

College of Health & Human Services



EASTERN ILLINOIS UNIVERSITY™

AY 2021-2022 Faculty, Staff, & Student Accomplishments

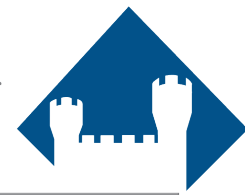
*Career Congratulations!

	To: Dr. Melanie Burns (NTR) on her retirement from EIU after 28.5 meaningful years mentoring and instructing students towards professional and personal success!
	To: Dr. Sue Gosse (NURS) = on her retirement from the Nursing profession after 45 years in December 2021! An incredibly impactful career and best wishes in retirement.
	To: Dr. Jeanne Lord (HSL) on her retirement from EIU after 22 meaningful years mentoring and instructing students towards professional and personal success!
	To: Dr. J. Tony Oliver (KSR) on his retirement from EIU after 20 meaningful years mentoring and instructing students towards professional and personal success!

*College-Level Awards/Recognitions

	Dr. Kathleen O'Rourke = 2022 CHHS Hanner Teaching Excellence Award (Human Services)
	Dr. Lauri DeRuiter-Willems = 2022 CHHS Wolf Outstanding Service Award (Public Health and Nutrition)
	Dr. Misty Rhoads = AY2021-22 CHHS Undergraduate Research Mentor Award (Public Health and Nutrition)
	Dr. Stacey Ruholl = SPRING 2022 CHHS Faculty Marshal (Kinesiology, Sport, and Recreation)
	Dr. Kathleen O'Rourke = SPRING 2022 CHHS Commencement Marshal (Human Services)
	Esperanza Murillo (PUBH) = Spring 2022 CHHS Student Commencement Speaker
Thank you to all CHHS Faculty, Staff, and Students that served on college committees this year!	

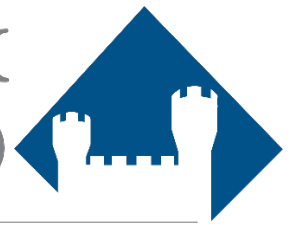
Communication Disorders & Sciences



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	Dr. Angela Anthony = Served as Past President of the Illinois Speech-Language-Hearing Association
	Ms. Lynne Barcus = received a \$1,500 Redden Grant to purchase supplies for the new undergraduate medical course.
	Mrs. Trina Becker = presented at the Illinois Speech-Language-Hearing Association Annual State Convention. Coordinated the first multi-disciplinary Autism Evaluation Team through collaboration with The Autism Program (TAP) at CTF Illinois.
	Mrs. Beth Bergstrom = co-presented at the ISHA state convention on AAC Communicator Profiles and Goal Continuum and at the ASHA national convention. Participated in the first multi-disciplinary Autism Evaluation Team through collaboration with The Autism Program (TAP) at CTF Illinois.
	Ms. Jill Fahy = accepted the position as Director of the STEP Program for College Students With Autism as well as Co-Director of the Autism Center. Ms. Fahy co-authored a peer-reviewed article this year, Adolescent Language Therapy: Syntax and Semantics for Reasoning and Planning, and was the keynote speaker for EIU's Autism Conference, presenting on the language and executive function challenges adolescents with autism face as they enter university and work environments.
	Dr. Nichole Mulvey = was awarded a \$250 Undergraduate Research, Scholarship, and Creative Activities award and a \$1,500 Student Impact Grants for Faculty Mentors. Dr. Mulvey had one national presentation as an invited speaker (ASHA), two national presentations as submitted speaker (ASHA, SRCLD); she mentored two graduate research projects, mentored two undergraduate honors theses, and was awarded CHHS CU Pool Research/Creative Activity Award, AY 2021-2022.
	Dr. Heidi Ramrattan = was awarded a \$250 Undergraduate Research, Scholarship, and Creative Activities grant. She completed master's degree coursework for speech language pathology with the goal of becoming 1 of fewer than 60 professionals in the country who are certified and licensed as an audiologist and speech-language pathologist.
	Dr. Laurel Teller = published an article in Teaching and Learning in Communication Sciences and Disorders entitled The Blended and Online Learning Design Fellows Program: Developing Teacher-Researchers in Communication Sciences and Disorders.
S T U D E N T A W A R D S	<p>James Hortenstine = Decatur Breakfast Sertoma Award</p> <p>Hallie Lutz = Decatur Breakfast Sertoma Award</p> <p>Shelby Freeman = Distinguished Graduate Student/Hamand Society Scholar</p> <p>Nathaniel Schug = Linda Witt Komes Language for Literacy Scholarship</p> <p>Ryan Fishel = Margaret C. Hollowell Scholarship</p> <p>Breanna Kelly = NSSLHA Distinguished Graduate</p> <p>Amanda Rostron = Rose Marie Coon CDS Scholarship</p> <p>Bayley Neece = Ryan Struebing Distinguished Graduate Student Award</p>

