

Informed Consent

Consent to Participate in a Research Study

Project Title: Illinois Assessment of College Substance Use Behaviors (IACSUB)

Principal Investigator Name: Dr. Eric Davidson, MCHES & Annabelle Escamilla, M.S., CHES

IRB Assigned Project Number: 24-033

Key Information About the Study

You are being asked to participate in a research study. The purpose of the research study is to assess the personal health-related attitudes, choices, and behaviors of students within the state of Illinois. You are being asked to complete a 15-25 minute, online survey on these issues, so that the Illinois Higher Education Center for Alcohol, Other Drug & Violence Prevention Center (IHEC) may analyze the survey data and work with campuses to implement evidence-based prevention strategies. You must be 18 years or older to participate. Possible benefits include learning more about your own personal health behaviors and becoming aware of programs offered on campus that address these topics. Some possible risks may include discomfort answering questions of a sensitive nature related to your substance use, mental health, and related experiences.

Please read this form carefully and take your time. Let us know if you have any questions before participating. The research team can explain words or information that you do not understand. Research is voluntary and you can choose not to participate. If you do not want to participate or choose to start then stop later, there will be no penalty or loss of benefits to which you are otherwise entitled.

Purpose of the Research

You are being asked to participate in this study because you can answer questions related to health-related attitudes, choices, and behaviors of students within the state of Illinois, each at their own respective institution. The purpose of the study is to allow IHEC members and affiliated researchers to understand the impact that alcohol, drugs (illegal and prescription), and mental health have on student well-being.

What will happen during the study?

You are being asked to complete an online, anonymous survey about your alcohol/other substance use

and your mental health experiences. No direct identifiers will be collected.

Your participation is expected to last 15-25 minutes.

What are the expected benefits of the study?

You may or may not benefit as a result of your participation in the study. You may become more aware of your attitudes and behaviors related to these topics, and more aware of programs offered on campus that address these issues. Information learned from the study may help other students at your institution in the future, by having data to allow IHEC staff to work with Illinois higher education institutions in implementing evidence-based prevention strategies.

What are the possible risks of participating in this study?

There are minimal risks expected when taking part in this study. You may feel discomfort when disclosing personal information.

To help lower these possible risks, you will have the option to select 'Prefer not to respond' to any question you do not wish to answer. You may also stop or leave the survey at any time. During sections of the survey asking about potentially sensitive information, you will receive information for campus specific resources that may be helpful for additional assistance if you experience any discomfort. At the end of the survey, you will also receive a list with direct links to resources on the topics covered in this survey so that you may reach out for any additional assistance.

We will tell you about any new information we learn that may affect your decision to continue to participate in this study.

What other choices do I have if I don't want to be in this study?

You are not required to be in this study. You can simply choose not to participate. You can look for other research projects you may be interested in instead of this study.

Will information about me be kept private?

The research team is committed to respecting your privacy and keeping your personal information confidential. We will make every effort to protect your information to the extent allowed by law. Your responses are completely anonymous, and your answers will not be associated with your e-mail address, name, or any contact information. Your information will be kept as secure as possible to prevent your identity from being disclosed. Data collected from the survey will be stored for a minimum of 5 years before it is destroyed, accessible only to IHEC members and affiliated researchers via secure software.

We may share what we collected from you as part of this research, after removing your identifiers, for future research and future non-research purposes (e.g., in a social media campaign about alcohol awareness), without additional informed consent from you. Data may be shared with other affiliated researchers in raw or aggregate format, but the data that your campus receives will only be in aggregated response, such as "97% of Illinois students would help someone they suspected had alcohol poisoning."

Who do I contact if I have questions or concerns?

If you have questions about this study or experience a research-related injury, you can contact the IHEC researcher at 217-581-2019 or esdavidson@eiu.edu. If you would like to seek counseling for any reason as a result of this survey, please contact your institution's resource centers.

If you have questions about your rights as a research participant, please contact the Eastern Illinois University Institutional Review Board (IRB) at 217-581-8453 or eiuirb@eiu.edu. The IRB is a group of people who review research studies to make sure the rights and welfare of participants are protected.

If you want to talk privately about any concerns or issues related to your participation, you may contact the IHEC staff at 217-581-2019.

Do I get a copy of this consent?

You can ask the researcher to provide you with a copy of this consent for your records, or you can print a copy of this consent for your records.

We appreciate your consideration to participate in this study.

Informed Consent Agreement

You have been randomly selected for the FY2026 Illinois Assessment of College Substance Use Behaviors (IACSUB)

(I have read the informed consent information and AGREE to participate
(I have read the informed consent information and DO NOT AGREE to participate

Resource List for Students

Prior to beginning the survey, please note the below list of resources that are accessible to you. These references will also be mentioned throughout and at the end of the survey if you would like access to them later:

	<u>Disaster Distress Helpline + Text Line</u> – 1-800-985-5990
Overall Resources	Deaf Crisis Line – 1-321-800-3323
	Deaf Crisis Text Line – Text HAND to 839863
	Time to Change – Quitting Tobacco/Nicotine or
	Marijuana/Cannabis
Resources for Alcohol and Other Drug	National Institute on Alcohol Abuse and Alcoholism
Misuse Prevention	PartySafe Training on Hosting Responsible Events
	Alcohol Use Disorder Resources
	NIAA Alcohol Treatment Navigator
	National Domestic Violence Hotline –
	1-800-799-7233
	National Domestic Violence Text Line – Text TELLNOW
	to 85944
Resources for Interpersonal Violence	<u> 1in6 National Helpline (specifically for men)</u> – Helpline
ixesources for interpersonal violence	chat via Website
	Love is Respect National Dating Abuse Hotline –
	1-866-331-9474
	Love is Respect National Dating Abuse Text Line –
	Text LOVEIS to 22522
Resources for Mental Health/Mental Well-	<u>Veterans Crisis Line</u> – 1-800-273-8255 + Press 1
	<u>Veterans Crisis Text Line</u> – Text 838255

Demographics

Please select the institution that you belong to
--

\bigcirc	Illinois College
	Southern Illinois University Carbondale
\bigcirc	Eastern Illinois University
	Sauk Valley Community College
O	Black Hawk Community College - EC
$\tilde{\bigcirc}$	Black Hawk Community College - QCC

	Lake Land College
$\tilde{\bigcirc}$	Western Illinois University
$\widetilde{\bigcirc}$	Other
Age	e:
	·
Ge	nder: (check all that apply)
	Woman
$\overline{\Box}$	Man
Ħ	Transgender
H	Gender Queer/Gender Non-conforming (e.g. Genderfluid, Third-gender, Amalgagender, Demigender, Bigender, Pangender,
Ш	Agender)
	Self-identify (please specify)
	I prefer not to respond
Bio	logical sex:
\bigcirc	Male
$\widetilde{\cap}$	Female
\tilde{a}	Intersex
\simeq	I prefer not to respond
\cup	T protest flet to reciponal
Ple	ase estimate your cumulative GPA: (e.g., 3.0)
. 10	ass seamate your carriative of 7t. (e.g., o.o)
	Please enter numbers with one decimal point
\cup	Ficase effici flumbers with one decimal point
\bigcirc	No GPA yet. First semester at campus
\preceq	I prefer not to respond
\cup	· Province resolvental

