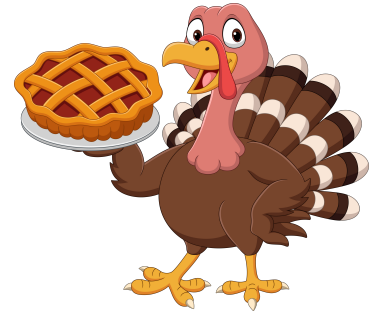




To register for trainings contact:

Shelli Blair
srblair@eiu.edu
217 581-5790



November

DESSERTS WITH DIRECTORS

Nov. 4, 2026

No RSVP needed

1:30-3pm

Location: TBA

Treat yourself! These gatherings offer a fantastic opportunity to connect with other providers, dive into meaningful discussions, and ask questions to fellow professionals and resource specialists who can shed light on the challenges you face in early childhood. Our team at EIU Child Care Resource and Referral is here to share resources, updates, important dates, chances for professional growth, funding, grant info, and so much more. We invite everyone to come ready with ideas and resources to make our networking experience even better. Remember, these meetings happen every month!

Trainer: Shelli Blair, Provider Services

1.5 hours/CDA:6

NAP CHAT

Nov. 10, 2026

RSVP by Nov. 3

Zoom

1-2pm

Nap Chat is a special gathering just for our family child care providers! While the kiddos are winding down in the afternoon, come hang out with Bea Sawyer, our mental health consultant, for some networking with your fellow home providers. We'll dive into new topics every month. These chats will be happening on the second Tuesday of each month at 1pm via Zoom. See the attached flyer for more information!

Trainer: Bea Sawyer. Mental Health Consultant

1 hour/ CDA 6

Strengthening Business Practice For Family Child Care **

Nov 3,10, 17, 24, 2026
RSVP by October 27

6:00-9:00 pm
Zoom

The Strengthening Business Practices for Family Child Care training addresses basic concepts in fiscal and operational management of family childcare programs. The purpose of this training is to strengthen childcare provider's foundational knowledge of fiscal terms, concepts, and practices. It encourages providers to realize the importance of fiscal planning to the sustainability of their business operations. It provides tips and best practices in fiscal, organizational, and financial goals and human resource documents in order to help break down the fiscal processes into manageable steps.

This is a 4 session series, see attached flyer.

Trainer: Melissa Coleman, Child Care Resource Specialist

12 hours/CDA: 5

KINDNESS, CANVAS AND SELF-CARE

Nov. 13, 2026
RSVP by Nov. 5
Fee: \$25

6:00-9:00 pm
Ninth Street Hall
2201 9th St. Charleston

Be kind to yourself! Celebrate National Kindness Day by giving yourself a creative outlet through self care! World Kindness Day themed fun canvas painting event, hosted by Bea Sawyer from Caregiver Connections and led by Tanille Yow Ulm and her company, Escape Artists. "Spreading a little kindness one brush stroke at a time!"

Limited seating, sign up early!

Trainers: Bea Sawyer, Caregiver Connections

Tanille Yow Ulm, Lake Land College and Escape Artists

3 hours

PYRAMID MODEL PRESCHOOL MODULE 5: ADDRESSING CHALLENGING BEHAVIOR

Nov. 21, 2026
RSVP by Nov. 13

8:00am-3:00pm
Ninth Street Hall
2201 9th St. Charleston

This module covers strategies for better understanding challenging behaviors in children, ways to effectively respond, recognizing personal biases, techniques for de-escalation, and the essential elements needed to create a behavior support plan for kids who frequently display difficult behaviors.

Trainer: Lori Rothrock, Quality Specialist

6.5 hours/CDA: 3

***** Beneficial for Smart Start Workforce Grant Recipients***

Future date for Pyramid Model Modules:

Module 6: Dec. 8th 6-7:30pm

Register Today!

Contact:

Shelli Blair

srblair@eiu.edu

217 581-5790



STRENGTHENING BUSINESS PRACTICES FOR FAMILY CHILD CARE

*Learn about the
basics of managing
family childcare
finances and
operations.*



*Get tips and
best practices
to simplify fiscal processes
and achieve financial goals.*

DATES
TUESDAYS
NOV.
3/10/17/24
2026

TIME
6-9PM

WHERE
ZOOM
WITH MELISSA
COLEMAN

12 credit hours

This is a 4 session series

Each session must be attended for completion

RSVP: Shelli at 217-581-5790 or srblair@eiu.edu

Family Child Care Providers Join us for Nap Chats!

Every second Tuesday of the month 1:00pm-2:00pm

Next Chat will be November 10th

We will discuss the agenda, and inquire about topics that interest you for the months ahead.



The agenda will include introductions/updates, a topic of interest, those who feel comfortable sharing with one another a positive for the month. We will conclude each Zoom meeting with a resource or idea you have to share, as well a local resource, event, or networking opportunity. We want this to be a space to share, reflect, encourage, and provide some new tools for FCC providers.

One hour Gateways Training Credit will be given each month for your participation.

"A hundred years from now, it will not matter what my bank account was, the sort of house I lived in, or the kind of car I drove...but the world maybe different because I was important in the life of a child." Forest E. Witcraft

CPR AND FIRST AID COURSES

*EIU CCR&R Reimbursement Procedure (based on available funding)



- Schedule training
- Keep your payment receipt
- Attend the training
- Receive your CPR/First Aid certificate/card
- Complete our reimbursement application. The application can be found on our website at www.eiu.edu/ccrr under the provider resources tab

Sarah Bush Lincoln Health Center :

CPR: \$50

December 1, 2026

CPR/FIRST AID COMBO \$100

November 3, 2026

**All classes begin at 5:30 pm at 700 W Lincoln Ave, Charleston, IL
To register call 217 258-2403 or emsgroup@sblhs.org**

Online Course Option:

American Heart Association: elearning.heart.org

- Complete the Heartsaver Pediatric First Aid/CPR/AED online \$24.50
- Contact SBLHC EMS office at 217 258-2403 to request a test out
- \$100 test out fee

YMCA, Mattoon and Toledo :

FIRST AID/CPR: \$75

Toledo:

October 6, 2026

Mattoon:

November 12; December 14, 2026

**Classes begin at 5:30 in Mattoon and 5:45 in Toledo
To register call 217 234-9494 or mattoonymca.org**

**Please note that we are unable to reimburse for any trainings taken in the month of June*