Human Services & Community Leadership



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Dr. Jill Bowers - served as Co-Advisor of the EIU National Society of Collegiate Scholars. She was a recipient of the Winkleblack Family Fund for her application entitled "Recruitment Efforts: Human Services Promotion and Marketing Materials". Dr. Bowers co-presented two posters at the virtual Illinois Council on Family Relations Annual Conference entitled "Recruitment, retention, and job placement for human services" and "Students' experiential learning opportunities: Example of benefits and challenges with Coparenting Alliance".



Dr. Jeanne Lord - was the keynote speaker for the Illinois Council on Family Relationships: "Enduring Families in Uncertain Times" (2022). She served on a special committee appointed by the Graduate School Dean to revisit and revise the First Choice Criteria for Graduate Programs. Dr. Lord also had a local book signing and talk on her published book "A Journey for Two: Mother and Daughter Caregiving Relationships" (2021).



Dr. Kathleen O'Rourke - was the recipient of the 2022 CHHS Hanner Teaching Excellence Award. Nominators commended Dr. O'Rourke's teaching practices and dedication to students, noting that she encourages her students to strive for excellence and that her passion and commitment to her students are extraordinary. Dr. O'Rourke was also awarded the 2022 EIU Student Distinguished Professor Award from EIU's Student Government in recognition of exceptional academic performance, pursuit of academic excellence, and commitment to EIU students both inside and outside of the classroom. The Aging Studies Graduate Program, under Dr. O'Rourke's leadership as Graduate Coordinator, was awarded the Hamand Fund for Innovation in Graduate Studies for the upcoming academic year. This award provides financial support to programs that bring new distinction and heightened recognition to graduate education at EIU. Dr. O'Rourke was also a recipient of AY21-22 Winkleblack Family Grant funding for "Recruitment Efforts: Aging Studies Promotional and Marketing Materials."



Dr. Linda Simpson - earned the recognition of Quality Online Course designation for her general education course, Personal and Family Financial Literacy. After a rigorous review process, this was the third course to earn this prestigious designation. A course tour was provided to 22 participants through the FDIC Webinar Series. Grant funding was secured through the Illinois Science and Energy Innovation Foundation to support STEM education at a summer camp located at the Mattoon YMCA. College and University service included the Student Commencement Speaker Competition and the Faculty Development & Innovation committees. Dr. Simpson currently serves as the advisor of the EIU National Society of Collegiate Scholars student organization, President-Elect and Board Member of the community organization CASA (Court Appointed Special Advocate), and President and Board Member of the Senior Independent Living Collaborative.



Angelique Elser - Master of Science in Human Services Program Administration - Class of 2022 Distinguished Graduate Student in Human Services and 2022 Hamand Graduate Scholar Award. (Dr. Jill Bowers, faculty mentor)



Jayme Higgins - Master of Arts in Aging Studies - King-Mertz Research/Creative Activity Award of Excellence, Class of 2022 Distinguished Graduate Student in Aging Studies, and 2022 Graduate Student Advisory Council Scholar Award. (Dr. Kathleen O'Rourke, faculty mentor)



Ruby Amanda Oboro-Offerie - Master of Science in Human Services Program Administration - Class of 2022 Distinguished International Student in Human Services and 2022 Graduate Student Advisory Council Scholar Award. (Dr. Jill Bowers, faculty mentor)



2021 Scholarship Awards

Grace Bonds - Ruth E. Brandenburg Memorial Scholarship

Adrian Brinkeroff - Ruth Miller Esbeck Scholarship

Mia Calloway - Ozier Child and Family Award

Karen Gonski - Donna Lynn Connelly Memorial Scholarship

Sydney Guyer - Elsie and Erson Giffin Scholarship

Jayme Higgins - Joyce S. Crouse FCS Scholarship

Alyssa Kington - Ruth Miller Esbeck Scholarship

Maggie O'Taylor - Donna Lynn Connelly Memorial Scholarship

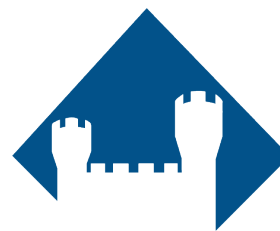
Lyndsey Reedy - Ruth Miller Esbeck Scholarship

Holly Sandholm - Elderhostel Scholarship

Sara Tate - Schmalhausen Family Scholarship

Haylee Walker - Schmalhausen Family Scholarship

Kinesiology, Sport, and Recreation



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Dr. Andrew Kerins = was awarded an EIU Council on Faculty Research (CFR) Summer 2022 Research Award. Congratulations and best wishes with your research project.