Racial or ethnic background: (Check all that apply)
Indigenous Person (American Indian or Alaskan Native (A person having origins in any of the original peoples of North and South America (including Central America), and who maintains tribal affiliation or community attachment.))
Asian or Asian-American (A person having origins in any of the original peoples of the Far East, Southeast Asia, or the Indian subcontinent including, for example, Cambodia, China, India, Japan, Korea, Malaysia, Pakistan, the Philippine Islands, Thailand, and Vietnam.)
Native Hawaiian or Other Pacific Islander (A person having origins in any of the original peoples of Hawaii, Guam, Samoa, or other Pacific Islands.)
White, European-American, or Caucasian (A person having origins in any of the original peoples of Europe, the Middle East, or North Africa.)
Black, African-American, or Native African (A person having origins in any of the black racial groups of Africa.)
Arab or Non-Arab North African/Middle-Eastern
Bi-racial or Multi-racial (A person having parents or ancestors from different racial backgrounds)
Native Caribbean or Afro-Caribbean Islander (A person originating or with ancestry from areas in or bordering the Caribbean Sea)
Hispanic or Latino (A person of Cuban, Mexican, Puerto Rican, South or Central American, or other Spanish culture or origin, regardless of race.)
Other (please specify) I prefer not to respond.
Sexual Orientation: (Check all that apply)
□ Bisexual/Biromantic □ Gay □ Lesbian □ Heterosexual/Straight □ Queer (Queer is a reclaimed inclusive identity term used to describe an individual's sexual orientation that does not conform to heterosexual-normative society.)
Questioning Asexual/Aromantic
Pansexual Other (places angelify)
Other (please specify)
I prefer not to respond

Are you the first generation in your immediate family to attend college?

Yes	
○ No	
I prefer not to respond	
Please indicate if you belong to any of the following group(s) on campu	s: (Check all that apply)
Student parent	
Military service/USAS member (currently or previously)	
International student	
None of the above	
I prefer not to respond	
I prefer not to respond	
What is your current year in school?	
Freshman (i.e. 1 year)	
Sophomore (i.e. 2 years)	
Junior (i.e. 3 years)	
Senior (i.e. 4 years)	
5 or more years (i.e. super senior)	
Graduate or Professional student	
I prefer not to respond	
Which of the following best applies to you?	
Which of the following best applies to you?	
Full-time student (taking in person courses)	
Full-time student (taking online courses)	
Full-time student (taking hybrid courses)	
Part-time student (taking in person courses)	
Part-time student (taking online courses)	
Part-time student (taking hybrid courses)	
Exclusively enrolled in web-based distance learning	
I prefer not to respond	

Please indicate your level of agreement with the following statements:

	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree	I prefer not to respond	
I feel a sense of belonging to the campus community	\bigcirc	\bigcirc	\bigcirc	\circ	\bigcirc	\circ	
I believe I have the responsibility to contribute to the safety and wellbeing of other students at my school.	0	0	0	\circ	0	\circ	
Involvement in community and/or campus causes is important to me	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	
I see myself as an individual who can have an impact on what happens at my campus/in my community	0	\bigcirc	0	0	0	\circ	
I believe I should make a difference at my campus/in my community	0	0	0	0	0	\circ	
Are you a transfer student Yes, I transferred from a 2 ye Yes, I transferred from a 4 ye No I prefer not to respond	ear institution						
Have you thought about transferring from your current college/university in the past 12 months? Yes No I prefer not to respond							
Have you thought of disco Yes No I prefer not to respond	entinuing yo	our college/u	university edu	cation in t	he past 12 m	onths?	

What reasons have contributed to you considering leaving your current college/university? (Check all that apply)

	Lack of friends/loneliness/homesick							
$\overline{\Box}$	Don't have enough money to pay for school							
$\overline{\Box}$	Difficulties keeping up with academic expectations							
$\overline{\sqcap}$	Lack of entertainment ('things to do') in town							
$\overline{\Box}$	My own alcohol/drug use							
Ħ	Others alcohol/drug use							
H	My mental health concerns							
My physical health concerns								
H	Don't feel as if I belong on campus							
H	My major/area of interest is not offered							
H	Other (please specify)							
	I prefer not to respond.							
Wh	ile attending classes, which of these living arrangements best apply to you?							
	and attending endedder, trinier, er anded irrinig amanigemente beet apply to year							
\bigcirc	On-campus residence hall							
$\widetilde{\bigcirc}$	On-campus university/college operated apartment							
$\tilde{\bigcirc}$	On-campus other locations							
\tilde{a}	Fraternity/sorority housing							
\sim	Off-campus housing with roommates/friends or alone (e.g. a rented property, home ownership)							
Off-campus housing with parents/other family members (spouse, children, grandparents, etc.)								
\sim	I do not have a consistent/permanent living arrangement							
\sim	Other (please specify)							
\cup	Carlot (process spearsy)							
\bigcirc	I prefer not to respond							
ln v	which of these campus activities or organizations are you currently involved? (Check all that apply)							
111 \	which of these campus activities of organizations are you currently involved: (Officer all that apply)							
	Religious groups							
\exists	Honors/academic/professional clubs							
H	Service/volunteer groups							
H	Student government							
	IFC Fraternity or Interfraternity Council Fraternity							
	PHA Sorority or Panhellenic Association Sorority							
	NPHC Fraternity/Sorority or National Pan-Hellenic Council Fraternity/Sorority							
\vdash	Multicultural Fraternity/Sorority							
	Intercollegiate/varsity athletics (e.g. NCAA, University sports teams, Cheerleading)							
	Sports clubs/Intramural							
	Arts (music, theater, visual art, animation, dance) group							
1 1	Ario (masio, meater, visual art, allination, dance) group							

Multicultural/International							
Armed services/ROTC							
Political							
Residential Life (as an emp	Residential Life (as an employee or volunteer)						
Marching Band							
Social justice/LGBTQ							
Campus media/campus jou	ırnalism						
	Other (please specify	y)					
I am not involved in any car		ation					
	inpus activity/organiza	auon					
I prefer not to respond							
Have you held a leadersh	nip position in an	y of these activities?					
Yes, currently							
Yes, previously							
No							
I prefer not to respond							
Policy							
Folicy							
_							
Does your campus	?						
	Yes	Unsure	No	I prefer not to respond.			
Provide a program							
or information about							
alcohol and drug	\circ	\circ	\bigcirc	\circ			
prevention							
Have a sexual	\bigcirc						
violence policy							
Have a							
tobacco/smoke-free		\bigcirc	\bigcirc				
policy							
r • J							

