



2022 CORE SURVEY



The Illinois Department of Human Services, the Illinois Higher Education Center (IHEC) for Alcohol, Other Drug and Violence Prevention, and the Core Institute together provide the Illinois Alcohol and Other Drug Statewide Core Survey.

The Purpose of the Core Survey is to Establish the current incidence and prevalence of alcohol and other drug use on Illinois 2 and 4-year college campuses.

The Core Survey will help discover

- Negative consequences associated with alcohol and drug use
- The relationship of alcohol and other drug use to campus climate issues
- experiences of physical and sexual violence; and perceptions of risk related to
- Students perception of others use
- Experience of secondhand effects of others use

DEADLINE: January 1st, 2022

Registration [here](#)



Tips for Celebrating the Holidays

It's known that vacations are for a time of rest and relaxation with friends and family. Here are some concerns you should keep in mind during the holidays

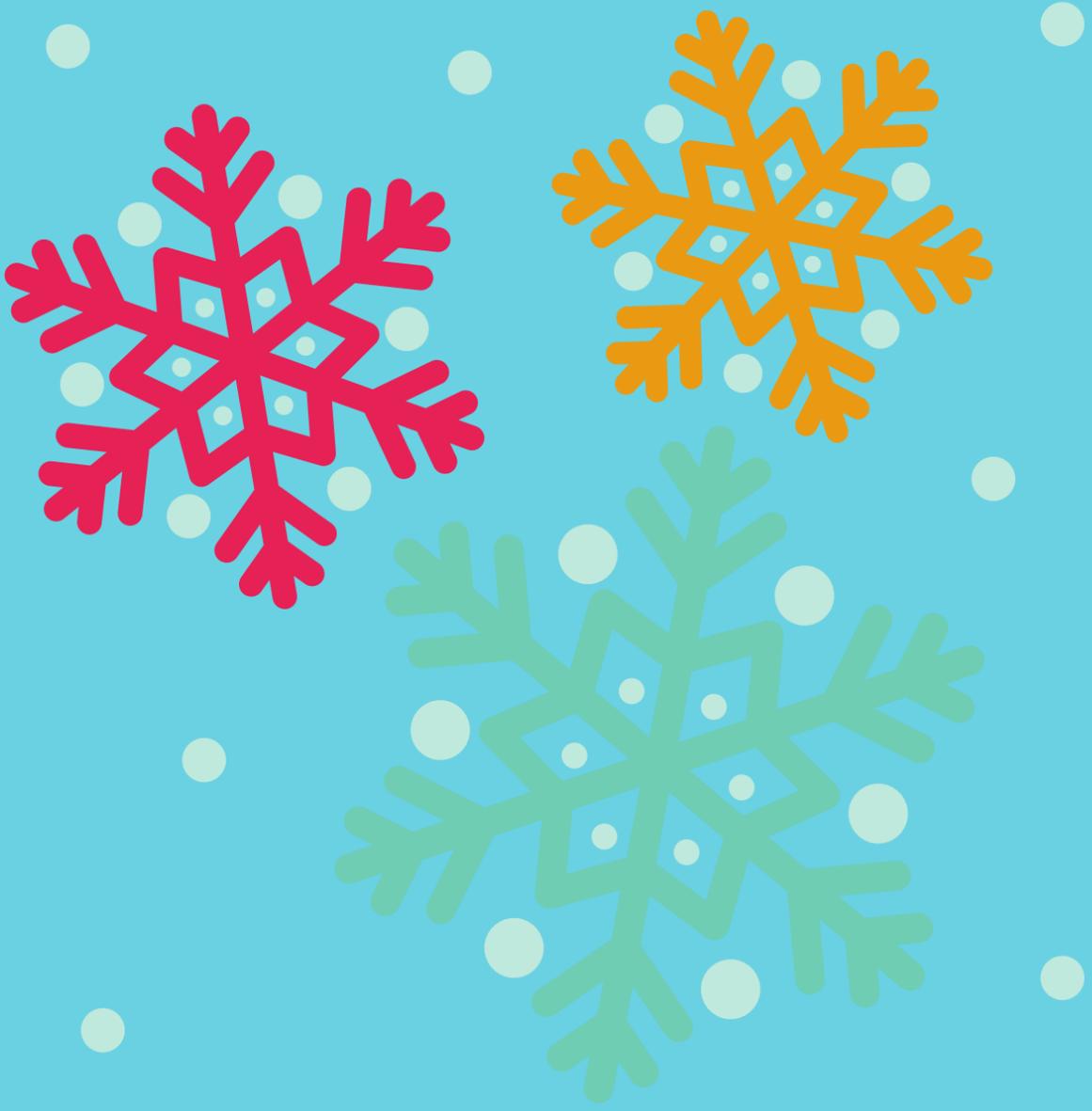
Community levels of COVID-19

- Exposure during travel
- Location of the gathering
- Duration of the gathering number and crowding of people at the gathering
- Behaviors of attendees prior to the gathering
- Behaviors of attendees during the gathering

It's best to avoid holiday gatherings if

- You have been diagnosed with COVID-19
- Has symptoms of COVID-19 Waiting for COVID-19 test results
- May have been exposed to someone with COVID-19 in the past 14 days
- Is at increased risk of severe illness from COVID-19

For more information go to [CDC.Gov/COVID-19](https://www.cdc.gov/COVID-19)



SIGN UP FOR A FREE VIRTUAL CONSULTATION WITH IHEC



Update: Due to COVID-19, consultations will be virtual until further notice

The purpose of an IHEC consultation visit is for campuses to enhance or strengthen their current programming, provide data to justify need for future programming, and to ensure compliance with state and federal regulations. IHEC staff members are available to guide colleges and universities in assessment, planning, and evaluation of campus AODV prevention efforts through technical assistance and use of assessment instruments developed for this project. Through consultation visits IHEC expects to fuel universities to make changes for the better

After the consultation has been completed, IHEC staff members will provide the campus representative with a comprehensive report that will guide campuses toward progressive AODV prevention modifications. Consultation visits typically take a day, and can be coordinated with an array of faculty members. You can also visit

<https://www.eiu.edu/ihec/consultationvisits.php> for additional information.

Continuing Education Units (CEU's)

IHEC offers free CEU's at all webinars and trainings!

For more information about what CEU's we will be offering please contact us.

IHEC'S OFFICIAL YOUTUBE ACCOUNT

Did you miss a webinar you wanted to attend?

Good News!

IHEC uploads webinars and other events to our official YouTube account.

Click below to view our page



The Illinois Higher Education Center has a webpage dedicated to providing prevention resources. The link is provided below.

<https://www.eiu.edu/ihec/internetlinks.php>

IHEC's website also provides the latest events, trainings, and previous newsletters.

Everything can be found here:

<https://www.eiu.edu/ihec/index.php>



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Closing Comments

IHEC truly values feedback from our affiliates. Your feedback allows us to continue to make improvements in order to better meet your needs. Please do not hesitate to reach out with any comments, concerns or suggestions by emailing us at ihec@eiu.edu. We are looking forward to another great year!

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