



To register for trainings contact:

*Shelli Blair
srblair@eiu.edu
217 581-5790*



May

CHILD CARE COMMUNITY CHAT, (AKA: Provider Networking Meeting)

*May 6, 2026
No RSVP needed*

*1-2:30 pm
Zoom*

Community Chats are all about you, the provider! These chats offer a fantastic opportunity to connect with other providers, dive into meaningful discussions, and ask questions to fellow professionals and resource specialists who can shed light on the challenges you face in early childhood. Our team at EIU Child Care Resource and Referral is here to share resources, updates, important dates, chances for professional growth, funding, grant info, and so much more. We invite everyone to come ready with ideas and resources to make our networking experience even better. Remember, these meetings happen every month!

Trainer: Shelli Blair, Provider Services

1.5 hours/CDA:6

RAISING KIDS WITH BIG BAFFLING BEHAVIORS-ZOOM BOOK CLUB

*May 12-June 16, 2026
RSVP by May 5th*

*1-2pm
Zoom*

You're invited to learn more about BIG BAFFLING BEHAVIORS as we discuss two chapters a week from the book written by parenting and neuroscience expert Robyn Gobbel. Each week will be new chapters and topics! Please let us know if you need help acquiring a book. (you do not need to sign up for all six weeks but we encourage you to)

See the attached flyer for more information

*Trainers: Bea Sawyer, I/EC Mental Health Consultant SDA 11
Sarah Ambrose, I/EC Mental Health Consultant SDA 10*

1 hour credit each/CDA:3

360 DEGREE LEADERSHIP: UNDERSTANDING YOUR BUSINESS & OWNING YOUR CULTURE

May 19, 2026

RSVP by May 12th

6-8pm

Zoom

In this interactive workshop, childcare business owners and administrators will explore how every area of their program—from operations to communication—shapes the staff and family experience. Using the 360 degree Childcare Business Canvas, participants will assess key areas of their business and discover how to lead with purpose, improve staff retention, and build a culture that supports long-term success. Walk away with practical insights, tools and a new mindset: Culture isn't separate from business—it *is* business!

**Trainer: Amy Patrick, Certified Business Advisor
Illinois SBDC at Eastern Illinois University**

2 hours/CDA:5

SUMMER FUN! MAKE IT TAKE IT!

May 21, 2026

RSVP by May 14th

5-9pm

Ninth Street Hall

Join us for an evening of fun for providers! This an opportunity for you to make activities for your program. All activities will fit in with Developmentally Appropriate Practice, ITERS-3, ECERS-3, FCCERS-3, and the Pyramid Model.

Open House style: come anytime between 5-9pm and receive 2 hours of training credit. Space limited to 10 participants. *This same training will be offered quarterly.*

See Attached flyer

**Trainers: Lori Rothrock, Quality Specialist
Vicky Foster, Infant Toddler Specialist
Bea, Sawyer, I/EC Mental Health Consultant**

2hours/CDA:3

Register Today!

Contact:

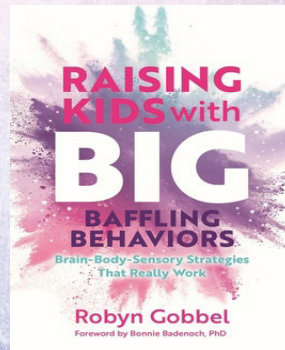
Shelli Blair

srblair@eiu.edu

217 581-5790



Zoom Book Club



Join us Tuesdays May 12-June 16

for six weeks from 1:00-2:00pm

(May 12, 19, 26, June 2, 9, 16, 1 credit each)

Hosted by: Bea Sawyer I/ECMHC SDA 11, and
Sarah Ambrose I/ECMHC SDA 10

SDA 11 RSVP TO: CCR &R Shelli Blair
srblair@eiu.edu (217) 581-5790

You're Invited to learn more about BIG BAFFLING BEHAVIORS as we discuss two chapters a week from the book written by parenting and neuroscience expert Robyn Gobbel. Each week will be new chapters and topics. (You do not have to sign up for all six weeks, but we encourage you to).

Robyn decodes the latest brain science into easy-to-understand principles and metaphors to help you become an expert in (your) child's behavior.

She reveals simple ways to help you regulate and connect with your child, with brain-body- and sensory-based strategies to overcome day-to-day challenges.

HOW TO GET THE BOOK

The book is available on Audible.com and most places books are sold. Let us know if you need assistance acquiring a book.