	Yes	Unsure	No	I prefer not to respond.
Have campus/local resources for helping with food scarcity (e.g. campus food pantry)				
Do you believe that your ca	ampus	policies are consis	stently enforced	1?
	Yes	Unsure	No	I prefer not to respond.
Alcohol and other drug	\bigcirc	\bigcirc	\bigcirc	\circ
Sexual violence	\bigcirc	\bigcirc	\bigcirc	\circ
Tobacco/smoke-free	\bigcirc	\bigcirc		\circ
Do you believe that your ca	ampus is conce	rned about	_ ? No	I prefer not to respond.
The prevention of alcohol and drug use	\circ	\circ	0	\circ
Sexual violence	\bigcirc	\bigcirc	\bigcirc	\circ
Tobacco/Nicotine product use	0	0	0	\circ
Which of the following state Cannabis is allowed on camp Cannabis is allowed on camp Cannabis is not allowed on camp I am unsure I prefer not to respond	rus, but not in the res	sidence halls/on-campus		us cannabis/marijuana policy?

program (CRP) is a supportive environment within the campus culture that reinforces the decision to disengage from addictive behavior. It is designed to provide an educational opportunity alongside recovery support to ensure that students do not have to sacrifice one for the other.)
Yes No Unsure I prefer not to respond
Would you be supportive of your campus providing more resources (educational or support) about drug overdoses?
Yes No Unsure My campus provides enough resources on overdoses I prefer not to respond
Alcohol
The following questions ask about alcohol use and related behaviors. For resources on alcohol use and prevention, see below:
National Institute on Alcohol Abuse and Alcoholism
PartySafe Training on Hosting Responsible Events
Alcohol Use Disorder Resources
NIAA Alcohol Treatment Navigator
Do you identify as someone that is in recovery from an alcohol or other drug addiction/substance use disorder?
○ Yes
No
I prefer not to respond

How old were you when you first started drinking alcohol?
~
What recovery format do you primarily practice?
12 Step Program
Treatment or Counseling based
Moderation Management/Harm-reduction
Other (please specify)
I prefer not to respond
Have you participated in or with your campus recovery program, organization, or center?
Yes
No No
Unsure
I prefer not to respond
Have you consumed alcohol in the past 12 months?
Yes
No No
I prefer not to respond

On which days/nights of the week do you typically consume alcohol? For each day/night you typically drink, please note the number of alcoholic drinks (One drink is equal to 12 oz. of beer, 8-9 oz. of malt liquor/craft beer, 5 oz. of wine, or 1.5 oz. of liquor) that you consume (enter 0 if you do not drink on those nights):



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Beer/Seltzers							
Malt liquor/Craft beer							
Wine							
Liquor							

Please indicate the number of days you	ı drank alcohol in the past two weeks
--	--

~	
---	--

Think over the past two weeks . How many times have you had 5 or more drinks within a 2-hour period?
(One drink is equal to 12 oz. of beer, 8-9 oz. of malt liquor/craft beer, 5 oz. of wine, or 1.5 oz. of liquor).
→
Think over the past two weeks . How many times have you had 4 or more drinks within a 2-hour period?
(One drink is equal to 12 oz. of beer, 8-9 oz. of malt liquor/craft beer, 5 oz. of wine, or 1.5 oz. of liquor).
· ·
Think over the past two weeks. How many times have you had 5 or more drinks within a 2-hour period?
(One drink is equal to 12 oz. of beer, 8-9 oz. of malt liquor/craft beer, 5 oz. of wine, or 1.5 oz. of liquor).
(One drink is equal to 12 oz. of beer, 0-9 oz. of mait inquor/craft beer, 3 oz. of wife, of 1.3 oz. of inquor).
▽
Please indicate the number of days you drank alcohol in the past 30 days:
▽
Think over the past 30 days . How many times have you had 5 or more drinks within a 2-hour period?
(One drink is equal to 12 oz. of beer, 8-9 oz. of malt liquor/craft beer, 5oz. of wine, or 1.5 oz. of liquor).
· ·
Think over the past 30 days . How many times have you had 4 or more drinks within a 2-hour period?
(One drink is equal to 12 oz. of beer, 8-9 oz. of malt liquor/craft beer, 5 oz. of wine, or 1.5 oz. of liquor).
(2 a 2 24 a 6 12 32. 31 2331, 3 3 32. 31 mail inqualiforant 2001, 5 32. 31 mile, 31 1.0 32. 31 inqualiforant
▼

	about the last time you drank; how many drinks did you consume? (One drink is equal to 12 oz. of 8-9 oz. of malt liquor/craft beer, 5 oz. of wine, or 1.5 oz. of liquor).
	▼
Think	about the last time you drank; over how many hours did your drinking occur?
Wher	e do you typically consume alcohol? (Check all that apply)
П Ва	ars/restaurants (including outdoor seating/patios)
☐ Sc	ocial gathering or friend's house (off-campus)
Fr	aternity or sorority house
Fr	aternity or sorority community in a residence hall
☐ Re	esidence hall
☐ Sp	porting events
At	home (parents'/family's residence)
$\overline{\square}$ w	here I live
$\overline{\sqcap}$	Other (please specify)
П	prefer not to respond
If you	pre-party/pre-game (i.e., drink somewhere before you go out or before an event starts), where do
you ty	pically do so? (check all that apply)
☐ I d	lo not pre-party
Ва	ar/restaurant (including outdoor seating/patios)
Sc	ocial gathering or friend's house (off-campus)
Fr	aternity or sorority house
Fr	aternity or sorority community in a residence hall
Re	esidence hall
Sp	porting events (including tailgating)
Pa	arking lot
_ In	transit (e.g., driving, walking, etc., to a location)
$\overline{\square}$ w	here I live

	Other (please specify)
	I prefer not to respond
_	
O	
	average, how many drinks do you typically consume when you pre-party/pre-game? (One drink is
eq	ual to 1 beer, 8-9 oz. of malt liquor/craft beer, 5 oz. of wine, or 1.5 oz. of liquor)
	<u> </u>
Th	ink back to the last time you consumed the most alcoholwhere did you consume the majority of you
drii	nks?
\bigcirc	Bars/restaurants (including outdoor seating/patios)
Ŏ	Social gathering or friend's house (off-campus)
Ŏ	Fraternity or sorority house
Ŏ	Fraternity or sorority community in a residence hall
Ŏ	Residence hall
Ŏ	Sporting events
Ŏ	Where I live
Ŏ	Other (please specify)
	L profer not to reappend
\cup	I prefer not to respond
Но	w do you obtain your alcohol? (Check all that apply)
	I have a friend who is over 21 buy for me
	I have a friend who is under age 21 who gets it for me
	I use a fake or manufactured ID
	I borrow or regularly use someone else's real ID
	My parents/siblings/other family members buy alcohol for me
	Alcohol is readily available at home
	I know people who work in bars/restaurants who will serve me
	I go to a place where IDs aren't checked
	I know people who work in convenience/grocery stores who will sell to me
	I use home delivery service without ID being checked
	From a fraternity or sorority

