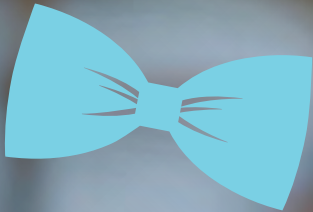


ENJOYABLE, AFFORDABLE, EDUCATIONAL EXPERIENCES FOR PEOPLE OF ALL AGES

FALL 2024 COMMUNITY PROGRAM GUIDE



BOW TIE 101

It's knot your average history lesson! . . . PG. 12

BRAIN HEALTH SERIES: IT'S A NO BRAINER!

- + Hold That Thought . . . PG. 14
- + Fit Wits . . . PG. 24
- + Head Strong . . . PG. 30

BEGINNER'S GUIDE TO DRAWING DEPTH AND DIMENSION

Draw your way to new depths! . . . PG. 15

go.eiu.edu/academy





ITC IS SET TO SPARK YOUR CREATIVITY!

EIU's Instructional Technology Center (ITC) is offering up a number of sessions this semester. Find out more on pgs. 22, 23, 27, 29, 31, 32 and 34.

WELCOME



Dear Community Members,

As the vibrant hues of autumn begin to paint our surroundings, we are thrilled to welcome you to an exciting new semester of learning, creativity, and community engagement! This Fall 2024, our program lineup is brimming with opportunities that promise to inspire and connect us all.

Our offerings this semester span a wide array of interests and activities. Whether you are looking to indulge in the arts, enhance your technological skills, learn about local history, or simply enjoy some community festivities, there is something for everyone. From enlightening lectures and hands-on workshops to engaging performances and thought-provoking discussions, we have curated a selection of programs that cater to diverse tastes and passions.

You will find a variety of events aimed at fostering creativity, such as workshops on drawing and card making. For those with a penchant for history, our talks on 19th-century religious communities in Illinois and the Great Chicago Fire promise to be both informative and captivating. Additionally, our series on brain health and media literacy are designed to equip you with practical knowledge for everyday life.

We are particularly excited about our community gatherings, starting with the 2nd Annual Fall Weenie Roast – a perfect opportunity to kick off the season with fun and fellowship. And don't miss our celebration of National Bow Tie Day, where whimsy meets tradition in a unique community event.

As always, we extend our heartfelt gratitude for your continued support and enthusiasm. Your participation is what makes our programs truly special. We look forward to seeing you at these events and sharing in the joys of lifelong learning together.

Warm regards,

A handwritten signature in black ink that reads "Daniel A. Douglas". The signature is written in a cursive, flowing style.

Daniel Douglas
Program Coordinator, Academy of Lifelong Learning
Eastern Illinois University

WHAT IS THE ACADEMY OF LIFELONG LEARNING?

Situated in the School of Extended Learning at EIU, the Academy of Lifelong Learning offers diverse noncredit educational opportunities to Charleston, Mattoon, and neighboring communities. Prioritizing accessibility, our programs are supported by the gracious donations from the Friends of the Academy. We invite you to join us on this enriching educational adventure!

OUR COMMITMENT TO ACCESSIBILITY AND INCLUSION

The Academy of Lifelong Learning is dedicated to making our programs accessible to all community members. We are actively seeking suggestions for enhancing inclusivity and accessibility in our offerings. If you have ideas or recommendations, please reach out to Program Coordinator Daniel Douglas at dadouglas@eiu.edu or 217-581-7415. Your feedback is invaluable to us, and we are committed to addressing and accommodating your needs to the best of our ability. Together, we can create an enriching and welcoming environment for everyone.

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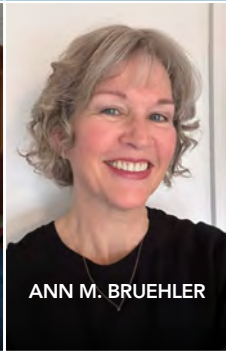
MEET THE INSTRUCTORS



JOLENNE BAKER-ROBISON



RICHARD BOYER



ANN M. BRUEHLER



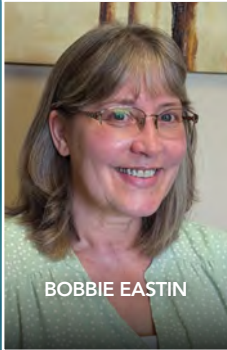
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SUSAN COFFMAN



PAT CONNER



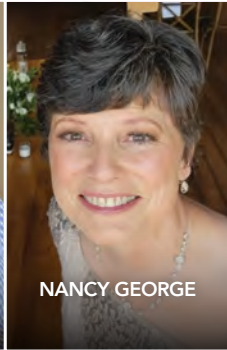
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CHARLOTTE ENGLAND



LARRY FISHER



NANCY GEORGE



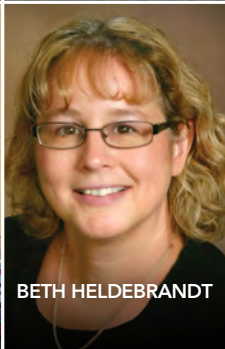
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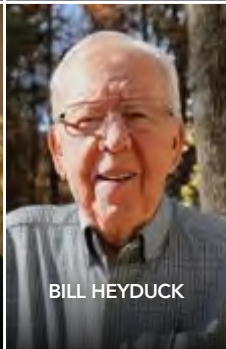
ROBIN GOETTEL



JUNE HAYDEN



BETH HELDEBRANDT



BILL HEYDUCK



JENNY LEE



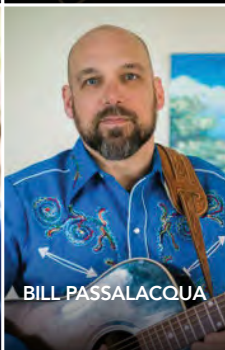
SARAH LIVESAY



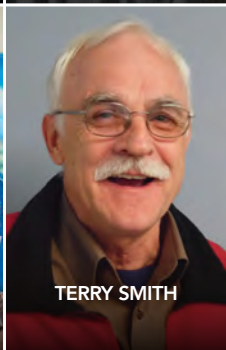
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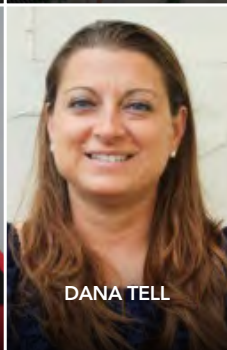
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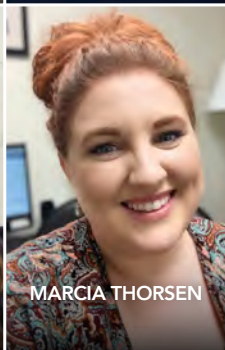
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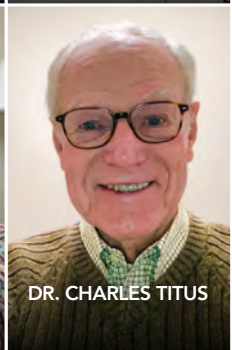
TERRY SMITH



DANA TELL



MARCIA THORSEN



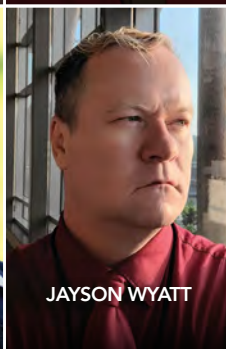
DR. CHARLES TITUS



CHRIS VALLILLO



JAMIE WILLIS



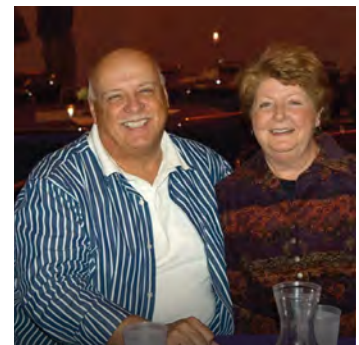
JAYSON WYATT

Share your talents! Volunteer as an instructor with the Academy of Lifelong Learning at EIU. More details on p. 52.



go.eiu.edu/teachothers

FEATURED FRIENDS OF THE ACADEMY: SPOTLIGHT ON JACK AND JAN LITTLE



The Academy of Lifelong Learning is proud to shine a spotlight on two of our most dedicated and delightful Friends of the Academy, Jack and Jan Little. Their warmth and enthusiasm have been a source of joy and inspiration for many in our community.

A BIT ABOUT JACK AND JAN

Jack and Jan's story is one of love, laughter, and lifelong learning. Jack hails from Lerna, having attended Charleston High School before serving in the U.S. Army, where he celebrated his 21st birthday in Vietnam. His career spanned 34 years at General Electric, and he pursued further education at Lake Land Community College, retiring in 2006. Jan grew up in Mattoon and attended Mattoon High School. Shortly after graduating in 1966, she married and moved

across several states, raising a family along the way. In 1990, she returned to Mattoon, working at Sarah Bush Lincoln Health Center until her retirement in 2008.

Their paths crossed in September 1999 on a blind date, and by May 2000, they were married. Jack and Jan describe their meeting as "love at first laugh," and their shared sense of humor has kept their bond strong for nearly 25 years.

NOMINATE SOMEONE FOR THE SPOTLIGHT: Do you know a remarkable Friend of the Academy with a passion for lifelong learning? Nominate them to receive recognition and help us celebrate those who embody the spirit of continuous education by emailing us at academy@eiu.edu.

JOURNEY WITH THE ACADEMY

Jack has been with the Academy since its inception in 2006. Jan joined in 2008. Initially drawn by a newspaper article announcing the Academy's formation, Jack saw it as an opportunity to stay engaged and relevant within the community as a recent retiree. Their involvement has only grown since then.

MEMORABLE EXPERIENCES AND CONNECTIONS

From ballroom dancing to genealogy, the Littles have explored a myriad of programs. They fondly recall classes at a sawmill, glass blowing, cooking, and history walks around Charleston, among many others. Their favorite experiences often center on the friendships and connections they've nurtured, both old and new.

HOBBIES AND INTERESTS

Outside the Academy, Jan is an avid quilter, while Jack enjoys photography and genealogy. Both share a love for reading. Their active participation in the Academy has expanded their interests and connected them with a diverse range of people.

IMPACT AND BENEFITS

The Academy has significantly enriched their lives, helping Jack break through barriers in his genealogy research and deepening their understanding of local history. They believe the Academy plays a crucial role in spotlighting local businesses and fostering community connections.

WORDS OF WISDOM AND FUTURE PLANS

For those considering getting involved with the Academy, Jack and Jan advise, "Jump in if you like to learn new things; even if you don't think you do, try it out. You may be surprised." They look forward to upcoming sessions, particularly the Brain Health Series, Junk Food and Junk News, and Survivors of the Great Chicago Fire.

FUN FACTS

Though Jack and Jan describe themselves as introverts, their warmth and openness often leave others thinking they are extroverts. When traveling, they cherish alone time, which might come as a surprise to those who know them as lively Academy participants.

Jack and Jan Little embody the spirit of the Academy of Lifelong Learning. Their enthusiasm, curiosity, and camaraderie make them cherished Friends of the Academy. We look forward to many more years of shared learning and laughter with them!

BECOME A FRIEND OF THE ACADEMY

The Academy of Lifelong Learning owes its existence to the unwavering support of our esteemed donors, who generously fund 100% of our programming and operational expenses.

Without their benevolence, the realization of our educational initiatives would be an unattainable feat. In a shift from the term **MEMBERS**, used from 2007 to 2022, we now proudly address our supporters as **FRIENDS OF THE ACADEMY**. This title reflects their camaraderie, shared commitment, and eligibility to deduct their contributions.

