>

"Partners in Prevention: The Collective Impact"

- Free to Attend.
- **April 22-24, 2024**
- State House Inn, Springfield, IL

**Accommodations:**

- Block is reserved for IHEC conference at state rate of \$107
- Rate is for double bed rooms
- To reserve, call (217) 528-5100 or email [guest@thestatehouseinn.com](mailto:guest@thestatehouseinn.com)

If you're interested in volunteering to setup or tear down, email us at [ihec@eiu.edu](mailto:ihec@eiu.edu).

**We will cover the lodging of all presenters and volunteers.**

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**Email List & Advisory Board Applications**

To join our email list, reach out to [alescamilla@eiu.edu](mailto:alescamilla@eiu.edu) for more information. We are taking applications for our advisory board that meets once a month. This position helps provide guidance, feedback, and ideas for IHEC events, professional development, and ways to stay active in the field. Email Annabelle at [alescamilla@eiu.edu](mailto:alescamilla@eiu.edu) if you are interested.

Facebook: Illinois Higher Education Center for AODV Prevention

Instagram: IHEC\_EIU

Twitter: IHEC\_EIU

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Only on Socials

**Prevention Partner Library** – a new resource shared every other week

**Event Updates** - This is where you find out what's new and updates on scheduled events

**Event Reminders** - You don't want to miss it!

**Event Information** - Webinar Objectives, Information about Speakers, Webinar highlights, etc.

**Weekly Topics** - Important Information related to Alcohol and Other drugs

**Contact Us:**

217-581-2019  
[ihec@eiu.edu](mailto:ihec@eiu.edu)

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ILLINOIS HIGHER  
EDUCATION  
CENTER

for alcohol, other drug  
& violence prevention

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