	Other (please specify)
	I prefer not to respond
Ηον	w often in the past 12 months have you been denied access while using a fake/borrowed ID?
000000	Never Rarely Occasionally Often Always I prefer not to respond
	en you drink, which of the following are contributing factors to your decision to drink alcohol? (Check all t apply)
	To relax To have fun with friends To get drunk To try it Because my friends are drinking Because I feel pressure to drink The consequences of my drinking are minimal I have nothing better to do To feel more confident in a social situation I like the taste I like how it feels To help me fall asleep/stay asleep To escape/so I can forget my problems Alcohol is always readily available Other (please specify) I don't drink I prefer not to respond
Wh	ich of the following motivates you to drink less or not drink alcohol? (Check all that apply)
1 I	High cost of drinks/alcohol

Academic obligations the fol	llowing day								
	Other obligations the following day (i.e. jobs, family)								
	Chance of getting sick or having a hangover								
Chance of having a "blackout"/memory loss									
	Because it is against the law/policy (e.g. I might be getting caught by authorities.)								
Potential of doing something I will regret later/My behavior when I drink									
Being a designated driver									
Religious/moral reasons									
I have a personal or family history with alcohol (e.g. alcoholism)									
My mental health concerns									
Health/calories									
I don't like the taste / I don't	like alcohol								
Not in the mood / No interes	t in alcohol								
	Other (please specif	y)							
I prefer not to respond.									
Have you used the followi	ing substances v	while drinking alcoho	ol in the nast 1 2	months? (check all that					
•	ing outotanood t	Willio dililiking alconk	or in the pact 12	. montho: (oncor an that					
apply)									
Prescription drugs (prescribed Prescription drugs (NOT prescription drugs (e.g. cocaid Tobacco/Nicotine products (e.g. cocaid Prescription drugs (prescription	ed to me) escribed to me) ne, heroin, LSD, MD	MA, hallucinogens, etc.) arette, e-cigarette, smokel		marijuana/cannabis products)					
In the past 12 months, ho	w often have vo	u done the following	at parties or so	ocial gatherings					
where alcohol was available	•		, ,	Jg-					
where alcohol was availab	JIE :								
	Never	Sometimes	Always	I prefer not to respond					
Determined not to exceed a set number of drinks	\circ	\circ	\circ	0					
Avoided competitive drinking behaviors (i.e. "keep up"/ "out-drink") or drinking games	\circ	\circ	\circ	0					
Alternated water/non-alcoholic drinks while drinking alcohol	\circ	\circ	\circ	0					

	Never	Sometimes	Always	I prefer not to respond
Drank slowly, rather than gulp or chug	\bigcirc	\circ	\circ	\bigcirc
Eaten before and/or during alcohol consumption		\bigcirc	\bigcirc	\bigcirc
	Never	Sometimes	Always	I prefer not to respond
Received free, non-alcoholic drinks (e.g., soft drinks) at a bar/restaurant for being a designated sober driver	0	0	\circ	\circ
Had a sober friend in the group	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Knew where your drink has been at all times	\bigcirc	\bigcirc	\circ	\circ
Made sure you went home with a friend	\bigcirc	\bigcirc	\circ	\circ
Stopped drinking at a predetermined time	\bigcirc	\circ	\circ	\circ
low often in the past 12 n	nonths have yo	ou experienced the f	ollowing when	drinking alcohol?

Н

	0 times	1 time	2 times	3-5 times	6-9 times	10 or more times	I prefer not to respond
Had a hangover	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Been in trouble with campus administrators	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Been arrested by campus police or other law enforcement	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Been hurt or injured	\bigcirc		\bigcirc				\bigcirc
Received medical attention	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
	0 times	1 time	2 times	3-5 times	6-9 times	10 or more times	I prefer not to respond
Driven after consuming any alcohol	\bigcirc					\bigcirc	\bigcirc
Been arrested for DUI/DWI	\bigcirc					\bigcirc	\bigcirc
Vomited	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Someone had sexual contact with me without my consent	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Had sexual contact with someone without their consent	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
	0 times	1 time	2 times	3-5 times	6-9 times	10 or more times	I prefer not to respond
Rode with someone who drove after drinking	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Been forced, pressured, or coerced into drinking more alcohol than you wanted	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc

	0 times	1 time	2 times	3-5 times	6-9 times	10 or more times	I prefer not to respond
Experienced a "blackout"/memory loss				\bigcirc	\bigcirc		
How often in the past 12 mo as a result of your alcohol co			perienced	the followi	ng acade	mic conse	quences
	0 times	1 time	2 times	3-5 times	6-9 times	10 or more times	I prefer not to respond
Performed poorly on a test or assignment	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Missed class	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Which of the following are reasons you choose not to drink alcohol? (Check all that apply) In recovery from alcohol or other drug addiction Potential of getting sick or having a hangover Potential of having a "blackout"/memory loss So I don't have to worry about any negative consequences Alcohol costs too much/ It's hard to access alcohol I don't like the taste / I don't like alcohol I have no desire to drink/I am not interested I have too many personal responsibilities. I have too many academic responsibilities Personal beliefs/values Potential of doing something I will regret later To be the designated driver Because drinking is against the law/policy (e.g., I am younger than 21, I live in a residence hall) I have a personal or family history with alcohol (e.g. alcoholism) My health concerns (i.e. current medical condition, health/calories, breastfeeding, etc.) My mental health concerns Religious/moral I don't have a safe environment to drink in I could not find a designated driver Other (please specify)							
Prefer not to respond.							

Alcohol part 2

In the past 12 months, valcohol use? (Check all t		following ha	ve you expe	erienced as a	result of ar	nother person's
alcohol use? (Check all that apply) Took care of someone who drank too much (e.g., cleaning up after the person, monitoring the person) Had your sleep interrupted Had your studying interrupted Were prevented from enjoying events (concerts, sports, social activities) Had a verbal argument Felt unsafe Had your personal property or residence damaged Been pushed, hit, or assaulted Were harassed about sexual orientation, race/ethnicity, religion, or gender by an intoxicated person Been threatened with physical violence Someone had sexual contact with me without my consent Took someone for emergency medical care None of the above I prefer not to respond						
How often do you think s your best guess:	itudents in e	each category	y on your ca	impus consui	me alconor	Priovide
	Do not use alcohol	1-6 times/year	1-2 times/month	1-2 times/week	3 or more times/week	I prefer not to respond
Yourself				\bigcirc		\bigcirc
Your friends						
Typical student				\bigcirc		
Student-athletes						
Fraternity or sorority members	\bigcirc	\bigcirc	\circ		\bigcirc	
Student leaders	\bigcirc	\circ	\bigcirc	\bigcirc	\bigcirc	\circ