Dr. Hasan Mavi = was awarded a CHHS Professional Development Grant to create the EIU Youth Fitness Program.



Dr. Carly Wahl = New Unit A hire in Exercise Science. Starting in Fall 2022.

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- **Itxaso Aguero Companon** - Outstanding KSR Overall Exercise Physiology Graduate Student Award
- **Itxaso Aguero Companon** - Distinguished International Student Award
- **Lily Hess** - Thomas Woodall Exercise Science Scholarship
- **Aislinn Parish** - Jill Owen Adult Fitness Program Outstanding Graduate Scholarship
- **Itxaso Aguero Companon** - Outstanding Exercise Science Graduate Student Award
- **Frimpong Sintim-Aboagye** - Dr. Scott Crawford Sports Administration Graduate Student Award

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- **Brian Barrett** - KSR Scholarship
- **Zach Wilson** - Dolly J. & H. Gene McFarland Scholarship
- **Kate Volk** - Dorothy M. Hart Memorial Scholarship
- **Peyton Gill** - Errett Warner Award in Physical Education
- **Jessica Nichols** - Florence McAfee Scholarship
- **Brian Barrett** - Campbell Scholarship
- **Rachel Koon** - ZuHone Scholarship
- **Megan Kronk** - Thiel Scholarship
- **Chris Rouse** - Larry Ankenbrand Physical Education Scholarship
- **Niondina Nystroem** - Shannon McNamara Outstanding Student Award
- **Jayla Schwarzlose** - Shannon McNamara Outstanding Student Award
- **Kaylie Wilson** - Mike & Phoebe Church Scholarship
- **Kaylie Wilson** - Robert W. & Laura M. Hussey Scholarship

Military Science

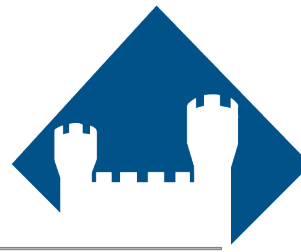


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SPRING 2022 = Commissioned Officers

Name	Birth Town
Sodiq Amuda	Riverdale, IL
Joshua Anderson	Rancho Cucamonga, CA
Michael Barnes	Cerro Gordo, IL
Esteban Carrasquillo Jr.	Chicago, IL
Cameron Hoskins	Landstuhl, Germany
Tyler Jones	Anderson, SC
Chermaine King	Belleville, IL
Tess Patterson	Kentland, IN
Rylan Spangler	Danville, IL
Oluwafemi Usikalu	Park Forest, IL

Nursing



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Dr. Richard Clapp = presented at the Lambda Sigma/Indiana State University School of Nursing Annual Research Day. He presented “Reducing Use of PRN IV Antihypertensive Medications: Implementation of a Nursing Focused Educational Intervention.” Dr. Clapp also published an article in the Journal of Med Surg Nursing titled, “Nurse-Driven Protocol to Reduce Unnecessary Telemetry Use.” The project titled, “Evidence Based Protocol for Administering First Dose of IVP Cephalosporins via Intravenous Push in the Emergency Department” was accepted for poster presentation at QSEN International Forum and the manuscript was accepted for publication in an upcoming issue of the Journal of Emergency Nursing. Dr. Clapp served as the assistant chair of the College of Health and Human Services curriculum committee and was a member of the search committee for the Dean of CHHS. He is a board member for the Cumberland County Health Department and serves as Vice-chair. Dr. Clapp also serves his country as a Registered Nurse in the United States Navy and holds a command level position for his unit. He was selected to serve as member of the FY22 Nurse Corps Strategic Goal group and received the Navy and Marine Corps Achievement medal for professional achievement.



Dr. Holly Farley = Co-presented “Identifying Diversity and Committing to Inclusivity in the Online Classroom” at the International Sigma Nursing Convention in Indianapolis. Dr. Farley also served on the American Association of Colleges of Nurses (AACN) Diversity and Inclusion workgroup. Served on the board of directors for the American Nurses Association (ANA)-Illinois and the expert panel for Diversity, Inclusion, and Equity for ANA-Illinois.



