

Graduate School Advisory Council

Friday, November 5, 2021

11AM – Rath Loft & Online via Zoom

I. Guest Speaker: The Counseling Center

A. The Counselor Center

1. *Individual & Group Counseling and Consultation; Crisis Intervention; Teletherapy*
 - a) *Individual Counseling: depending on the severity of the presenting issue will have sessions once every 2 weeks*
 - b) *Group Counseling: GAD group, trauma, grief, art expression*
2. *A lot of depression and anxiety in freshman and Identity issues*
3. *What do you self-care?*
 - a) *Setting boundaries*
 - b) *Time-management*

B. Sending out a Survey

1. *The counseling center is very short staffed*
 - a) *Please fill out the survey and send it to friends to get the word out that EIU needs more counselors and more mental health resources*
 - b) *Life Links Grant w/EIU will help get some services*

II. Executive Reports

A. President- Brooke Gibson

1. *Gratitude cards for departments*
 - a) *Today – writing to departments*
 - b) *Next Friday 11/12 - Exec will hand deliver*
2. *GSAC Executive Members have a challenge for November*
 - a) *Food drive canned food challenge*

B. Graduate Student Dean –Faisal Tariq

1. *Food Drive to support Hunger Action Month*

- a) *Department with most canned foods or donations will win a pizza party!*
- b) *Let us know where a good place to put the donation boxes in your departments!*
2. *Faculty Engagement Video Series*
 - a) *Nominate faculty members for the video*
3. *Please give us more suggestions for graduate student events!*

C. VP of Administrative Activities -Natalie Roberson

1. *Your job as a representative*
 - a) *Communication with your department*
2. *Ways to get the word out!*
 - a) *Send the GSAC emails*
 - b) *Send the meeting minutes*
 - c) *Use or create your student group*
3. *Ask us for help/suggestions!*

D. VP of Programming- Anders Voss

1. *Virtual Jeopardy 11/15 @7pm*
2. *Holiday Mixer – 12/8 @ 6 PM in Underground of Union*

E. VP of Public Relations- Justin Richards

1. *If not in the GroupMe, come talk to one of the Execs after the meeting*
2. *Working on what we want in the Newsletter*
 - a) *IF department is putting on an event, tag us on social media or send flyer to jlrichards2@eiu.edu so we can help promote event*

F. VP of Diversity and Inclusion- Dahlia Martinez

1. *Williams & RCA Grant Due Today @ 4:30.*
 - a) *Don't forget to apply!*
2. *Global Culture Night on November 12*
 - a) *7-9 pm on November 12th in the University Ballroom, located in the MLK University Union.*
 - b) *Food, Music, and performances!*
 - c) *Hosted by: Office of International Students and Scholars*

G. Graduate Student Liaison- Austin Eichhorn

1. *Winner of \$10 Jimmy John's gift card*

2. *Need help starting a student group for your program? We have resources for you!*
3. *D2L Events discussion board – post your department's events here*
 - a) *Look here for weekly slides, meeting minutes, and other updates*
 - b) *Also check your emails!*
4. *NAGPS conference November 19-21 -Virtual*
 - a) *All paid for! Let us know if you want attend.*

III. Department Updates

A. Updates from your department? Updates from students in your program? Upcoming events?

1. *Political Science: internship on 11-16-2021 info session*
2. *Counseling Clinic: PLEASE fill out the survey*
3. *CSA: capstone projects & CSA days in person are coming*
4. *Aging Studies: distributed an alumni & current student survey*
5. *School Psychology: had a research expo today 11-5-2021*
6. *Business Administration: women in tech! Lumpkin*
7. *Education: past Wednesday virtual school fair*

B. Vote for next PowerPoint theme

1. *Pumpkins or Baked Goods?*
 - a) *Pumpkin Baked Goods was the winner lol*