On a typical day/night of drinking alcohol, **how many drinks** do you think the student in each category on your campus consumes? Please provide your best guess (please select 10 if it is higher than 10): (One drink is equal to 12 oz. of beer, 8-9 oz. of malt liquor/craft beer, 5 oz. of wine, or 1.5oz. of liquor)

		9	10
Yourself			10
Your friends			10
Typical student			10
Student-athletes			10
Fraternity or sorority members			10
Student leaders			10
I am currently trying I am ready to try drin I am thinking about o	ng best fits your intentions to change the way you drink alcohol? to drink in a healthier/safer way king in a healthier/safer way drinking in a healthier/safer way nge the way I drink alcohol and		
Drug use - Rx			
The following question see below:	ons ask about drug use and related behaviors. For resources on drug us	e and pre	vention,
<u>Drug-Free Text Line</u> –	Text CONNECT to 55753		
Time to Change			

In the **past 12 months**, which of the following prescription drugs have you used without a doctor's prescription for your use? (Check all that apply)

purchased over the coun	nter/without a	a prescriptior	ı.				
Stimulants/Amphetamines Pain medication/Opiates (e Sleeping medication (e.g., a Benzodiazepines/Sedatives I have not used any of thes I prefer not to respond	e.g., Vicodin, Ox Ambien, Halcion s (e.g., Xanax, I Other (please	cyContin, Codein n, Restoril) Klonopin, Valium specify)	ne, Oxycodone	Demerol, Morph	nine, Fentanyl)		
In the past 12 months , we you misused, meaning to Stimulants/Amphetamines Pain medication/Opiates (e.g., pain medication)	aking in a ma (e.g., Dexedrina	anner other t	han prescri	ped? (Check	all that app	-	nave
Pain medication/Opiates (e.g., Vicodin, OxyContin, Tylenol-Codeine #3, Demerol, Morphine, Fentanyl) Sleeping medication (e.g., Ambien, Halcion, Restoril) Benzodiazepines/Sedatives (e.g., Xanax, Klonopin, Valium) Other (please specify)							
I have not misused any of t I prefer not to respond	hese						
For the prescription drug have you misused?	(s) you have	e misused wi	th/without a	doctor's pres	scription, ho	ow often	
	0 times/year	1-6 times/year	1-2 times/month	1-2 times/week	3 or more times/week	I prefer not to respond	
Stimulants/Amphetamines (e.g., Dexedrine, Adderall, Ritalin, Concerta)	\circ	\circ	\circ	0	\bigcirc	\circ	
Pain medication/Opiates (e.g., Vicodin, OxyContin, Tylenol- Codeine #3, Demerol, Morphine, Fentanyl)	\circ	0	0	0	0	0	
Sleeping medication (e.g., Ambien, Halcion, Restoril)	\bigcirc	\circ	\bigcirc	\bigcirc	\bigcirc	\bigcirc	

Prescription drugs are medicines that require a medical professional's prescription and CANNOT be

	0 times/year	1-6 times/year	1-2 times/month	1-2 times/week	3 or more times/week	I prefer not to respond	
Benzodiazepines/Sedatives (e.g., Xanax, Klonopin, Valium)	\bigcirc	\circ	\bigcirc	\bigcirc	\bigcirc	\bigcirc	
	_					_	
People use prescription d	_		_			-	
prescription drugs you mi		without a do	ctor's presc	ription, which	of the reas	sons contribute t	o your
use? (Check all that apply	y)						
Stimulants/Amphetamine	s						
To relax or relieve tension							
☐ To relieve and/or manage p	hysical pain						
To help lose weight							
To help concentrate							
To be alert or stay awake							
To improve academic perfor							
To experiment or see what t	the drug is like						
To feel good or get high							
To help with sleep To help with feelings or emo	ations						
To increase or decrease the		er druas					
		s (please specify	/)				
		(1 1)	,				
I prefer not to respond							
D	l		a the also alter as	41	dia alama da k		
People use prescription of	_		_			_	.
prescription drugs you mi		without a do	ctor's presc	ription, which	of the reas	sons contribute t	o your
use? (Check all that apply	у)						
Pain Medication/Opiates							
_							
To relax or relieve tension							
To relieve and/or manage p	hysical pain						
To help lose weight To help concentrate							
To be alert or stay awake							
To improve academic perfor	rmance						
To experiment or see what t							
To feel good or get high	-						

To help with sleep To help with feelings or emotions To increase or decrease the effects of other drugs Other reasons (please specify) I prefer not to respond
People use prescription drugs for various reasons, including the reasons displayed below. For any prescription drugs you misused with/without a doctor's prescription, which of the reasons contribute to your use? (Check all that apply)
Sleeping Medications (e.g., Ambien, Halcion, Restoril)
To relax or relieve tension To relieve and/or manage physical pain To help lose weight To help concentrate To be alert or stay awake To improve academic performance To experiment or see what the drug is like To feel good or get high To help with sleep To help with feelings or emotions To increase or decrease the effects of other drugs Other reasons (please specify) I prefer not to respond
People use prescription drugs for various reasons, including the reasons displayed below. For any prescription drugs you misused with/without a doctor's prescription, which of the reasons contribute to your use? (Check all that apply)
Benzodiazepines/sedatives
To relax or relieve tension To relieve and/or manage physical pain To help lose weight To help concentrate To be alert or stay awake

	To improve academic performance
$\overline{\sqcap}$	To experiment or see what the drug is like
$\overline{\Box}$	To feel good or get high
$\overline{\sqcap}$	To help with sleep
$\overline{\Box}$	To help with feelings or emotions
$\overline{\Box}$	To increase or decrease the effects of other drugs
$\overline{\Box}$	Other reasons (please specify)
_	
	I prefer not to respond
In t	he past 12 months , how often have you mixed alcohol with any prescription drugs used in a manner
	er than prescribed?
Oth	er than prescribed?
	0 times
\leq	1 time
\mathcal{C}	
\bigcirc	2 times 3-5 times
\bigcirc	
\bigcirc	More than 5 times
\bigcirc	I prefer not to respond
Нο	w do you obtain your prescription drugs without a doctor's prescription? (Check all that apply)
	,
	I purchase them from other people
H	I steal them
H	I was given them
H	Other (please specify)
ш	
	I prefer not to respond
If v	ou were given the prescription drugs, from whom do you access them without a doctor's prescription?
-	
(Cr	neck all that apply)
	Family
	Family Friends
	Friends Flagrande // a company of a
	Floormates/roommates
	Strangers