The **ENROLLEE** tier aligns with our former membership designation and stands as a testament to our dedication to fostering a mutually enriching relationship with our supporters.

Your support is crucial to our mission of enriching our community through education. Consider leaving a lasting legacy by including us in your estate planning. A gift in your will ensures future generations benefit from our programs. To learn more, please contact:

Haylee Brickey
Director of Development and External Relations
College of Education
habrickey@eiu.edu
217-581-7823

Your generosity secures the future of lifelong learning. Contact us to discuss how your gift can make a difference.

MAKE YOUR DONATION TO
THE ACADEMY TODAY.

go.eiu.edu/donateacademy



PICK YOUR DONOR TIER

Pick your tier and go online at go.eiu.edu/donateacademy to make your donation, or complete and return the printed form on pg. 57 in support of the EIU Academy of Lifelong Learning today.

TIER	COSTS	REWARDS
Enrollee	\$50+	(1) A complimentary parking pass to be used during on-campus Academy events, (2) Discounts on programming at Doudna Fine Arts Center, (3) 10% EIU bookstore discount, (4) a receipt for your tax-deductible donation
Undergraduate	\$100+	Above, plus recognition in our next Community Program Guide (including the online edition) and home delivery of the next two editions.
Associate	\$250+	Above, plus recognition on our Facebook page.
Baccalaureate	\$500+	Above, plus a sneak peek at upcoming Academy events before they are announced with a chance for input.
Master	\$1,000+	Above, plus recognition on a plaque in our new School of Extended Learning lobby, to be seen by visitors and guests of the Academy.
Doctorate	\$2,500+	Above, plus invitations to dine with special guests of the Academy.

YOU CAN OPT OUT OF BENEFITS TO RECEIVE A 100% TAX DEDUCTION.

PHOTO CREDIT: HANNAH FERGURSON

DIAL-A-RIDE INFORMATION

SAFE, RELIABLE, AND AFFORDABLE TRANSPORTATION

Dial-A-Ride is Coles and Douglas counties' public transportation for people of all ages and abilities. Each bus comes equipped with a lift to better transport riders using a mobility device.

OUR HOURS OF OPERATION

MONDAY - FRIDAY: 8 AM - 5 PM

DISPATCH OFFICE HOURS: 6:30 AM - 6 PM

FARES

- **DONATION** Age 60+ traveling within the city limits in which you reside (\$1.50/each way suggested)
- **\$2 (ONE WAY)** Age 59 and under traveling within the city limits in which you reside
- **\$4 (ONE WAY)** Age 59 and under traveling outside the city limits in which you reside
- **\$7 (ONE WAY)** All ages traveling outside of Coles County

Monthly passes can be purchased from the office. Discounted passes available for veterans.



PLEASE MAKE YOUR RESERVATIONS TWO DAYS TO TWO WEEKS IN ADVANCE BY CALLING 1-800-500-5505.

dialaridetransit.org



MESSAGE FROM THE CHAIR



Hello Community Members and Friends of the Academy,

I am thrilled to share the exciting programs offered by the Academy of Lifelong Learning this fall! I believe there is truly something for everyone. Two programs covering significant events in Illinois history caught my eye: "New Zions in the Prairie State: Two 19th Century Communities of Faith in Illinois" and "Survivors of the Great Chicago Fire." Both sound captivating and informative!

The session on "Junk News" on September 17 is very timely, and I believe it will provide valuable insights to ensure that the information we consume is fact-based. Additionally, the sessions on basic computing skills and navigating the web are essential for me as a computer and web user with limited confidence.

The Academy of Lifelong Learning is one of the best-kept secrets in Coles County. I encourage you to explore the program guide and invite friends and family to join you.

Best wishes,

A handwritten signature in black ink that reads "Judy Brown". The script is fluid and cursive.

Judy Brown
President, Advisory Council
Academy of Lifelong Learning

DONOR RECOGNITION

YOUR SUPPORT IS GREATLY VALUED!

We wish to acknowledge the generous contributions made by the following individuals who have become **Friends of the Academy** by donating at the Undergraduate Student level (\$100) or higher in the 2023/2024 year.

- Brenda Crimmins
- Virginia Douglas
- Edrienne Ezell
- Alphonso Joyner
- Corrine Joyner
- Linda Keeler
- Carolyn Stevens
- Jamie Willis
- Michael and Barbara Watts
- Roxanne Frey

SECOND ANNUAL FALL WEENIE ROAST

DANIEL DOUGLAS, PROGRAM COORDINATOR
SCHOOL OF EXTENDED LEARNING STAFF

FRIDAY, AUGUST 9, 2024
12 – 3:30 PM

MORTON PARK PAVILION
1215 DIVISION STREET
CHARLESTON, IL 61920

- FREE AND OPEN TO THE PUBLIC
- NO REGISTRATION REQUIRED



GO.EIU.EDU/WEENIEROAST24

Celebrate the beginning of the fall semester with a festive gathering! Join us for an informal yet engaging session to learn about the exciting lineup of our fall 2024 programs. Share your thoughts, grab a copy of our program guide, and indulge in a weenie roast featuring hot dogs, chips, drinks, and sides. Donations are graciously accepted, but not required. We extend a warm invitation to all residents of Charleston, IL, and the neighboring communities to join in the camaraderie.

BOW TIE 101: THE HISTORY OF A DISTINCTIVE ACCESSORY

DR. MICHAEL D. GILLESPIE

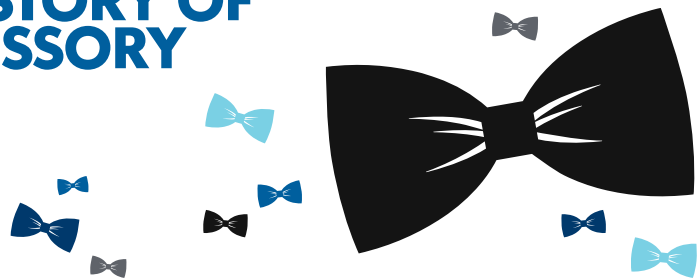
WEDNESDAY, AUGUST 28, 2024
6 – 7:30 PM

BUZZARD HALL
ROOM 1103
CHARLESTON, IL 61920
CORNER OF NINTH ST AND HAYES AVE

- FREE AND OPEN TO THE PUBLIC
- REGISTRATION NOT REQUIRED



GO.EIU.EDU/BOWTIE



On National Bow Tie Day, come learn about the controversial history of the bow tie, a distinctive and odd accessory. Participants will learn about the origins and the trajectory of this fashion accessory icon, including how to tie a bow tie.

TAI CHI: BASICS AND BEYOND

SUZI COFFMAN

SEPTEMBER 4, 9, 11, 16, 18, 23,
26, AND 30, 2024.
1 – 2:15 PM

MCAFFE GYMNASIUM
DANCE STUDIO, ROOM 1140
1601 4TH STREET
CHARLESTON, IL, 61920

- \$30
- REGISTER BY AUGUST 28



GO.EIU.EDU/TAICHIFALL24

Explore the art of Tai Chi. Begin with an introduction to Tai Chi's origins and philosophy, followed by learning fundamental movements and progressing to a more advanced Tai Chi form. Participants will receive handouts and engage in discussions highlighting Tai Chi's benefits, such as improved flexibility, muscle control, balance, and stress relief, all contributing to a better quality of life. Whether you're starting fresh or refining your practice, this program offers a comprehensive approach to enhancing physical and mental well-being through the gentle yet powerful art of Tai Chi.



BOW TIES ARE COOL.

Learn from Dr. Michael D. Gillespie, bow tie enthusiast and professor of sociology at Eastern Illinois University, as he explains why we should all be wearing this lesser-chosen accessory. Get more details on p. 12.

BRAIN HEALTH SERIES: SESSION ONE

IT'S A NO BRAINER: HOLD THAT THOUGHT

CHERI BURCHAM

FRIDAY, SEPTEMBER 6, 2024
10:30 AM – 12 PMBE SURE TO CHECK OUT THE OCTOBER 4
AND NOVEMBER 1 PRESENTATIONS**CHARLESTON CARNEGIE
PUBLIC LIBRARY**
6TH ST & VAN BUREN AVE
CHARLESTON, IL 61920

- FREE AND OPEN TO THE PUBLIC
- REGISTER BY SEPTEMBER 5

[GO.EIU.EDU/BRAIN1](https://go.eiu.edu/brain1)

Join us for a three-part series about memory change and aging, including tips and strategies to lessen everyday forgetfulness.

This workshop looks at the memory process and what research says contributes to brain health, as well as strategies for helping with everyday forgetfulness.

**Illinois Extension**
UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

HOBBY FAIR

DANA TELL

MONDAY, SEPTEMBER 9, 2024
10 AM – 2 PM**LIFESPAN CENTER**
11021 EAST COUNTY ROAD 800 N
CHARLESTON, IL 61920

- FREE AND OPEN TO THE PUBLIC
- NO REGISTRATION REQUIRED TO ATTEND

[GO.EIU.EDU/HOBBY](https://go.eiu.edu/hobby)

The Coles County ROSC is partnering with the Academy of Lifelong Learning and LifeSpan Center for the first-ever Hobby Fair in Coles County. Here's your chance to share your hobby. Register by September 5 to present a hobby. Space is limited, so not all applicants can be chosen to be a part of the fair. Possible hobbies include frisbee golf, yoga, fandom collections, specific crafting skills, and more! All hobbies showcased will be sober activities.