Dr. Jacy Ghast = was appointed Assistant Chair/Director of the RN-BSN program. Co-presented “Identifying Diversity and Committing to Inclusivity in the Online Classroom” at the International Sigma Nursing Convention. She shared the presentation through a poster at the Faculty Summer Institute on Learning Technologies. She also served on the CHHS Student Commencement Speaker Committee, the EIU Student Standards Board, and on the Public Health Board of Jasper County.



Dr. Sue Gosse = presented at the Lambda Sigma/Indiana State University School of Nursing Annual Research Day. She presented, “Lessons from the Global Pandemic.”







Ms. Amy Paredes = attended the International Nursing Association for Clinical Simulation and Learning annual conference in Milwaukee, Wisconsin. She participated in courses and webinars to become a Certified Healthcare Simulation Educator (CHSE). She also became a certified CPR instructor. Participated in a mentor program through the American Nurses Association.



Ms. Nicole Zeller = collaborated on many projects in the traditional nursing program related to curriculum and was instrumental in developing the care map for clinical courses. Ms. Zeller was inducted into the Sigma Theta Tau International Honor Society, Lambda Sigma Chapter and represented the School of Nursing on the planning committee for an Interprofessional course in the college and the textbook rental committee for the university. Ms. Zeller also sits on the Patient Family Advisory Council for HSHS St. Anthony hospital. In addition, Nicole submitted an abstract to present at the National League of Nursing Summit.

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- **Joseph Huffman** - Anna Roberta Sain Nursing Scholarship
- **Tyler Winkleblack** - Mary June Bland Blackford Nursing Scholarship
- **Shelby Myers** - Sardella Family Nurse Incentive Scholarship
- **Kristina Vaughn** - The Dr. Fred and Sara Jane Preston Award in Nursing

<p>Merger!</p>	<p>The Department of Public Health and the Nutrition & Dietetics program have merged to form the Department of Public Health & Nutrition!</p>
	<p>Dr. Melanie Burns = was awarded a PepsiCo Health & Nutrition Sciences Grant (\$5000) to develop science-based nutrition education programming about low calorie sweeteners and the science of sweetness. She also served on the Graduate Student Alumni Advisory Board, which contributed a donation for Soul Food: Nourishment for the Culture presentations.</p>
	<p>Dr. Krystal Lynch = was co-awarded a Squash Hunger Grant (\$30,000) from The Lumpkin Family Foundation. She also supervised the IIN grant money for local use to benefit communities in the region (ex = blessing box). Graduate students in MNT conducted a pilot program to provide individual nutrition education to faculty/staff at EIU. NTR also began a collaboration with the EIU Volleyball team to provide nutrition education throughout the year.</p>
	<p>Melissa Maulding = was co-awarded a Squash Hunger Grant (\$30,000) from The Lumpkin Family Foundation. She also defended her dissertation proposal, and has been authorized to conduct her final research to complete her dissertation and her doctoral degree.</p>
	<p>Bethni Gill = oversees the Student Dietetic Association. The SDA established the 'Grab and Go Food Station' in Klehm Hall: SDA supports this financially. They are partnering with the Office of Civic Engagement/EIU Food Pantry to keep the station stocked with on-the-go foods and personal care products for EIU students. The SDA also provided 3 separate nutrition education sessions to the Boy Scouts.</p>
<p>P R E S E N T A T I O N S & G R A N T S</p>	<p>Grants:</p> <ul style="list-style-type: none"> ○ Numerous Redden Grants to support undergraduate teaching and learning. ○ Winkleblack grants for NTR faculty ○ Dr. Krystal Hodge and Melissa Maulding: Squash Hunger Grant (\$30,000) from Lumpkin Family Foundation ○ Dr. Melanie Burns: PepsiCo Health & Nutrition Sciences Grant (\$5000) to develop science-based nutrition education programming about low calorie sweeteners and the science of sweetness. ○ Dr. Lauri DeRuiter-Willems with Stacey Knight-Davis and Dr. Elizabeth Gill (Comm and Journalism, Health Communication Director): Network of the National Library of Medicine Region 6 Grant, Health Information Literacy Training for Southeastern Illinois <p>Conference presentations:</p> <ul style="list-style-type: none"> ○ SOPHE poster session "Golden Connections: Linking students to older adults in the community. Dr. Nikki Hillier, Dr. Lauri DeRuiter-Willems with H. Olson and L. Chang. ○ SOPHE Roundtable presentation: Partnering with Colleges for Contact Tracing: Win-Win. Dr. Nikki Hillier and Dr. Sheila Simons ○ IAHPERD presentation: "Engaging Students in the Community: Experiential Learning in Public Health". Dr. Nikki Hillier, Dr. Lauri DeRuiter-Willems, several students. ○ Rhoads, M., & Murphy, M. <i>Using Neuro-Affective Touch to Create a Sense of Safety.</i> Poster Presentation, Mind-Life Summer Research Institute, Global Presentation, June, 2022. ○ Rhoads, M. <i>The Power of Vulnerability and Mental Health.</i> Keynote Speaker: Oral Presentation for the Women Up Conference at Eastern Illinois University, Charleston, IL, March, 2022. ○ Rhoads, M. <i>Faculty and Staff Mental Health Relaxation Techniques: Taking a Deep Breath.</i> Oral Presentation for the Eastern Illinois University Library Staff. Eastern Illinois University, Charleston, IL, March, 2022. ○ Rhoads, M. <i>Mental Health, Acupressure, Meditation, and Breathing Techniques for University Students.</i> Oral Presentation for the Greek 101 & Greek 201 Leadership Legacy Series. Eastern Illinois University, Charleston, IL, Feb, 2022.

