

CONTACT US TODAY

COVID-19 AFTERMATH PROGRAM

+ No Cost Services

Individuals not insured or under insured are eligible for no-cost services according to personal preference of mobile, in person, or via telehealth.

+ Eligibility by IL County

Moultrie, Edgar, Clark, Cumberland, Coles, Douglas, and Shelby county.

+ Get Started Today

Call the LifeLinks Access Center at (217) 238-5700 today to schedule a consultation or learn more about how the COVID-19 Aftermath Program can help you. For immediate needs, call the Regional Behavioral Health Network Crisis Line at 1-866-567-2400.

Program funded by the federal Substance Abuse and Mental Health Services Administration program in partnership with the Illinois Department of Human Services' Division of Mental Health.

LIFELINKS
... your connection to mental health and wellness.

LifeLinks is an equal opportunity provider and employer.

COVID-19 AFTERMATH PROGRAM

Treatment to improve new or worsening emotional and behavioral symptoms due to the effects of the COVID-19 pandemic.

+ Treatment of New or Worsening Symptoms

Health fears
Unmanageable stress
Altered sleep patterns
Changes in appetite
Difficulty concentrating
Increased social isolation
Behavioral changes
Depression
Irritability
Anxiety

+ Our Program

A trained clinician will utilize evidence-based treatment practices to help identify, reduce, and manage the emotional impacts of COVID-19.

lifelinksinc.org