POLLINATORS SESSIONS: SESSION ONE

POLLINATORS OF ILLINOIS

PAT CONNER, U OF I EXTENSION MASTER GARDENER

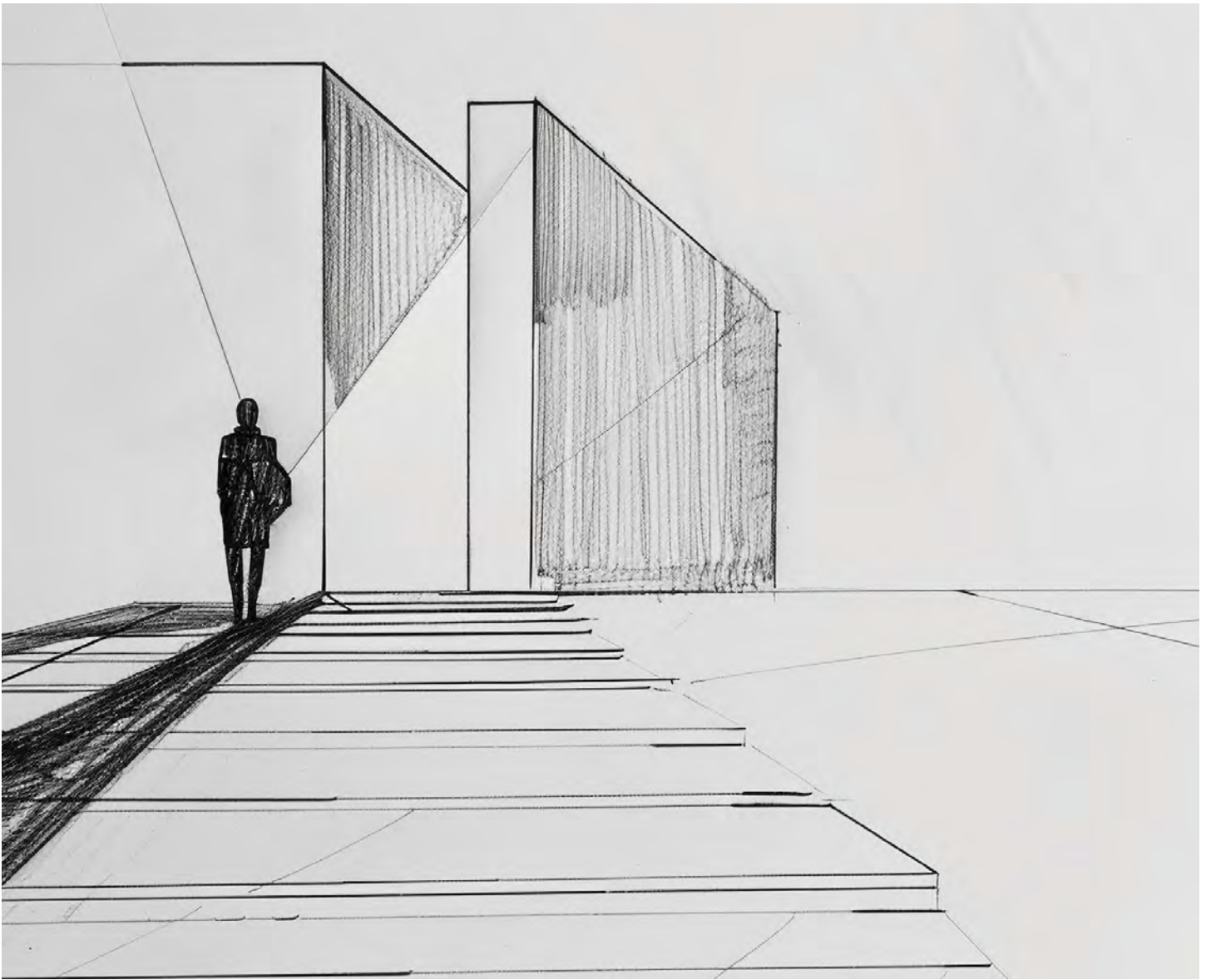
WEDNESDAY, SEPTEMBER 11
6 – 7 PMBE SURE TO CHECK OUT THE SEPTEMBER 18
AND SEPTEMBER 25 PRESENTATIONS**LUMPKIN FAMILY CENTER
FOR HEALTH EDUCATION**
OSLER/FLEMING ROOMS
1000 HEALTH CENTER DRIVE
MATTOON, IL 61938
SARAH BUSH LINCOLN HOSPITAL CAMPUS

- \$5 PER SESSION
- REGISTER BY SEPTEMBER 9

**Illinois Extension**
UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

A discussion of the butterflies and bees commonly found in Illinois, their names, and how to identify them.

[GO.EIU.EDU/POLLINATORS](https://go.eiu.edu/pollinators)



THE ART OF PERSPECTIVE: A BEGINNER'S GUIDE TO DRAWING DEPTH AND DIMENSION

BILL HEYDUCK

SATURDAY, SEPTEMBER 14, 2024
9 AM – 12 PM

DOUDNA FINE ARTS CENTER
ROOM 2910
1860 7TH STREET
CHARLESTON, IL 61920

- \$15
- REGISTER BY SEPTEMBER 13



[GO.EIU.EDU/DRAWING](https://go.eiu.edu/drawing)

Join us for an illuminating session on perspective drawing, where you'll learn the fundamental techniques to breathe life into your artwork. From understanding vanishing points to creating depth and realism, this class will demystify the principles of perspective. Embark on this creative journey to transform your drawings with depth and dimension.

A Prairie Almanac



**GRAND
PRAIRIE
FRIENDS**

A PRAIRIE ALMANAC SCREENING

SARAH LIVESAY

**SUNDAY, SEPTEMBER 15, 2024
2 – 3 PM (RECEPTION TO FOLLOW)**

**DOUDNA FINE ARTS CENTER
LECTURE HALL, ROOM 1210
1860 7TH STREET
CHARLESTON, IL 61920**

- **FREE AND OPEN TO THE PUBLIC**
- **REGISTER BY SEPTEMBER 13**



[GO.EIU.EDU/PRAIRIE](https://go.eiu.edu/prairie)

It's time to Fall in love with Grand Prairie Friends! The local organization is bringing a film screening of A Prairie Almanac to our community. This film highlights the important stewardship work being done to protect and restore prairies in Illinois by showcasing the Nachusa Grasslands. As an organization dedicated to these same goals and values, Grand Prairie Friends is beyond excited to share the story of this work with others! A special reception will be held following the screening of the film.

JUNK FOOD AND JUNK NEWS: HOW TO BE A HEALTHY CONSUMER OF MEDIA

BETH HELDEBRANDT

TUESDAY, SEPTEMBER 17, 2024
2 – 3 PM

CHARLESTON CARNEGIE
PUBLIC LIBRARY
CRAFT ROOM
SIXTH ST & VAN BUREN AVE
CHARLESTON, IL 61920

- FREE AND OPEN TO THE PUBLIC
- REGISTER BY SEPTEMBER 16



GO.EIU.EDU/NEWS



Citizens today can get their news from a variety of sources – websites, TV, podcasts, radio and social media – but not all of the information is reliable and unbiased.

Learn how to use the Media Bias Chart created by Ad Fontes Media to better determine what sources can be trusted in order to maintain a healthy media diet.

By looking at junk food as an analogy for junk news, we can find insight into what is needed to recognize what media sources provide facts with minimal bias in comparison to those that are, while more fun, can't be trusted to provide truthful, unbiased information.

POLLINATOR SESSIONS: SESSION TWO

A YEAR'S WORTH OF POLLINATOR PLANTS

PAT CONNER, U OF I EXTENSION
MASTER GARDENER

WEDNESDAY, SEPTEMBER 18
6 – 7 PM

BE SURE TO CHECK OUT THE SEPTEMBER 11
AND SEPTEMBER 25 PRESENTATIONS

LUMPKIN FAMILY CENTER
FOR HEALTH EDUCATION
OSLER/FLEMING ROOMS
1000 HEALTH CENTER DRIVE
MATTOON, IL 61938
SARAH BUSH LINCOLN HOSPITAL CAMPUS

- \$5 PER SESSION
- REGISTER BY SEPTEMBER 10



GO.EIU.EDU/POLLINATORS2



Illinois Extension

UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

Many people have started to choose plants for their gardens that lure pollinators and support them. Pollinators need beneficial plants for most of the year. This will be a month-by-month look at the best plants that bloom each month and how much pollen or nectar they produce. The goal of this meeting will be for everyone attending to find one new plant that they can add to stretch the pollen/nectar available in their gardens.



PLANT-A-ROW GARDEN AT SBLHC

TERRY SMITH

SEPTEMBER 19, 2024

3:30 – 5 PM

RAIN DATE: SEPTEMBER 24

**LUMPKIN FAMILY CENTER
FOR HEALTH EDUCATION
JENNER ROOM
1000 HEALTH CENTER DRIVE
MATTOON, IL 61938**

SARAH BUSH LINCOLN HOSPITAL CAMPUS

- \$5
- REGISTER BY SEPTEMBER 16



[GO.EIU.EDU/GARDEN](https://go.eiu.edu/garden)



Illinois Extension

UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

Over two decades ago, Master Gardeners set the roots for the Plant-A-Row Garden project at Sarah Bush Lincoln Health Center, aiming to donate their harvest to food programs supporting those facing nutritional challenges. In the past year alone, this thriving site has undergone numerous transformations—streamlining labor, enriching soil quality, and enhancing its aesthetic charm.

Join us for an engaging presentation on our practices; explore the garden firsthand; and discuss how these innovative methods can be seamlessly applied to your home gardening endeavors.

NARCAN TRAINING

DANA TELL

FRIDAY, SEPTEMBER 20, 2024

4 – 5 PM

**BUZZARD HALL
ROOM 1140
CHARLESTON, IL 61920**

CORNER OF NINTH ST AND HAYES AVE

- FREE AND OPEN TO THE PUBLIC
- REGISTER BY SEPTEMBER 19

Join us for a Narcan training session in September, where you will learn to recognize opioid overdose symptoms and administer Narcan (Naloxone) effectively. This life-saving training, open to all community members, provides essential skills and a free Narcan kit upon completion. Empower yourself to act in emergencies and contribute to community safety.



[GO.EIU.EDU/NARCAN24](https://go.eiu.edu/narcant24)





NEW ZIONS IN THE PRAIRIE STATE: TWO 19TH CENTURY COMMUNITIES OF FAITH IN ILLINOIS

DR. CHARLES TITUS

**TUESDAY, SEPTEMBER 24, 2024
4 – 5 PM**

**CHARLESTON CARNEGIE
PUBLIC LIBRARY
ROTARY ROOM
SIXTH ST & VAN BUREN AVE
CHARLESTON, IL 61920**

- **FREE AND OPEN TO THE PUBLIC**
- **REGISTER BY SEPTEMBER 23**



[GO.EIU.EDU/NEWZIONS](https://go.eiu.edu/newzions)

During the early nineteenth century, the United States witnessed a remarkably rich period of religious ferment. One of the results of that ferment was the creation of sectarian communities where those with specific religious convictions could reside together. Two of those communities were in Illinois. One was at Nauvoo, where members of the Church of Jesus Christ of Latter-day Saints settled in 1839; the other was at Bishop Hill, where followers of the religious leader Eric Jansson congregated in 1846. These two communities are a part of the rich history of Illinois and this presentation traces how they appeared here.

POLLINATORS SESSIONS:
SESSION THREE

BUILDING A POLLINATOR GARDEN

PAT CONNER, U OF I EXTENSION
MASTER GARDENER

**WEDNESDAY, SEPTEMBER 25
6 – 7 PM**

BE SURE TO CHECK OUT THE SEPTEMBER 11
AND SEPTEMBER 18 PRESENTATIONS

**LUMPKIN FAMILY CENTER
FOR HEALTH EDUCATION
OSLER/FLEMING ROOMS
1000 HEALTH CENTER DRIVE
MATTOON, IL 61938**

SARAH BUSH LINCOLN HOSPITAL CAMPUS

- \$5 PER SESSION
- REGISTER BY SEPTEMBER 23



[GO.EIU.EDU/POLLINATORS3](https://go.eiu.edu/pollinators3)



Illinois Extension

UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

Many people have started to choose plants for their gardens that lure pollinators and support them. Pollinators need beneficial plants for most of the year. This will be a month-by-month look at the best plants that bloom each month and how much pollen or nectar they produce. The goal of this meeting will be for everyone attending to find one new plant that they can add to stretch the pollen/nectar available in their gardens.

CCAR Industries

CCAR INDUSTRIES

MORE THAN JUST RECYCLING

BOBBIE EASTIN
LARRY FISHER

**FRIDAY, SEPTEMBER 27, 2024
10 AM – 12 PM**

**CCAR ADMINISTRATION BUILDING
EVENT ROOM
1530 LINCOLN AVENUE
CHARLESTON, IL 61920**

- \$30
- REGISTER BY SEPTEMBER 26



[GO.EIU.EDU/CCAR](https://go.eiu.edu/ccar)

During this session, we will discuss our history in the community and address several common misconceptions about CCAR's programs and services. We will offer an optional tour of our recycling and manufacturing plant programs following the presentation. Light snacks and beverages will be provided.



POLLEN IS IN THE AIR.