- **Rhoads, M.** *Take a Deep Breath: Neurobiology of Co-Regulating Students an Interactive Presentation for Educators*. Oral Presentation for the Faculty Development and Innovation Center (FDIC) Eastern Illinois University, Charleston, IL, Feb, 2022.
- **Rhoads, M.** Murphy, M., & Waggy, D. *Take a Deep Breath: Evidenced-Based Relaxation Skills for Teachers and Students*. Oral Presentation for the Illinois Association for Health, Physical Education, Recreation, and Dance (IAHPERD) State Convention, Tinley Park, IL, Dec, 2021.
- Perry, B. & **Rhoads, M.** *Mental Health Literacy and Stigma: Understanding the Public's Views Toward Mental Health*. Poster Presentation for the Illinois Association for Health, Physical Education, Recreation, and Dance (IAHPERD) State Convention, Tinley Park, IL, Dec, 2021.

Illinois Council on Family Relations poster sessions:

- “Recruitment, Retention, and Job Placement for Human Services Students. Dr. Jill Bowers (HSL), **Dr. Nikki Hillier** (PHN), Courtney Reiman (Indiana State) and Madison Palmer (MS Human Svcs. Student).
- “Preparing Students for Internships in the Health & Human Service Professions: The Case for a Teaching Guidebook”. **Dr. N Hillier** and Dr. J Bowers
- “Transitioning to EBT for WIC: Staff Perspectives”. **Dr. N Hillier**, Dr. J Bowers, and students **Joey Kiegher, Kassandra Garcia, Julie Harper**.
- “Students’ Experiential Learning Opportunities: Example of benefits and challenges with Coparenting Alliance”. Dr. J Bowers, **Dr. N Hillier**, and students **Amanda Feder and Kayli Worthey**.



Dr. Sheila Simons = participated in a SOPHE roundtable presentations titled “Partnering With Colleges for Contact Tracing: Win-Win” with colleague Dr. Nikki Hillier



Dr. Lauri DeRuiter-Willems = received the 2022 CHHS Wolf Outstanding Service Award and was a co-recipient of a Network of the National Library of Medicine Region 6 Grant, Health Information Literacy Training for Southeastern Illinois. She also mentored Annabelle Heddell, Library Excellence 3rd place winner, Student Research and Creative Activity Conference participant.



Dr. Nikki Hillier = mentored Esperanza Murillo, the CHHS Student Commencement Speaker and served on a variety of EIU committees. She also participated in a SOPHE roundtable presentations titled “Partnering With Colleges for Contact Tracing: Win-Win” with colleague Dr. Sheila Simons.



Dr. Misty Rhoads = was the recipient of both an EIU Achievement and Contribution Award (Research) and the 2022 CHHS Undergraduate Research Mentor Award. She also was awarded research/scholarship release time for the 2022-2023 Academic year to pursue her scholarly activities.



Dr. Julie Dietz = continues to serve as chair, and she co-led the effort to merge Public Health with Nutrition & Dietetics. She is focused on the implementation of a Departmental Recruitment Plan which is being used as a model for other departments at EIU. She is currently serving on several committees and work groups focused on streamlining and improving student services on campus.



Ms. Jennifer Cannon = restarted the Minority Student Health RSO, an organization she established when she was an undergraduate at EIU.



Mrs. Amanda Harvey = is completing her Health Coaching certification, and will take her National Boards exam in the fall.



Ms. Megan Cotner = spearheaded the development of the college-wide Interprofessional Education course.