



The Illinois Higher Education Center for Alcohol, Other Drug and Violence Prevention Announces:



“BACCHUS Screening and Brief Intervention (SBI) Training for Student Life Staff “

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The effects of alcohol abuse on college students are well documented, and evidence has emerged guiding practitioners to best practices for reducing alcohol abuse with this population. Research also has told us that not all students who use alcohol in unhealthy ways will voluntarily seek out assistance to change their behaviors. Therefore, it is important to place effective strategies in settings where students naturally go to have the best opportunity to decrease high-risk drinking with college students.

SBI is a quick intervention that can be conducted by a wide range of trained campus staff. SBI utilizes a brief screening tool and incorporates motivational interviewing techniques into the brief intervention. This training will provide an overview of the tools and key components of SBI, will include sample phrases and approaches staff can use, and will allow for the crucial practice time to assist your staff in implement this approach. Participants will leave with key tools to utilize with SBI, ideas for integrating this effective practice into their interactions with students, and resources for continuing to develop their skill set. SBI allows campus staff to turn casual conversations with student into brief, intentional conversations with a beneficial outcome for the students.

Date: Thursday, October 14, 2010

Time: 9:00am-3:00pm

Place: Renaissance Center-Joliet City Center (directions will be sent to those who register).

Lunch **only** and training materials will be provided at no cost.

To Register: www.eiu.edu/ihec

Click on Continuing Education, then IHEC Upcoming Trainings and follow the registration link.

Registration Deadline is October 1, 2010.

For questions, email Jessica A. Wright at jawright3@eiu.edu or call 217-581-2112.

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