Join U of I Extension Master Gardener Pat Conner for this thought provoking, three-part series on our friendly neighborhood pollinators. Get more details on pgs. 14, 17 and 20

INSTRUCTIONAL TECHNOLOGY CENTER (ITC) COMMUNITY OPEN HOUSE

ITC STAFF

TUESDAY, OCTOBER 1, 2024
3 – 5 PM

BUZZARD HALL
ITC, ROOM 1430
CHARLESTON, IL 61920
CORNER OF NINTH ST AND HAYES AVE

- FREE AND OPEN TO THE PUBLIC
- NO REGISTRATION REQUIRED



GO.EIU.EDU/ITC

Join us for an unforgettable experience where you'll explore our incredible offerings and witness live demos of our most popular technology. This year, we're thrilled to introduce exciting new additions, including the Cricut Venture, heat press, button and sticker maker, Oculus, adaptive/accessible technology, and much more. We can't wait for you to unleash your creativity with us!

TRAVELING SKETCHBOOK: 2023-2024 FINALE PARTY

JAMIE WILLIS

WEDNESDAY, OCTOBER 2, 2024
2 – 3 PM

**CHARLESTON CARNEGIE
PUBLIC LIBRARY
ROTARY ROOM**
6TH ST & VAN BUREN AVE
CHARLESTON, IL 61920

- FREE AND OPEN TO THE PUBLIC
- REGISTER BY OCTOBER 1



GO.EIU.EDU/FINALE

Join us for a celebration of creativity and community at the Academy of Lifelong Learning's Traveling Sketchbook Project wrap-up party! This special event will showcase the incredible talent and collaborative spirit of our local artists who participated in the Traveling Sketchbook Project. Throughout this year-long project, artists passed sketchbooks to one another monthly, each contributing unique sketches and artworks. Now, it's time to unveil these masterpieces!

TRAVELING SKETCHBOOK: A NEW BEGINNING

JAMIE WILLIS

WEDNESDAY, OCTOBER 2, 2024
3 – 4 PM

**CHARLESTON CARNEGIE
PUBLIC LIBRARY
ROTARY ROOM**
6TH ST & VAN BUREN AVE
CHARLESTON, IL 61920

- \$5
- REGISTER BY OCTOBER 1

The Academy of Lifelong Learning invites artists, both returning and new, to participate in the 2024-2025 Traveling Sketchbook Project! This unique year-long project offers a collaborative and inspiring experience, where artists will sketch in each other's books on a monthly basis, creating a collective masterpiece.



GO.EIU.EDU/NEW

COLLEGE OF EDUCATION: INSTRUCTIONAL TECHNOLOGY CENTER



We envision a community empowered by technology. Our workshops bridge the digital divide, equipping everyone to thrive in a tech-driven world. We foster a supportive environment where participants gain the skills for confident, lifelong learning.

SERVICES

- + Printing
- + Lamination
- + Cricut
- + Heat press machine
- + Die-cuts
- + Sticker printer
- + Button maker
- + Technology assistance

MATERIALS & RESOURCES

- + Craft and project materials
- + Oculus (virtual reality headset)
- + Assistive and accessible technology
- + Digital cameras
- + Video and audio equipment
- + Projectors

LOCATION

Eastern Illinois University
Buzzard Hall, Room 1440
1920 9th St
Charleston, IL 61920

HOURS

Monday – Friday
8 AM – 6 PM

CONTACT

Keerthana Saraswathula
Instructional Support Training Specialist, ITC
217-581-7856
COE_ITC@eiu.edu

UPCOMING WORKSHOPS

- + Getting Comfortable Using Your PC
- + How to Use the Web
- + Google Basics: Gmail, Maps, and Calendar
- + Design and Create with the Cricut – T-shirt
- + MORE TO COME

“The calm environment and extensive design tools have significantly improved my ability to produce high-quality, creative work.”

– Harriet, ITC User

BRAIN HEALTH SERIES: SESSION TWO

IT'S A NO BRAINER: FIT WITS

CHERI BURCHAM

FRIDAY, OCTOBER 4, 2024**10:30 AM – 12 PM**BE SURE TO CHECK OUT THE SEPTEMBER 6
AND NOVEMBER 1 PRESENTATIONS**CHARLESTON CARNEGIE
PUBLIC LIBRARY
6TH ST & VAN BUREN AVE
CHARLESTON, IL 61920**

- FREE AND OPEN TO THE PUBLIC
- REGISTER BY OCTOBER 3

Join us for this three-part series about memory and aging, featuring tips to lessen everyday forgetfulness. This session focuses on how the brain works and lifestyle factors that may increase the chance of cognitive decline.



GO.EIU.EDU/BRAIN2


Illinois Extension
 UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN
**SURVIVORS OF THE GREAT
CHICAGO FIRE OF 1871**

ANN M. BRUEHLER

TUESDAY, OCTOBER 8, 2024**2 – 3:30 PM****DOUDNA FINE ARTS CENTER
LECTURE HALL, ROOM 1210
1860 7TH STREET
CHARLESTON, IL 61920**

- FREE AND OPEN TO THE PUBLIC
- REGISTER BY OCTOBER 7, 2024



GO.EIU.EDU/CHICAGOFIRE



Survivors of the Great Chicago Fire of 1871 is a one-person, theatrical presentation of first-person accounts of people who lived through the event, as portrayed by Ann Morris Bruehler. The performance includes stories by survivors of all ages, including Mary Lincoln, who was living in Chicago at the time.

Ann is a local community theatre actor, director and playwright as well as a former area educator.

OH FREEDOM! SONGS OF THE CIVIL RIGHTS MOVEMENT

CHRIS VALLILLO

THURSDAY, OCTOBER 10, 2024

7:30 – 9 PM

DOUDNA FINE ARTS CENTER
RECITAL HALL,
1860 7TH STREET
CHARLESTON, IL 61920

- FREE AND OPEN TO THE PUBLIC
- REGISTER BY OCTOBER 9



[GO.EIU.EDU/FREEDOM](https://go.eiu.edu/freedom)

The Civil Rights Movement has been described as one of the greatest singing movements that this country has experienced. From “We Shall Overcome” to “This Little Light of Mine,” music played a vital role in that historic struggle both as an inspirational rallying point and as a way to spread the message of equality and justice.

From the Freedom Riders, to the jails of Montgomery Alabama, and Parchman Prison, all the way to Washington DC, both old and new songs of the era spoke of the yearning for equal rights, the struggle and the determination to win freedom. They engaged and energized the movement and became the backbone of the nonviolent civil disobedience movement led by Dr. King and others. Music was a huge part of the process both locally and nationally.

In a show created to celebrate the 50th anniversary of the civil rights movement, award-winning Illinois folksinger Chris Vallillo

performs pivotal songs from the music that inspired and sustained this landmark movement. Intermixed with the music, Vallillo presents first-hand accounts of the historic struggle and discusses the impact of music to our nation’s most important social cause.



PLEIN AIR DAY AT THE LAKE FOR WRITERS, ARTISTS, AND FRIENDS

CHARLOTTE ENGLAND

FRIDAY, OCTOBER 11, 2024
2:30 – 5:30 PM

RAIN DATE: OCTOBER 14, 2024

LAKE CHARLESTON PAVILION
520 JACKSON AVE
CHARLESTON, IL 61920
LOCATED AT LEVEE TRAIL HEAD

- FREE AND OPEN TO THE PUBLIC
- REGISTER BY OCTOBER 10



GO.EIU.EDU/PLEINAIR



CCAC (Coles County Arts Council) invites visual artists, photographers, writers, and friends of the arts to gather at Lake Charleston to spend some time using the natural scenery as creative inspiration for an original plein air work. Near the finish of the exercise, we will share snacks, discuss what we've seen, look at / listen to one another's pieces and share tips for working outdoors in various media. Participants should bring their own materials for their chosen medium and a folding chair. Dress appropriately for conditions.

OAKTOBER CELEBRATION

U OF I EXTENSION MASTER
NATURALISTS

OCTOBER 12, 2024
10 AM – 12 PM

DOUGLAS-HART NATURE CENTER
2204 DEWITT AVE E
MATTOON, IL

- \$5
- REGISTER BY OCTOBER 1



GO.EIU.EDU/OAKTOBER



Hey nature enthusiasts! Join our local Master Naturalists for a tree-tastic adventure at Douglas-Hart Nature Center! Discover fascinating facts about oaks and other native species, and learn about tree snags, galls, and more. Explore the characteristics of white oaks, red oaks, burr oaks, sycamores, and other Illinois trees. Pre-register to receive a passport that guides you through interactive stations filled with fun facts. Complete your passport and claim a tree-mendous prize!



INSTRUCTIONAL TECHNOLOGY CENTER (ITC)

TECH SAVVY WORKSHOP: GETTING STARTED WITH YOUR COMPUTER

ITC STAFF

**WEDNESDAY, OCTOBER 16, 2024
3 – 5 PM**

**BUZZARD HALL
ITC, ROOM 1430
CHARLESTON, IL 61920**
CORNER OF NINTH ST AND HAYES AVE

- **FREE AND OPEN TO THE PUBLIC**
- **REGISTER BY OCTOBER 15**



[GO.EIU.EDU/TECH](https://go.eiu.edu/tech)

Join us for an engaging workshop where we'll cover the basics of computer components, essential mouse and keyboard skills, and the fundamentals of operating your computer. This session will equip you with the knowledge and confidence to explore your computer independently.

TREES: RIGHT TREE, RIGHT PLACE

KENTON MACY

FRIDAY, OCTOBER 18, 2024
4 – 6 PM

CHARLESTON CARNEGIE
PUBLIC LIBRARY
ROTARY ROOM
SIXTH ST & VAN BUREN AVE
CHARLESTON, IL 61920

- FREE AND OPEN TO THE PUBLIC
- REGISTER BY OCTOBER 17



GO.EIU.EDU/TREES



Discover the secrets to planting the perfect tree in the perfect spot, ensuring a harmonious and hassle-free landscape. Join us for this enlightening session.

CASA 101: WHAT DOES IT MEAN TO BE A CASA ADVOCATE?

JOLENNE BAKER-ROBISON

TUESDAY, OCTOBER 22, 2024
3 – 4:30 PM

BUZZARD HALL
ROOM 1445
CHARLESTON, IL 61920
CORNER OF 9TH ST. AND HAYES AVE.

- FREE AND OPEN TO THE PUBLIC
- REGISTER BY OCTOBER 21



GO.EIU.EDU/CASA24



CASA OF EAST CENTRAL ILLINOIS

CASA is a not-for-profit organization of community volunteers who advocate for child victims of abuse and neglect in Coles and Cumberland Counties. Jolenne Baker-Robison will teach participants about the program, provide an overview of the juvenile court system, and provide statistics about the impacts of trauma, addiction, and domestic abuse. Participants will learn the difference between a Guardian ad Litem (GAL) and a Friend of the Court, as well as how CASA gets involved. Stories will be shared, along with current needs.

INSTRUCTIONAL
TECHNOLOGY CENTER (ITC)
**TECH SAVVY
WORKSHOP:
NAVIGATING
THE WEB WITH
CONFIDENCE**

ITC STAFF

**WEDNESDAY, OCTOBER 23, 2024
3 – 5 PM**

**BUZZARD HALL
ITC, ROOM 1430
CHARLESTON, IL 61920
CORNER OF NINTH ST AND HAYES AVE**

- **FREE AND OPEN TO THE PUBLIC**
- **REGISTER BY OCTOBER 22**



[GO.EIU.EDU/INTERNET](https://go.eiu.edu/Internet)



Join us for an exciting workshop where we learn about the basics of internet functions and effective keyword searches. By the end, you'll have the skills and knowledge to navigate the web with ease and confidence.