I prefer not to respond	Other (plea	se specify)						
Cannabis								
How old were you when derivatives, and all edible			g marijuan	a/cannabis	s (including	smoking	ı marijuana, u	sing
In the past 12 months, If ALL other types of marijuted I did not use in the past year 1-6 times/year 1-2 times/month 1-2 times/week 3 or more times/week Daily I prefer not to respond	uana/cann			uana/cann	abis (includ	ing edibl	es, derivatives	s, and
When you have used mathe following ways?	arijuana/ca	innabis in t	the past 1 2	2 months,	how often	have you	used in	
	I did not use	1-6 times/year	1-2 times/month	1-2 times/week	3 or more times/week	Daily	I prefer not to respond	
Smoked (e.g. joint, bong, pipe, blunt)	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	
Edible (e.g. brownies, cookies, candy, in tea, soda, alcohol)	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	
Vaporized (in an e-cigarette or other vaporizing device)	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	
In derivative/concentrated form (e.g. wax, oil, dabs, shatter, etc.)	0	0	0	\circ	0	\circ	\circ	

	I did not use	1-6 times/year	1-2 times/month	1-2 times/week	3 or more times/week	Daily	I prefer not to respond	
Other ways	\bigcirc	\bigcirc	\bigcirc	\bigcirc		\bigcirc	\bigcirc	
How many days have yo	ou used ma	ariiuana/ca	nnahis (ar	ıv tvne) in	the nast 3	0 days?		
Tiow many days have ye	54 4004 TH	arijaaria, oc	imabio (ai	iy typo) iii	the pact c	o dayo.		
		~						
Which of the following a	re contribu	ting factor	e to vour d	ocision to	use mariiu	iana/canr	pahis? (Chack	all tha
apply)	re continu	illig lactor	s to your u	ecision to	use manju	iai ia/Cai ii	iabis: (Cileck	ali lila
To relax								
To have fun with friends								
I feel pressure to use To get high								
The consequences of my	mariiuana/car	nnahis use ar	e minimal					
Because my friends are us			C IIIIIIIIIII					
I have nothing better to do		-,						
I like how it feels								
To escape/so I can forget	my problems							
It helps me to relieve pain								
To help with anxiety and o		ealth concern	ıs					
For medical purposes								
To help me sleep								
To try it/curious								
I feel like it is safer to use	than alcohol/o	other substan	ces					
	Other (plea	se specify)						
I prefer not to respond								
I prefer flot to respond								
How often in the past 12	2 months	have you e	experience	d the follo	wing as a ı	result of ι	ısing	
marijuana/cannabis?								
	0 times	1 time	2 tin	nes 3.	·5 times	More than 5 times	I prefer not to respond	
Poon arrested for DLU/DM/	O unies		2 (11))			С	
Been arrested for DUI/DWI	0	0)		0		
Felt in a fog, sluggish, tired, or dazed the morning after using		\bigcirc)	\bigcirc	\bigcirc	\bigcirc	

	0 times	1 time	2 times	3-5 times	More than 5 times	I prefer not to respond
Felt very sick to my stomach or thrown up	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Performed poorly on a test or assignment	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Missed class	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
	0 times	1 time	2 times	3-5 times	More than 5 times	I prefer not to respond
Attended class after using marijuana/cannabis	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Had a blackout after using marijuana/cannabis heavily (i.e. could not remember hours at a time)	0	\circ	\circ	\circ	\circ	\circ
Had trouble sleeping	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Needed to use more marijuana/cannabis because of an increased tolerance	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Residence hall Where I live Fraternity or sorority house Athletic events Concerts Bars Parties Social gathering or friend's he Outdoors In a car At home (parents'/family's res						
Where have you used mar Residence hall Where I live Fraternity or sorority house Athletic events	ijuana/can	nabis the m	n ost often ir	i the past 12	2 months?	

\bigcirc	Concerts
Ŏ	Bars
$\tilde{\bigcirc}$	Parties
$\widetilde{\bigcirc}$	Social gathering or friend's house (off-campus)
$\tilde{\bigcirc}$	Outdoors
$\tilde{\Box}$	In a car
\sim	At home (parents'/family's residence)
\sim	Other (please specify)
\bigcirc	I prefer not to respond
١٨/١-	
vvn	en you used marijuana/cannabis in a car, what is usually the status of the car?
	Dayland on agreening
\bigcirc	Parked on campus
\bigcirc	Parked off campus
\bigcirc	Being driven (I was the driver)
\bigcirc	Being driven (I was a passenger)
\bigcirc	I prefer not to respond
Hay	ve you used the following substances while using marijuana/cannabis? (Check all that apply)
ı ıa	ve you used the following substances wrille using manifularia/carmabis: (Check all that apply)
	Alcohol
\mathbb{H}	Prescription Drugs (prescribed to me)
\vdash	Prescription Drugs (NOT prescribed to me)
\vdash	
\vdash	Other illicit drugs (e.g. cocaine, heroin, LSD, MDMA, hallucinogens, etc.)
	Tobacco/Nicotine products (e.g. combustible cigarette, e-cigarette, smokeless tobacco, etc.)
	Others (please specify)
	None of the above
$\overline{\Box}$	I prefer not to respond
Wh	ich statement below about using marijuana/cannabis do you think best represents your own attitude?
\bigcirc	Using marijuana/cannabis is never a good thing to do
\bigcirc	Occasionally using marijuana/cannabis is okay as long as it doesn't interfere with academics or other responsibilities
\bigcirc	Occasionally using marijuana/cannabis is okay even if it does interfere with academics or responsibilities
Ō	Frequently using marijuana/cannabis is okay if that's what the individual wants to do
Ó	I prefer not to respond

I am currently trying to use marijuana/cannabis less often and/or quit I am ready to try to use marijuana/cannabis less frequently and/or quit I am thinking about using marijuana/cannabis less and/or quit I see no need to change my marijuana/cannabis use
I prefer not to respond
Which of the following are reasons that you choose not to use marijuana/cannabis?
In recovery from cannabis or other drug addiction
Potential of getting sick or having a hangover
Potential of having a "blackout"/memory loss
So I don't have to worry about any negative consequences
It costs too much/ It's hard to access
I have no desire to use/I am not interested
I have too many personal responsibilities
I have too many academic responsibilities
Personal beliefs/values
Potential of doing something I will regret later
Because it against the law/policy
I have a personal or family history with cannabis (e.g. cannabis use disorder)
My health concerns or a current medical condition
My mental health concerns
Religious/moral
Other (please specify)
I prefer not to respond.
Do you have a marijuana/cannabis prescription or medical card?
Yes, in Illinois
Yes, in another state
No No
I prefer not to respond

Have you EVER traveled to another state to purchase marijuana/cannabis?
Yes No I prefer not to respond
Given the change in Illinois state law legalizing adult-use/recreational marijuana/cannabis, which statement do you agree with most closely:
I do not currently use marijuana/cannabis and I do not plan to start using I do not currently use marijuana/cannabis, but I am curious to try it/start using I prefer not to respond
Given the change in Illinois state law legalizing adult-use/recreational marijuana/cannabis, I plan to use marijuana/cannabis than before:
Much less A little less The same amount A little more Much more I prefer not to respond
How often do you think the typical student on your campus uses marijuana/cannabis?
Never 1-6 times/year 1-2 times/month 1-2 times/week 3 or more times/week Daily
I prefer not to respond