<https://www.schulerbooks.com/book/9781839974281>

1 Schuler Books

https://us.jkp.com/products/raising-kids-with-big-baffling-behaviors?_pos=1&_sid=14718fc1e&_ss=r

Order from the Publisher JKP 20% off with code Bafflingbehaviors20

<https://www.amazon.com/Raising-Kids-Baffling-Behaviors-Brain-Body-Sensory/dp/1839974281/> Order

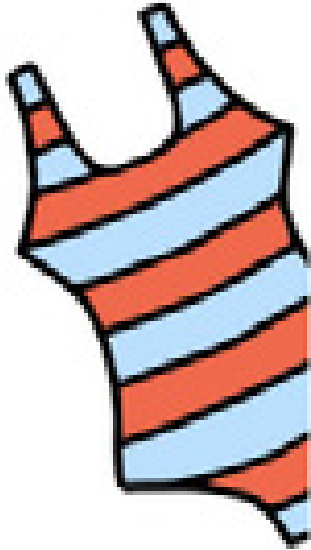
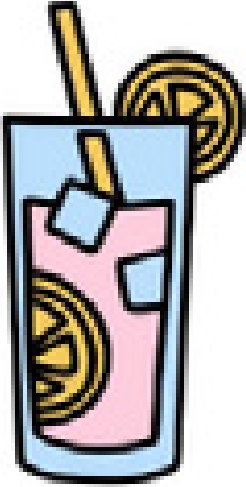
from Amazon, new and used books, kindle, audible

Listening Length-9 hours and 43 minutes



SUMMER FUN MAKE IT TAKE IT

PROVIDERS ONLY
MAKE IT TAKE IT ACTIVITIES
WILL FIT IN WITH
DEVELOPMENTALLY
APPROPRIATE PRACTICE,
ITERS-3, ECERS-3, FCCERS-R
AND PYRAMID MODEL.


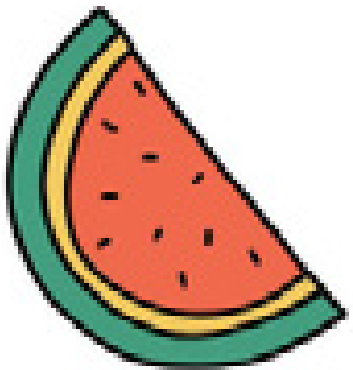


MAY 21

EIU 9TH STREET HALL CHARLESTON, IL

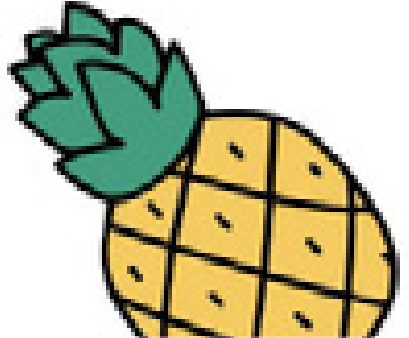
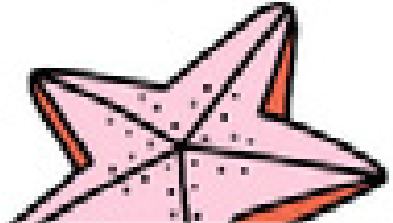

**COME ANYTIME
BETWEEN 5 - 9PM**

PARTICIPANTS WILL RECEIVE 2
TRAINING HOURS AND CAN COMPLETE
6 + ACTIVITIES



Space Limited to 10 Participants

RSVP SHELLI AT
SRBLAIR@EIU.EDU
+(217) 581-5790



CPR AND FIRST AID COURSES

EIU CCR&R Reimbursement Procedure:



- Schedule training
- Keep your payment receipt
- Attend the training
- Receive your CPR/First Aid certificate/card
- Complete our reimbursement application. The application can be found on our website at www.eiu.edu/ccrr
- Return completed application and documents to 600 W Lincoln Ave Charleston, IL 61920 or srblair@eiu.edu

Sarah Bush Lincoln Health Center :

CPR: \$50

June 2, 2026

CPR/FIRST AID COMBO \$100

May 5, 2026

**All classes begin at 5:30 pm at 104 Professional Plaza Mattoon, IL
To register call 217 258-2403 or emsgroup@sblhs.org**

Online Course Option:

American Heart Association: <https://www.onlineaha.org/courses>

- Complete the Heartsaver Pediatric First Aid/CPR/AED \$23.00
- Contact SBLHC EMS office at 217 258-2403 to request a test out
- 50 for CPR Test Out
\$90 for CPR/First Aid Combo Test Out

YMCA, Mattoon and Toledo :

FIRST AID/CPR: \$75

May 4, 2026

June 18, 2026

**Classes begin at 5:30 in Mattoon and 5:45 in Toledo
To register call 217 234-9494 or mattoonymca.org**

**Please note that we are unable to reimburse for any trainings taken in the month of June*