INSTRUCTIONAL
TECHNOLOGY CENTER (ITC)
**TECH SAVVY
WORKSHOP:
MAXIMIZING
YOUR GMAIL
EFFICIENCY**

ITC STAFF

**WEDNESDAY, OCTOBER 30, 2024
3 – 5 PM**

**BUZZARD HALL
ITC, ROOM 1430
CHARLESTON, IL 61920
CORNER OF NINTH ST AND HAYES AVE**

- **FREE AND OPEN TO THE PUBLIC**
- **REGISTER BY OCTOBER 29**



[GO.EIU.EDU/GMAIL](https://go.eiu.edu/Gmail)



Are you making the most of all that Gmail has to offer? In this workshop, we'll cover how to organize and manage your Gmail account, send and receive emails effectively, and use labels to keep everything in order. It's a fantastic opportunity to enhance your Gmail skills!

PSYCHOLOGY OF A SERIAL KILLER: ED KEMPER

MARCIA THORSEN

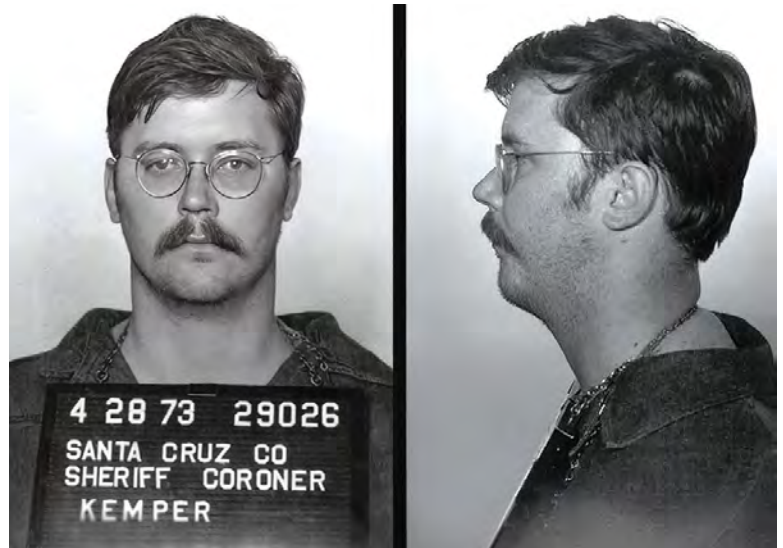
WEDNESDAY, OCTOBER 30, 2024
6:30 – 8:30 PM

BUZZARD HALL
ROOM 1103
CHARLESTON, IL 61920
CORNER OF NINTH ST AND HAYES AVE

- \$20
- REGISTER BY OCTOBER 23



GO.EIU.EDU/SERIALKILLER



Dive deep into the dark and fascinating mind of Ed Kemper. In this session, you will uncover the chilling details of Kemper's troubled childhood and the early signs of psychopathology that foreshadowed his infamous crimes. Engage with key psychological concepts such as antisocial personality disorder, psychopathy, and the profound influence of familial relationships on psychological development. Join us for an eye-opening exploration into the psyche of one of history's most notorious figures.

BRAIN HEALTH SERIES: SESSION THREE

IT'S A NO BRAINER: HEAD STRONG

CHERI BURCHAM

FRIDAY, NOVEMBER 1, 2024
10:30 AM – 12 PM

BE SURE TO CHECK OUT THE SEPTEMBER 6 AND
OCTOBER 4 PRESENTATIONS

CHARLESTON CARNEGIE
PUBLIC LIBRARY
SIXTH ST & VAN BUREN AVE
CHARLESTON, IL 61920

- FREE AND OPEN TO THE PUBLIC
- REGISTER BY OCTOBER 31



GO.EIU.EDU/BRAIN3



Illinois Extension

UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

Join us for this three-part series about memory change and aging, including tips and strategies to lessen everyday forgetfulness.

By attending the Head Strong program, you can learn more about what you can do to keep your brain healthy and engaged.

AN INTRODUCTION TO THE MASTER GARDENER PROGRAM

JENNY LEE, EXTENSION PROGRAM COORDINATOR

SATURDAY, NOVEMBER 2, 2024
9 AM – 12 PM

SARAH BUSH LINCOLN HOSPITAL
COMMONS AREA
1000 HEALTH CENTER DR
MATTOON, IL 61938

LOCATED NEAR GROUND FLOOR BISTRO
IN MAIN BUILDING

- FREE AND OPEN TO THE PUBLIC
- REGISTER BY OCTOBER 25



[GO.EIU.EDU/MASTERGARDENER](https://go.eiu.edu/mastergardener)



Illinois Extension

UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

Curious about the U of I Extension Master Gardener Program? Ever wanted to expand your gardening expertise? Join us to uncover the secrets of Master Gardener Training, becoming a certified Master Gardener, and the array of volunteer and educational opportunities waiting for you. Chat with current Master Gardeners and Extension Program Coordinator Jenny Lee as they answer your burning questions. Don't miss out—swing by our open house-style event and grow your gardening passion with us!

INSTRUCTIONAL TECHNOLOGY CENTER (ITC)

CREATE YOUR OWN T-SHIRT WITH CRICUT VENTURE MAGIC

ITC STAFF

WEDNESDAY, NOVEMBER 6, 2024
3 – 5 PM

BUZZARD HALL
ITC, ROOM 1430
CHARLESTON, IL 61920
CORNER OF NINTH ST AND HAYES AVE

- FREE AND OPEN TO THE PUBLIC
- REGISTER BY OCTOBER 30



[GO.EIU.EDU/TSHIRT](https://go.eiu.edu/tshirt)



Dive into the world of Cricut with the ITC as we teach you the essentials. In this workshop, you'll design and create your very own T-shirt using the Cricut Venture and heat press. Don't miss this amazing chance to unleash your creativity!

INSTRUCTIONAL TECHNOLOGY CENTER (ITC)

CREATE FESTIVE LIGHT-UP GREETING CARDS WITH CRICUT

ITC STAFF

WEDNESDAY, NOVEMBER 13, 2024
3 – 5 PM

BUZZARD HALL
ITC, ROOM 1430
CHARLESTON, IL 61920
CORNER OF NINTH ST AND HAYES AVE

- FREE AND OPEN TO THE PUBLIC
- REGISTER BY NOVEMBER 6



GO.EIU.EDU/CARD

Get into the holiday spirit with us! In this workshop, you'll design and create a stunning greeting card using the Cricut Venture. We'll add an extra touch of warmth with battery-powered circuits to light up your card. Imagine the joy of sending a beautiful, homemade card to your family and friends this holiday season!

BOOST YOUR SELF-CONFIDENCE: MASTERING PERSUASIVE PUBLIC SPEAKING

RICHARD BOYER

WEDNESDAYS, NOVEMBER 13 &
NOVEMBER 20, 2024
6:30 – 8 PM
ATTEND BOTH SESSIONS

BUZZARD HALL
ROOM 2160
CHARLESTON, IL 61920
CORNER OF NINTH ST AND HAYES AVE

- FREE AND OPEN TO THE PUBLIC
- REGISTER BY NOVEMBER 12



GO.EIU.EDU/SPEECH



Unlock your potential with our two-part series designed to boost your self-confidence in persuasive speaking. In the first session, learn key techniques to craft compelling messages and captivate your audience. The second session offers hands-on practice in a supportive environment. This program is perfect for those looking to enhance their presentation skills, students preparing for academic and career success, community leaders aiming to inspire others, and anyone interested in becoming a more effective communicator. Join us to transform your communication abilities and leave a lasting impression on your audience.

HAND FANS USED IN DANCE TRADITIONS AROUND THE WORLD

ROBIN GOETTEL

FRIDAY, NOVEMBER 15, 2024
3 – 4:30 PM

CHARLESTON CARNEGIE
PUBLIC LIBRARY
ROTARY ROOM
SIXTH ST & VAN BUREN AVE
CHARLESTON, IL 61920

- FREE AND OPEN TO THE PUBLIC
- REGISTER BY NOVEMBER 7



GO.EIU.EDU/FANS



Our expert instructor will showcase her collection of personal dance fans, highlighting their unique designs and cultural significance. Additionally, you'll see other highly unique and rare fans, each with its own captivating story.



SONGWRITER'S WORKSHOP

BILL PASSALACQUA

SATURDAY, NOVEMBER 16, 2024
2 – 4:30 PM

DOUDNA FINE ARTS CENTER
RECITAL HALL, ROOM 1240
1860 7TH STREET
CHARLESTON, IL 61920

- FREE AND OPEN TO THE PUBLIC
- REGISTER BY NOVEMBER 13



GO.EIU.EDU/SONG

Join our Songwriter's Workshop to learn the basics of songwriting and spark your creativity. Whether you bring an instrument or come without, you'll gain essential tools to craft compelling lyrics and melodies. Participants with instruments should have basic proficiency in playing. Benefit from expert guidance, collaborative exercises, and leave equipped to succeed in your songwriting journey.



INSTRUCTIONAL TECHNOLOGY CENTER (ITC)

COMMUNITY CREATION SHOWCASE

ITC STAFF

**WEDNESDAY, NOVEMBER 20, 2024
3 – 5 PM****BUZZARD HALL
ITC, ROOM 1430
CHARLESTON, IL 61920
CORNER OF NINTH ST AND HAYES AVE**

- **FREE AND OPEN TO THE PUBLIC**
- **NO REGISTRATION REQUIRED TO ATTEND**
- **EXHIBITORS MUST REGISTER BY NOVEMBER 13**

[GO.EIU.EDU/SHOWCASE](https://go.eiu.edu/showcase)

Join us to celebrate the incredible creations designed over the fall semester. Enjoy live demonstrations of the Cricut Venture, heat press, button and sticker maker, Oculus, adaptive/accessible technology, and more. We hope to see you there!

**TIPS AND TOOLS
FOR THE AVID
GARDENER**NANCY GEORGE, U OF I EXTENSION
MASTER GARDENER**SATURDAY, NOVEMBER 23
10 – 11 AM****LUMPKIN FAMILY CENTER
FOR HEALTH EDUCATION
OSLER/FLEMING ROOMS
1000 HEALTH CENTER DRIVE
MATTOON, IL 61938
SARAH BUSH LINCOLN HOSPITAL CAMPUS**

- **\$5**
- **REGISTER BY NOVEMBER 20**

[GO.EIU.EDU/TIPSTOOLS](https://go.eiu.edu/tipstools)

If you're a keen gardener eager to spruce up your skills and discover handy tools for smoother gardening, swing by the education center! Join Master Gardener Nancy George for an enlightening session where she'll showcase her favorite tools for effortless gardening. Pick up some expert tips along the way, too!

**Illinois Extension**

UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN



LEADERSHIP JOURNEY

JAYSON WYATT

WEDNESDAY, NOVEMBER 27, 2024
4 – 5 PM

BUZZARD HALL
ROOM 1445
CHARLESTON, IL 61920

CORNER OF NINTH ST AND HAYES AVE

- **FREE AND OPEN TO THE PUBLIC**
- **REGISTER BY NOVEMBER 26**



[GO.EIU.EDU/LEADERSHIP](https://go.eiu.edu/leadership)

This a program that develops and enhances leadership skills. It discusses cultivating key competencies such as communication, decision-making, emotional intelligence, teamwork, and strategic thinking. The program encourages self-assessment, reflection, and practical application of leadership principles. Participants will be equipped with the necessary skills to lead teams, navigate challenges, and drive positive change in their organizations or communities. Leadership Journey is a dynamic platform for aspiring and established leaders to develop their potential, expand their networks, and make a meaningful impact in their professional and personal spheres.