Yes No I prefer not to respond							
T prefer flet to respond							
What reasons have con	tributed to y	ou using	CBD produ	icts? (Che	ck all that a	pply)	
To reduce physical pain							
To treat symptoms caused	d by a medical	condition					
To treat anxiety							
To help smoking cessation	n or drug withd	rawal					
To try it/curious To help me sleep/sleep aid	d						
To help the sleep/sleep all		ns (please s _l	pecify)				
			, ,,				
I prefer not to respond							
r proter net to respond							
Illicit Drugs							
In the past 12 months,	how often h	nave you i	used the fo	llowing dru	ıgs?		
•		•		J	·		
	I did not use	1-6 times/year	1-2 times/month	1-2 times/week	3 or more times/week	Daily	I prefer not to respond
Cocaine	\bigcirc	\bigcirc				\bigcirc	
Heroin	\bigcirc	\bigcirc		\bigcirc		\bigcirc	\bigcirc
MDMA (i.e. Ecstasy, Molly)		0	0			0	
Hallucinogens (Mushrooms, LSD, PCP, etc.)	0	0	0	0	0	0	0
K2/synthetic marijuana			\bigcirc	\bigcirc	\bigcirc	\bigcirc	

Have you used CBD (Cannabidiol) products in the past 12 months?

Methamphetamines

Kratom

Delta 8 THC

Inhalants (i.e. Whippits)

Tobacco/Nicotine

The following questions prevention, see below:	ask about usi	ng tobacco/n	icotine prod	ucts. For resc	ources on to	bacco/nicotin	e use and
How old were you whe cigarettes/vaporizers, .	-	ū		•	(including c	sigarettes, cig	ars, e-
Which of the following apply)	tobacco/nicoti	ne products	have you us	sed in the pa	st 12 mont	: hs ? (Check a	all that
I did not use any tobacco Cigarettes Cigars Smokeless tobacco (e.g. Hookah E-cigarettes/vaporizers (., chewing, spit, di	p, snus) ^p uff bar, MarkTe	n Elite, etc.)				
How often do you use	the following to	obacco/nico	tine products	s in the past	12 months	s ?	
	A few times per year	1-3 times per month	1-2 times per week	3-6 times per week	Every day	I prefer not to respond	
Cigarettes		\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	
Cigars	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	
Smokeless tobacco (e.g., chewing, spit, dip, snus)	\bigcirc	\circ	\bigcirc	\bigcirc	\bigcirc	\bigcirc	
Hookah	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	

	A few times per year	1-3 times per month	1-2 times per week	3-6 times per week	Every day	I prefer not to respond	
E-cigarettes/vaporizers (including JUUL, Puff bar, MarkTen Elite, etc.)	0	\circ	\circ	\circ	\circ	0	
In the past 12 months, he tobacco/nicotine use? (check of the last	neck all that nicotine break nicotine break entrating on ac ration, or ange ssion, or sad n ave access to	to make it throuse to make it throuse ademic worker because I didrect tobacco/nicotines because of with the money and the money are successived in the money are	gh academic ev gh a test/exam n't have access didn't have acce	vents (e.g. class to tobacco/nicot ess to tobacco/n	, webinar, mee tine icotine	ting, training)	
Have you considered/atte No Yes, I have considered quitted Yes, I have considered and Yes, I have quit using I prefer not to respond	ting		or using tob	acco/nicotine	e products s	ince entering colle	ge?
When you considered que to your decision? (check Because using tobacco is a tobacco/smoke-free)	all that app	l y) /policy (e.g. I am	·				ed
My future plans (e.g. finding People I am living with do n My friends/people close to r My doctor/mental health pro I have health concerns or a	ot support my me don't use to ofessionals/der	tobacco/nicotine bbacco products ntist advised me	recently quit				

	Potential of getting sick or developing a lasting disease
	Tobacco products cost too much
	I don't want to have a habit I will regret (e.g. being dependent on tobacco/nicotine)
	I don't like how it feels
	I am not interested in using anymore
	I have too many personal responsibilities
	I have too many academic responsibilities
	Other (please specify)
	I prefer not to respond.
Wh	ere have you sought assistance for quitting tobacco/nicotine products? (Check all that apply)
	Campus health center/services
	Campus counseling center/services
	Campus wellness center/services
	Off-campus medical doctor/facility
	Online resources/Mobile App
	Family/Friends
	Other (please specify)
	I have not sought assistance
	I prefer not to respond
Me	ntal Health and Suicidality
	following questions ask about well-being and mental health concerns and may cause discomfort. If you'c
like	to speak to someone, please seek assistance at your campus counseling center.

For additional resources on mental health and mental well-being, see below:

Suicide and Crisis Lifeline - Call or Text 988 or chat 988lifeline.org <u>Veterans Crisis Line</u> – 1-800-273-8255 + press 1 <u>Veterans Crisis Text Line</u> – Text 838255

Which of the following have you experienced in the past 12 months? (Check all that apply)
Depression Disordered eating Chronic sleep issues Non-suicidal self-injury/ self-harm behaviors Anxiety (e.g., generalized anxiety, OCD) Panic attacks Bipolar disorder Other mental health concerns (e.g., Autism Spectrum Disorder, ADHD/ADD) Post-traumatic stress disorder (PTSD)
Body/Gender dysphoria Substance use disorder(s)/dependency Other (please specify)
I have not experienced any of these I prefer not to respond
Which of the following that you have experienced in the past 12 months have you been diagnosed with be a mental health or medical professional? (Check all that apply)
Major depression Disordered eating Chronic sleep issues Non-suicidal self-injury disorder (NSSID) Anxiety disorder(s) (e.g., generalized anxiety, OCD) Post-traumatic stress disorder (PTSD) Panic disorder Bipolar disorder
Other mental health concerns (e.g., Autism Spectrum Disorder, ADHD/ADD) Other (please specify)
I have not been diagnosed with any of these I prefer not to respond
For the issues previously identified, where did you initially seek assistance? (check up to two)
☐ I did not seek assistance ☐ Campus counseling center/services ☐ Campus health center/services