PAST/FORWARD MEMOIR WRITING GROUP

JUNE HAYDEN

**DAY GROUP: LAST FRIDAY
OF EACH MONTH
1 - 3 PM**

**CHARLESTON CARNEGIE
PUBLIC LIBRARY ROTARY ROOM
SIXTH ST & VAN BUREN AVE
CHARLESTON, IL 61920**

- FREE AND OPEN TO THE PUBLIC



GO.EIU.EDU/DAYMEMOIR

DAIVA MARKELIS

**EVENING GROUP: SECOND
TUESDAYS OF EACH MONTH
6 - 8 PM**

**WESLEY UNITED
METHODIST CHURCH
2206 4TH ST
CHARLESTON, IL 61920**

- FREE AND OPEN TO THE PUBLIC



GO.EIU.EDU/EVENINGMEMOIR

Memoirs are memories written in story form. They may be events from childhood, things you learned from a job or a mentor, or an experience that strikes you as thought-provoking. This group welcomes new members who have an interest in writing and developing their skills.



LITERARY DIVAS

READINGS	AUTHOR	PGS.	AUDIO BOOK LENGTH	FACILITATOR	DATE
The Lincoln Highway	Amor Towles	592	16:39	Edrienne Ezell	08/20/24
Agatha of Little Neon	Claire Luchette	288	7:29	Marita Metzke	09/3/24
The Women	Kristen Hannah	472	14:57	Diana Glosser	09/17/24
Norwegian By Night	Derek Miller	304	10:36	Glenna Starkey	10/01/24
A World of Curiosities	Louise Penny	400	13:15	Robin Murray	10/15/24
Deacon King Kong	James McBride	384	14:05	Ann Spear	10/29/24
The Berry Pickers: A Novel	Amanda Peters	320	8:44	Deanna Smith	11/12/24
The Hate U Give: A Printz Honor Winner	Angie Thomas	464	11:50	Bonnie Buckley	11/26/24
EVENT	LOCATION				DATE
End of Year Soirée	TBD				12/10/24

ALTERNATE TUESDAYS 3:30 – 5 PM

**BUZZARD HALL, ROOM 1330
1920 9TH STREET
CHARLESTON, IL 61920**

SCHOOL OF EXTENDED LEARNING SUITE,
BUZZARD HALL, ROOM 1320 - 1335

- **FREE AND OPEN TO THE PUBLIC**



GO.EIU.EDU/DIVAS

Good vs. evil? Revenge? Hubris? Justice? Survival? Whodunit mysteries? What book themes are most compelling to you? Our informal group suggests the books for reading and discussion. We meet on alternate Tuesdays, discussing one book each meeting. Please call 217-581-7415 if you are interested in joining us.

BYOB (Bring Your Own Book)!

FRUIT FLIES LIKE A BANANA



SATURDAY, AUGUST 24, 2024
7:30 PM

THE THEATRE
DOUDNA FINE ARTS CENTER
1860 7TH STREET
CHARLESTON, IL 61920

- **ACADEMY DISCOUNT: \$15**
- **NON-DONOR: \$25**
- **SENIOR: \$20**
- **REGISTER BY AUGUST 16**



[GO.EIU.EDU/BANANA](https://go.eiu.edu/banana)

Few musical ensembles earn top marks for their “deft choreography,” (The Wall Street Journal) but The Fourth Wall is no ordinary ensemble. The Fourth Wall blends music, theatre, dance and acrobatics into a new hybrid art form. This trio of musicians creates new works and reinterprets classics to make music that leaps off the stage.

Photo Credit: Andy Batt – andybatt.com

BROADWAY A-Z

SATURDAY, SEPTEMBER 7, 2024
7:30 PM

DVORAK CONCERT HALL
DOUDNA FINE ARTS CENTER
1860 7TH STREET
CHARLESTON, IL 61920

- ACADEMY DISCOUNT: \$15
- NON-DONOR: \$25
- SENIOR: \$20
- REGISTER BY JANUARY 26



GO.EIU.EDU/BROADWAY

Broadway's greatest hits of all time, from Tony Award winning Sir Andrew Lloyd Webber to Comden and Green.

Featuring songs from Cabaret, Mamma Mia!, Les Misèrables, Spamalot, Rent, La Cages Aux Folles, A Chorus Line, Phantom of the Opera, and more! These are the songs that Broadway fans around the world want to hear sung by our stars of the Great White Way!

RADIUS

SATURDAY, SEPTEMBER 28, 2024
7:30 PM

DVORAK CONCERT HALL
DOUDNA FINE ARTS CENTER
1860 7TH STREET
CHARLESTON, IL 61920

- ACADEMY DISCOUNT: \$15
- NON-DONOR: \$25
- SENIOR: \$20
- REGISTER BY SEPTEMBER 20

Distinguished by their mesmerizing harmonies and innovative arrangements, Radius, a dynamic 5-piece vocal band, specializes in high-energy pop music that's sure to get everyone up on their feet. Radius transcends generational boundaries, creating an unforgettable sonic experience that leaves an indelible mark on every listener.



GO.EIU.EDU/RADIUS



GRUPO BELLA

SATURDAY, OCTOBER 26, 2024
7:30 PM

DVORAK CONCERT HALL
DOUDNA FINE ARTS CENTER
1860 7TH STREET
CHARLESTON, IL 61920

- ACADEMY DISCOUNT: \$15
- NON-DONOR: \$25
- SENIOR: \$20
- REGISTER BY OCTOBER 18



GO.EIU.EDU/GRUPO



Grupo Bella is quickly becoming known for their excellent musicianship and diverse repertoire. They have their roots in the Mariachi genre, while also spanning the music of many different cultures, decades, and various Latin American and American styles.

SHE LOVES ME: THE MUSICAL

OCTOBER 31 – NOVEMBER 2
& NOVEMBER 7 – 9
7:30 PM

NOVEMBER 10
2 PM

THE THEATRE
DOUDNA FINE ARTS CENTER
1860 7TH STREET
CHARLESTON, IL 61920

- ACADEMY DISCOUNT: \$15
- NON-DONOR: \$25
- SENIOR: \$20
- REGISTER BY 7 DAYS PRIOR



GO.EIU.EDU/LOVESOCT31



GO.EIU.EDU/LOVESNOV1



GO.EIU.EDU/LOVESNOV2



GO.EIU.EDU/LOVESNOV7

Amalia and George begrudgingly work together in a 1930s European perfumery by day, and write beautiful love letters to their “secret admirers” by night. Little do they know, the anonymous pen pals they are both falling for happen to be each other!



GO.EIU.EDU/LOVESNOV8



GO.EIU.EDU/LOVESNOV9



GO.EIU.EDU/LOVESNOV10





LIFESPAN CENTER SERVICES



SENIOR INFORMATION SERVICES (SIS)

SIS provides services to older adults and individuals with disabilities, including:

- Homestead Exemption
- Long-term support
- Assistance or completion of forms and applications
- Referrals to services provided by other agencies
- Benefits and options counseling

CAREGIVER ADVISORY SERVICES AND GRANDPARENTS OR RELATIVES RAISING GRANDCHILDREN

Services provided to caregivers of those living with chronic and debilitating diseases, including:

- Information resource assistance
- Counseling
- Support groups
- Training
- Respite and referrals for services provided by other agencies

LIFESPAN VOLUNTEER PROGRAM (LSVP)

LSVP provides a variety of opportunities through meaningful volunteer roles:

- Family Theater Attendant
- Event Hosts/Servers
- LifeSpan Welcome Desk
- Senior Health Insurance Program
- Volunteer Income Tax Assistant Program
- Operation Gratitude Pen Pal Program

If you have a passion for giving back, we would love to have you as part of our team!

DIAL-A-RIDE PUBLIC TRANSPORTATION

Public transportation in Coles and Douglas counties to everyone regardless of age or ability! See p. 10 for more details.

THE COLES COUNTY COUNCIL ON AGING BELIEVES OLDER ADULTS SHOULD FEEL PHYSICALLY SECURE, FINANCIALLY STABLE, SOCIALLY ENGAGED, EMOTIONALLY CONTENT, AND INTELLECTUALLY GRATIFIED.

lifespancenter.org



ALL EVENTS, UNLESS OTHERWISE NOTED, WILL BE HELD AT:

CHARLESTON CARNEGIE PUBLIC LIBRARY
6TH ST & VAN BUREN AVE
CHARLESTON, IL 61920

More details at charlestonlibrary.org

LIBRARY BOOK SALES

AUGUST 23 – 24, 2024
10AM – 5:30 PM

NOVEMBER 15 – 16, 2024
10 AM – 1:30 PM

Stop by the library during one of our book sales and find some treasures!

STAR WARS READS

OCTOBER, 2024
TBA

A family-fun event for kids with carnival games, crafts, prizes, and more. You can trust the Force that more information is coming about this October event!



More details at colescountyartscouncil.org and facebook.com/colescountyartscouncil

**FALL MEMBERS CELEBRATION:
HONORING SPECIAL GUESTS EARL
AND ELIZABETH HALBE**

SATURDAY, SEPTEMBER 28, 2024
2-4PM

NEWMAN CENTER, EIU
500 ROOSEVELT AVE
CHARLESTON IL 61920

- FREE FOR CCAC MEMBERS AND FRIENDS
- YOU CAN JOIN THE CCAC ON THE DAY!

Join CCAC in celebrating the achievements of Earl and Elizabeth Halbe, founders of Theatre in the Park. The afternoon will feature entertainment, desserts and a silent auction in support of CCAC efforts.

**CHARLESTON ARTS CAN!
ART IN THE HEART - A COMMUNITY
SHOW OF MINIATURE MASTERPIECES**

NOVEMBER 25 – DECEMBER 16, 2024

WORKS WILL BE DISPLAYED IN PARTICIPATING BUSINESSES AROUND CHARLESTON'S DOWNTOWN SQUARE

- LOOK FOR THE CALL FOR ENTRIES ON FACEBOOK BEGINNING IN AUGUST
- ENTRY DEADLINE: OCTOBER 30

This pop-up exhibition and fundraiser for Charleston Arts Can! (Community Action Network) is made up of submissions from local creatives for very small works (max. 6"x6" or 5"x7") in a variety of media.

CHARLESTON

HOME OF EASTERN ILLINOIS UNIVERSITY

More details at charlestonillinois.org and facebook.com/charlestonILLtourism

FARMERS MARKETS ON THE SQUARE

WEDNESDAY AND SATURDAY MORNINGS
THROUGH SEPTEMBER 25

THURSDAY CONCERTS IN THE PARK

AUGUST 15, 7 PM CHAT NOIR
AUGUST 22, 7 PM MOONDOGS
AUGUST 29, 7 PM WE AIN'T MISBEHAVIN'
SEPTEMBER 12, 7 PM HALOS
SEPTEMBER 19, 7 PM DOTY AND DEXTER

DAUM AMPHITHEATER
IN KIWANIS PARK
199 HARRISON AVE
CHARLESTON IL, 61920

- FREE AND OPEN TO THE PUBLIC

Bring your own lawn chair or a blanket!

EIU SQUARED

SATURDAY, AUGUST 24, 2024
4 – 8 PM

CHARLESTON SQUARE
JACKSON AVENUE
CHARLESTON, IL 61920

A community-wide block party featuring inflatables, games, music, craft vendors, and food trucks to kickoff the academic year. Transportation will be provided for EIU students to and from campus. More details to come.

TOUR DE CHARLESTON

SATURDAY, SEPTEMBER 28, 2024
8 AM RACE START

Mark your calendar and get ready for a great day of biking and enjoying live music with the Charleston Area Chamber of Commerce! Go to facebook.com/TourdeCharleston/ for details.

UNCLE ABE'S BBQ SHOWDOWN

SATURDAY, OCTOBER 12, 2024
NOON – 6 PM

CHARLESTON SQUARE
JACKSON AVENUE
CHARLESTON, IL 61920

We will see you at this amazing BBQ competition and celebration of street food on Charleston's historic downtown square. Go to charlestonillinois.org/BBQ-competition for more details.

HARVEST FROLIC AT LINCOLN LOG CABIN STATE HISTORIC SITE

SEPTEMBER 28 – 29, 2024
10 AM – 4 PM

LINCOLN LOG CABIN STATE HISTORIC SITE
402 S LINCOLN HIGHWAY
LERNA, IL 62440

- FREE AND OPEN TO THE PUBLIC

It's sure to be fun for the whole family! Activities will include children's crafts, food preservation, historic cricket, and hearth cooking, as well as performances and exhibitions from entertainers and craftsmen – with a focus on Americana from the 19th-century life!

CHRISTMAS IN THE HEART OF CHARLESTON

SATURDAY, DECEMBER 7, 2024
4 – 7 PM

CHARLESTON SQUARE
JACKSON AVENUE
CHARLESTON, IL 61920

Go to charlestonillinois.org/community/charleston_tourism/xmas-in-the-heart.php for more details.



ALL EVENTS, UNLESS OTHERWISE NOTED, WILL BE HELD AT:

DOUGLAS-HART NATURE CENTER
2204 DEWITT AVE E
MATTOON, IL

More details at dhnature.org and
facebook.com/douglashartnc

BUDDING NATURALIST

FIRST FRIDAY OF EVERY MONTH
10 AM

- FREE AND OPEN TO THE PUBLIC
- DONATIONS APPRECIATED

Sing and dance, craft and play – learn about living things every day! Great for ages 2-4, but all are welcome. Children must be accompanied by an adult.

LIVE TO LEARN

SECOND SATURDAY OF EVERY MONTH
9 AM

- FREE AND OPEN TO THE PUBLIC
- DONATIONS APPRECIATED

Live to learn, and you will really learn to live. Enjoy this monthly speaker series that welcomes guests to share their environmental-related work, hobbies, passions, and more. Topics and speakers are posted on our website and Facebook page.

BIRD CLUB

LAST TUESDAY OF EVERY MONTH
6 PM

- FREE AND OPEN TO THE PUBLIC

Calling all birders, novices, and experienced! We invite you to join our club for local birders to learn and share with each other.



NATURE IN THE ARTS

SECOND WEDNESDAY OF THE MONTH
(SEPTEMBER - APRIL), 6 - 8 PM

- \$15 PER CLASS – DHNC MEMBER RATE
- \$20 PER CLASS – DHNC NON-MEMBER RATE

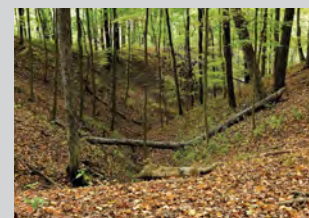
The possibilities are endless when nature is the inspiration for these monthly craft classes. Monthly projects will be announced in our Nuthatch Newsletter, as well as on our website and Facebook page.

Registration for programs through the Douglas-Hart Foundation can be found at dhnature.org. Feel free to email programs@dhnature.org or call 217-235-4644 for assistance.



GRAND PRAIRIE FRIENDS

More details at grandprairiefriends.org and facebook.com/grandprairiefriends



WARBLE RIDGE STEWARDSHIP SATURDAYS

FIRST SATURDAY OF THE MONTH
9 – 11 AM

**WARBLER RIDGE CONSERVATION AREA
RED SHACK
17161 DAILEYVILLE ROAD
CHARLESTON, IL 61920**

Newbies welcome! Join us to steward and enjoy the Warbler Ridge Conservation Area to:

- Collect or spread seeds
- Remove invasive plants
- Maintain the hiking trails
- Maintain the shack area

If you arrive late, a map to where we are working will be posted on the Red Shack door.

More details will be shared online as we approach each stewardship day.

Wear appropriate clothing – long pants and shirt, work shoes, and gloves. Bug spray and suntan lotion are recommended based on the season. Tools and instruction will be provided. Every day concludes with drinks, snacks, and the fellowship of good friends!

Cancellations due to weather will be updated on the Grand Prairie Friends website and Facebook page. Contact Diane Wilhite (volunteer@grandprairiefriends.org) or Sarah Zoppa (740-294-8718) to RSVP and to be notified of any changes.



More details at hourhouserecovery.org
and facebook.com/hourhouserecovery/

CANDLE LIGHT VIGIL

AUGUST 29, 2024
6 – 8 PM

FAMILY WORSHIP CENTER
411 JACKSON AVENUE
CHARLESTON, IL 61920

Join us on this day for a memorial for those who lost their lives to substance use in honor of Overdose Awareness Day on August 31.



Illinois Extension

UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN



ONLINE ILLINOIS GARDENER TRAINING

MONDAY, OCTOBER 7, 2024

- \$300
- REGISTER BY SEPTEMBER 9

Take your love of gardening to the next level. This in-depth horticulture course can be completed in 14 weeks with only four hours of work per week. Go to <https://extension.illinois.edu/ccdms/master-gardeners> for details.



ALL EVENTS, UNLESS OTHERWISE NOTED, WILL BE HELD AT:

LIFESPAN CENTER
11021 E CR 800 N
CHARLESTON, IL

More details at lifespancenter.org
or 217-639-5150.

SECOND ANNUAL REMEMBRANCE CAR & BIKE SHOW

SATURDAY, SEPTEMBER 7, 2024
9 AM - NOON

- \$15 EARLY BIRD REGISTRATION
- \$20 DAY OF REGISTRATION
- CALL 217-639-5150 TO REGISTER

Featuring a food truck, 50/50, door prizes, trophies, live broadcast, and dash plaques to first 50 entries.

AUTUMN KISSES & BIRTHDAY WISHES CELEBRATING 50 YEARS

SATURDAY, OCTOBER 5, 2024
3 - 5 PM

- FREE AND OPEN TO THE PUBLIC

Featuring Captain Rat and the Blind Rivets, face painting, pumpkin painting, a food truck, hay ride, animals, bounce house, hot cocoa, vendors, and apple cider slushies.

VETERANS FAIR

FRIDAY, NOVEMBER 8, 2024
9 - 11 AM

- FREE AND OPEN TO THE PUBLIC
- CALL 217-639-5150 TO REGISTER

Free and open to Veterans and family to check out resources that are available to them in the community. Coffee and donuts will be served.



CARD PLAYER GROUP

WEDNESDAYS, 12:30PM

- FREE AND OPEN TO THE PUBLIC
- NO REGISTRATION REQUIRED

FREE MOVIES

TUESDAYS AND THURSDAYS, 1 PM

- FREE AND OPEN TO THE PUBLIC

Check out the movie listings in our monthly connections or at lifespancenter.org.

ARTHRITIS GENTLE JOINTS

WEDNESDAYS, 10 AM

- CALL 217-639-5150 TO REGISTER

Mary Sterling is the instructor for this class. This class is to help work through Arthritis, using simple stretches.

Sarah Bush Lincoln

Trusted Compassionate Care

More details at sarahbush.org/calendar/
and facebook.com/SBLHS

SBL HOSPICE BINGA

SEPTEMBER 3, 2024
5:30 – 9 PM (DOORS OPEN AT 4:30 PM)

MATTOON EAGLES CLUB
1917 OAK AVE
MATTOON, IL 61938

- PURCHASE TICKETS AT 217-258-2511

The always-popular BINGA returns in September and tickets sell out quick. Proceeds from the fun event benefit SBL Hospice services such as the Willow Breeze Hospice House endowment, which helps those with limited resources pay for their stay.

PATHWAYS THROUGH GRIEF

FIRST WEDNESDAY OF THE MONTH
SEPTEMBER 4 - DECEMBER 4, 2024
6:30 – 8 PM

PRAIRIE PAVILION 2
SARAH BUSH LINCOLN HOSPITAL CAMPUS
1000 HEALTH CENTER DR
MATTOON, IL 61938

A grief support group for anyone who has lost a loved one. You will be greeted in the lobby. For more information about bereavement services, please call Sarah Bush Lincoln Hospice at 1-800-454-4055.



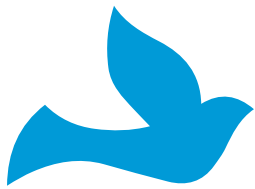
2024 INFANT CHILD CPR

FIRST WEDNESDAY OF THE MONTH
SEPTEMBER 5, 2024; NOVEMBER 25, 2024
6 – 7:30 PM

SARAH BUSH LINCOLN HOSPITAL CAMPUS
1000 HEALTH CENTER DR
MATTOON, IL 61938

- \$5
- REGISTER AT 217-258-2229 (BABY) OR AMASSE@SBLHS.ORG

This course teaches the standards in infant child CPR from the American Heart Association and is taught by a certified CPR instructor. This course will teach parents or caregivers skills that can help save their infant or child's life. Participants will not be certified in this course. Limited to 8 participants. Go to sarahbush.org/ohbaby for details.



SBL PEACE MEAL

Peace Meal's mission is to provide quality meals for healthier lives. We help seniors improve their nutrition, sustain their independence and enhance the quality of their life by providing meals, fellowship and connections to other needed services.

Anyone age 60 or older, with spouse regardless of age, is eligible to join us for lunch at any of our sixteen locations throughout our seven county region of Clark, Coles, Cumberland, Douglas, Edgar, Moultrie and Shelby Counties.

The fresh meal served contains one-third of the recommended nutrients for older adults. Careful consideration is given to sodium, cholesterol and sugar content. Menus are approved by a registered dietitian. We prepare the meals at our own central kitchens with recipes developed to maximize taste, as well as nutrition.

Clients have opportunity to share a meal with other members of their community. To many this is even more important than the meal they have each day. It is a chance to meet new people or catch up with old friends.

Meals are available to those who are unable to attend a nutrition site as well. An assessment is made by a qualified staff person. Meals are available on a temporary or long-term basis. Not only will clients receive a meal, but they will also have daily contact with a driver, in addition to nutrition risk screening, needs assessment, nutrition education and outreach to other needed services.

Peace Meal requests a donation of \$4 per meal. Participants are encouraged to contribute as they are able but no one will be turned away based on an inability to donate.

Call 217-345-1800 or visit our website at sarahbush.org/peacemeal for more information on locations and reservations.

 **Sarah Bush
Lincoln**
Trusted Compassionate Care



Tarble Arts Center

ALL EVENTS, UNLESS OTHERWISE NOTED, WILL BE HELD AT:

TARBLE ARTS CENTER
2010 9TH STREET
CHARLESTON, IL 61920

More details at TarbleArtsCenter.org

TARBLE WELLNESS: NEW MOON YOGA

TUESDAY, SEPTEMBER 3, 2024

TUESDAY, OCTOBER 1, 2024

FRIDAY, NOVEMBER 1, 2024

MONDAY, DECEMBER 2, 2024

5–6PM

TARBLE ARTS CENTER
2010 9TH STREET
CHARLESTON, IL 61920

• FREE AND OPEN TO THE PUBLIC

Join us at the Tarble on mornings following a new moon for a gentle yoga practice. No experience is required, but you will need to bring your own yoga mat. You may wish to bring a towel and a closed water bottle. The class will begin promptly at 9:05 AM (or 12:05 PM on Saturday sessions) and last for approximately 55 minutes.