	Religious or spiritual advisor			
	Emergency/crisis services (hospital ER, 988/911/other crisis line)			
\Box	Off-campus medical doctor			
$\overline{\sqcap}$	Off-campus mental health provider			
$\overline{\Box}$	In-patient psychiatric facility			
$\overline{\Box}$	Friends and family			
$\overline{\Box}$	Telehealth/virtual appointment			
$\overline{\Box}$	Other (please specify)			
\sqcup	None of above. I practice self-care/other types of management on my own.			
Ш	I prefer not to respond			
Wh	at other services did you utilize? (Check up to two)			
• • • •	at other convides and you atmize. (Official up to two)			
	Friends and family			
H	Campus counseling center/services			
H	Off-campus medical doctor			
H	Off-campus mental health provider			
\exists				
\exists	Religious or spiritual advisor			
\exists	Campus health center/services Emergency/crisis services (hospital ER, 988/911/other crisis line)			
\vdash				
	In-patient psychiatric facility			
	Telehealth/virtual appointment			
	Other (please specify)			
	None of the above. I did not seek any other assistance.			
Ħ	I prefer not to respond			
Wh	at are the barriers that stop you from seeking assistance? (Check all that apply)			
	The cost is too expensive/My insurance does not cover it			
	I do not have health insurance			
	I do not know any resources			
	It is not helpful			
	The waiting list is too long			
	I am afraid that people will judge me			
	I do not think I need any assistance			
	I prefer not to respond			

Have you ever (in your lifetime) had suicidal thoughts?
Yes No I prefer not to respond
In the past 12 months , have you had suicidal thoughts?
Yes No I prefer not to respond
In the past 12 months, have you attempted suicide?
Yes No I prefer not to respond
Have you sought assistance for your suicidal attempt/thoughts in the past 12 months?
Yes No I prefer not to respond
Where did you primarily seek assistance for your suicidal attempt/thoughts?
Campus counseling center/services Campus health center/services Family/Friends Religious or spiritual advisor Emergency/crisis services (hospital ER, 988/911/other crisis line) Off-campus medical doctor Off-campus mental health center

0	Other (please specify)
\bigcirc	Not applicable/none of the above
\bigcirc	I prefer not to respond
Wh	nat other services did you utilize? (Check up to two)
	Campus counseling center/services
	Campus health center/services
	Family/Friends
	Religious or spiritual advisor
	Emergency/crisis services (hospital ER, 988/911/other crisis line)
	Off-campus medical doctor
	Off-campus mental health center
	Other (please specify)
\Box	Not applicable/none of the above
$\overline{\Box}$	I prefer not to respond
Ho	w effective was the assistance you received?
0	It negatively impacted me
\bigcirc	Not effective at all
\bigcirc	Slightly effective
\bigcirc	Moderately effective
O	Very effective
O	Extremely effective
\bigcirc	Not applicable/none of the above
\bigcirc	I prefer not to respond
Wh	nat are the barriers that stop you from seeking assistance? (Check all that apply)
	The cost is too expensive/My insurance does not cover it
\exists	I do not have health insurance
H	I do not know any resources
\exists	It is not helpful
\exists	The waiting list is too long
	I am afraid people will judge me

I feel shame
I have a fear of hospitalization
I do not think I need any assistance
Other (please specify)
I prefer not to respond
In the past 12 months , have you been concerned about a friend having suicidal thoughts or behaviors?
Yes
○ No
I prefer not to respond
Would you be willing to complete an online suicide prevention training program specializing in the
detection, intervention, and referral of friends at risk for suicide?
Yes
○ No
I prefer not to respond
Please indicate your level of agreement with the following statement: I would want a peer to do something
if they thought I was in danger of harming myself.
Strongly disagree
O Disagree
Neither agree nor disagree
Agree
Strongly agree
I prefer not to respond
How likely are you to bring up the topic of suicide with someone you think is at risk?
Thow intoly are you to bring up the topic of sulcide with softleone you tilling is at list?
Very unlikely
Unlikely
Neither likely nor unlikely
Likely

Very likely I prefer not to respond
How likely are you to refer someone who tells you they are thinking of suicide to a resource? (e.g. counseling services, local crisis center, crisis hotline)
Very unlikely Unlikely Neither likely nor unlikely Likely Very likely I prefer not to respond
Demographics part 2 How are you paying for your expenses related to your education? (Check all that apply)
Pre-existing school savings/Out of pocket Parents or other family members pay Loans in my name Scholarships Financial aid (e.g. FAFSA) Grant (including Pell Grants) I have a job to pay for my education GI Bill/Military Other (please specify) I prefer not to respond
Were you eligible to receive a Pell Grant this semester?
Yes No Unsure I prefer not to respond

Do	you identify as someone with a disability (a learning disability, a physical disability, etc.)?
\bigcirc	Yes
\lesssim	No No
\sim	I prefer not to respond
In v	hich subject area is your major? (If you have a double major, you may select up to two)
П	Agriculture
$\overline{\sqcap}$	Business (e.g., Accounting, Marketing)
	Communication (e.g., Advertising, Mass Communication, Public Relations)
$\overline{\Box}$	Computer Science
	Divinity/Theology/Religious
	Education
	English
	Engineering
	Foreign Language
	Health Sciences/Veterinary Science (e.g., Medicine, Nursing, Optometry, Pharmacy, Physical Therapy, Speech-Language Pathology)
	Human Development and Family Studies
	Interdisciplinary
	Journalism
	Liberal Arts/Humanities (e.g., History, Philosophy)
	Mathematics
	Physical Sciences (e.g., Biology, Biochemistry, Chemistry, Physics)
	Public Health
	Social Sciences (e.g., Counseling, Criminal Justice, Economics, Political Science, Psychology, Social Work, Sociology)
	Technology
	Visual and Performing Arts (e.g., Art, Film, Fine Arts, Music, Photography, Theater, Voice)
	Undecided or do not have a major yet
	Other (please specify)
	I prefer not to respond
Did	you graduate from a high school in Illinois?
	V _e .
\bigcirc	Yes
\bigcirc	No
()	I prefer not to respond

Additional comments and resources If your institution is participating in email based incentives, please enter your institutional email below Do you have any additional comments?

Below is a complete list of resources presented during the survey for your access:

	Disaster Distress Helpline + Text Line - 1-800-985-
Overell Bessyman	5990
Overall Resources	<u>Deaf Crisis Line</u> – 1-321-800-3323
	Deaf Crisis Text Line – Text HAND to 839863
	Time to Change – Quitting Tobacco/Nicotine or
	Marijuana/Cannabis
Resources for Alcohol and Other Drug Misuse	Drug-Free Text Line – Text CONNECT to 55753
Prevention	National Institute on Alcohol Abuse and Alcoholism
Frevention	PartySafe Training on Hosting Responsible Events
	Alcohol Use Disorder Resources
	NIAA Alcohol Treatment Navigator
Resources for Interpersonal Violence	National Domestic Violence Hotline –
	1-800-799-7233
	National Domestic Violence Text Line – Text TELLNOW
	to 85944
	Love is Respect National Dating Abuse Hotline –
	1-866-331-9474

	Love is Respect National Dating Abuse Text Line – Text LOVEIS to 22522
Resources for Mental Health/Mental Well-	Suicide and Crisis Lifeline – Call or Text 988 or chat 988lifeline.org
Being	<u>Veterans Crisis Line</u> – 1-800-273-8255 + Press 1 <u>Veterans Crisis Text Line</u> – Text 838255

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