TARBLE WELLNESS: FULL MOON SOUND BATHS

TUESDAY, SEPTEMBER 17, 2024

THURSDAY, OCTOBER 17, 2024

FRIDAY, NOVEMBER 15, 2024

5 - 6 PM

• FREE AND OPEN TO THE PUBLIC

Join us to experience a sound bath, scheduled to coincide with the full moon and support collective stillness, gratitude, and reflection. The Tarble will provide a limited number of meditation cushions and chairs on a first-come,

first-served basis. You may bring your own yoga mat or cushion to sit on if you choose. The Tarble maintains a temperature-controlled environment, so you may want to bring a sweater or wrap for warmth.

You are invited to arrive between 5 - 5:15 PM to get settled. When the sound bath begins promptly at 5:15 PM, doors will be locked during the meditation, which will last for approximately 45 minutes. No prior experience is necessary, all are welcome, but space is limited.

EXHIBITION: AN OTHER WORLD

SEPTEMBER 20, 2024 – JANUARY 25, 2025

• FREE AND OPEN TO THE PUBLIC

An Other World marks the Tarble's first major reinstallation of artworks from the permanent collection in five years. Reintroducing patrons to the institution's dynamic and growing collection, the exhibition includes both familiar masterpieces and significant recent acquisitions. As regional folk art selections commingle with works by acclaimed contemporary artists, shared images of absurdist realities and speculative worlds emerge to present a unique perspective on the human experience.

TOUCH ME: A FLAT FILE EXHIBITION

SEPTEMBER 20, 2024 – JANUARY 25, 2025

TARBLE ARTS CENTER
2010 9TH STREET
CHARLESTON, IL 61920

- **FREE AND OPEN TO THE PUBLIC**

Typically, the last thing a museum wants you to do is touch the artwork. But for the Tarble's 2nd Biennial flat-file exhibition, visitors will be encouraged to page through portfolios installed in the galleries. Each flat-file drawer will contain artworks made by members of the Tarble community and organized into a neat portfolio collection of up to ten works.

FAMOUS BLACK AMERICANS: THE DOLLS OF IDA ROBERTA BELL

SEPTEMBER 20, 2024 – JANUARY 25, 2025

- **FREE AND OPEN TO THE PUBLIC**

Famous Black Americans: The Dolls of Ida Roberta Bell is a historical celebration that honors the remarkable work of Ida Roberta Bell, who made these dolls against the backdrop of the 1960s Civil Rights Movement. The dolls served not only as symbols of hope and resilience amid the struggle for equality and justice but also showcased the profound impact of human creativity in constructing a different, improved reality. Through her artistry, Bell encapsulated the belief that there is hope in making and creativity and that both can indeed inspire change and foster a more inclusive and equitable society.

FALL EXHIBITION CYCLE OPENING RECEPTION

FRIDAY, SEPTEMBER 20, 2024
5 - 7 PM

- **FREE AND OPEN TO THE PUBLIC**

Celebrate the opening of the Tarble's Fall 2024 exhibition cycle with a reception. Refreshments served.

TARBLE FAMILY DAY

SATURDAY, NOVEMBER 2, 2024
12 - 1 PM (MEMBERS) | 1 - 4 PM (PUBLIC)

- **FREE AND OPEN TO THE PUBLIC**

The Tarble, Coles County Arts Council, and the EIU Art Education program invite you to bring the whole family for a Saturday afternoon filled with art and exploration for all ages. Visit TarbleArtsCenter.org for the full schedule of events.

FALL NOONTIME TALKS

FRIDAY, SEPTEMBER 27, 2024
FRIDAY, OCTOBER 25, 2024
FRIDAY, NOVEMBER 22, 2024
FRIDAY, JANUARY 24, 2025
12 - 1 PM

- **FREE AND OPEN TO THE PUBLIC**

Stop by every fourth Friday of the month at noon during the fall exhibition cycle to hear Tarble staff members give short, conversational talks about the works displayed in the galleries

ART MIX

TUESDAYS AND THURSDAYS
OCTOBER 1-OCTOBER 31, 2024
3:45-5:30PM

- **FREE FOR ALL STUDENTS**
- **REGISTER AT TARBLEARTSCENTER.ORG**

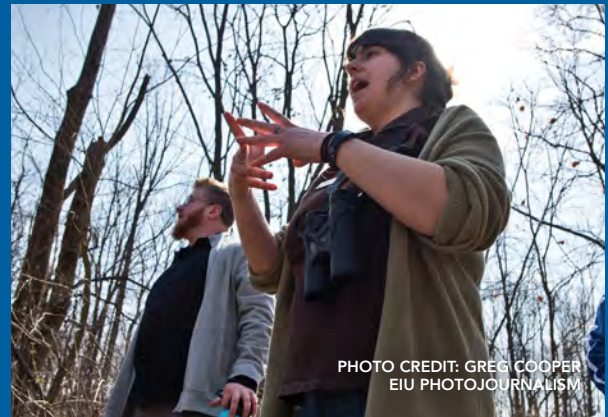
In partnership with the EIU Art Education program, the Tarble hosts an after-school program for junior high and high school artists. Registered participants explore the museum's exhibitions and collections, meet other artists, and take part in exciting art-making activities in the Tarble's Education Lab.

TARBLE MEMBERSHIP

Membership is an invaluable way to show support and stay informed of Tarble programming. Go to TarbleArtsCenter.org to give a one-time gift, or read more about becoming or renewing your Tarble membership and its benefits.

CALL FOR ENTHUSIASTIC INSTRUCTORS!

Are you passionate about a subject or skill? Eager to share your expertise and make an impact in your community? The Academy of Lifelong Learning wants you! We're seeking enthusiastic individuals to lead classes, workshops, clubs, and events. Whether your expertise lies in art, science, cooking, or any other field, your knowledge is invaluable. Help shape the future of lifelong learning and inspire others. Share your talents with us by completing the form via the link below to become a community leader!



Keegan Payne from the Douglas-Hart Nature Center presented Birds and You to great success in 2023.

DETAILS YOU'LL NEED TO SIGN UP:

- **TITLE:** Session title
- **TIME/DATE:** Suggested session time and date (consider meaningful dates, e.g., World Pickleball Day for a Pickleball session)
- **INSTRUCTOR INFORMATION:** Name, email, phone number, headshot (name and headshot will be published)
- **LOCATION:** EIU or a location of your choice
- **DESCRIPTION:** Provide details, or list key points for us to write the description
- **REGISTRATION DEADLINE:** Typically a few days before the session; flexible for non-payment events
- **COURSE CAPACITY:** Minimum and maximum participant numbers
- **INSTRUCTOR NEEDS/ACCOMMODATIONS:** Equipment (podium, dry erase board, etc.) and physical accessibility
- **STUDENT NEEDS/ACCOMMODATIONS:** Supplies (notebooks, pens, etc.) and physical accessibility
- **AFFILIATED ORGANIZATIONS:** Logos of any partnering organizations

JOIN US AND MAKE A DIFFERENCE!

go.eiu.edu/teachothers





EMPOWER YOUR BUSINESS WITH EXPERT-LED PROGRAMS



Ready to elevate your small business? The Illinois Small Business Development Center (SBDC) at Eastern Illinois University offers practical, hands-on courses designed to support small business owners and aspiring entrepreneurs.

COURSES

BOOST YOUR HOLIDAY SALES: STRATEGIES FOR SUCCESS

Prepare for the holiday season with effective marketing strategies with instructor Evan Kubicek.

- Increased sales
 - Effective marketing
 - Customer engagement
-
- Online webinar
 - LinkedIn group



[GO.EIU.EDU/SBDCHOLIDAY](https://go.eiu.edu/sbdcholiday)

SMALL BUSINESS MONEY SUCCESS

Manage your business's finances with essential skills with instructor Doug ZuHone.

- Money management
 - Budgeting
 - Financial planning
-
- Hybrid approach with training and expert guidance



[GO.EIU.EDU/SBDCMONEY](https://go.eiu.edu/sbdcmoney)

PLANNING FOR SUCCESS: CRAFTING YOUR ROADMAP TO GROWTH

Create a clear, actionable plan for long-term success with instructor Dr. Ayse Costello.

- Define business goals
 - Tackle challenges effectively
 - Expand your market
-
- Learn at your own pace online



[GO.EIU.EDU/SBDCPLAN](https://go.eiu.edu/sbdcplan)

SERVICES

- Comprehensive Support: Assistance at every stage
- Personalized Solutions: Tailored to your needs
- No-Cost Advantage: Access resources and expertise for free
- Community Connection: Network with entrepreneurs

ENROLL TODAY!

Call 217-258-7232 or email SBDC@eiu.edu to sign up and take the first step toward a brighter future for your business.

BACHELOR OF ARTS INTERDISCIPLINARY STUDIES



FINISH WHAT YOU STARTED

Since 1973, the Interdisciplinary Studies degree program (formerly B.A. in General Studies) at EIU has served adult learners in Illinois, helping them meet their goal of earning a bachelor's degree. Technology has allowed us to expand beyond Illinois, by offering this adult focused degree-completion program completely online.

TRANSFER FLEXIBILITY

The Interdisciplinary Studies degree program can accept up to 100 semester hours in transfer from regionally accredited colleges and universities, including as many as 80 hours earned at a community college, as well as credits earned through military and other professional training. These hours will be applied to meeting graduation criteria where appropriate.

The flexibility doesn't end with your undergraduate studies, either; more than 40 percent of our graduates continue their education by enrolling in graduate programs at EIU and other universities.

COURSE FLEXIBILITY

We know everybody, including you, has a unique set of circumstances under which they're trying to earn a degree. With the many methods we have at your disposal, you'll find a way to tailor your studies to your busy life.

Classes are offered online and on-campus. Because adults learn a great deal outside the traditional classroom, we offer the opportunity to earn credit for on-the-job-training and other experiences.

B.A. IN INTERDISCIPLINARY STUDIES

1407 BUZZARD HALL
600 LINCOLN AVENUE
CHARLESTON, IL 61920
217-581-5618



IT'S ALL ABOUT YOU. APPLY TODAY.

go.eiu.edu/ids

PCs for People *Illinois*



WHO WE ARE

PCs for People is a national nonprofit working to get low-cost, high-quality computers and internet into the homes of individuals and families with low income. By recycling and then refurbishing computers, PCs for People provides a valuable service to businesses, families, and the planet by keeping computers out of landfills and repurposing them to bridge the digital divide.



WE PROVIDE



COMPUTERS + TECH

Desktops start at \$30 and laptops start at \$50



WIRELESS INTERNET

Internet via mobile hotspot starts at \$16/month



DEVICE REPAIRS

Computer trouble? Basic repairs start at \$25.

OPERATING HOURS

Monday—Friday: 9 a.m.–4 p.m.

WWW.PCSFORPEOPLE.ORG/ILLINOIS | 708-843-8450

UNDERWRITING PACKAGES: SEE YOUR BUSINESS IN THE PROGRAM GUIDE

SPONSORSHIP PACKAGES

1. PLATINUM SPONSOR – \$3,000

BENEFITS:

- Full-page underwriting spot on the inside front cover
- Prominent acknowledgment in the “Thank You” section
- Social media shout-out and website feature
- Option to mention your business/organization at one of our events

2. GOLD SPONSOR – \$2,000

BENEFITS:

- Full-page underwriting spot on the inside back cover
- Acknowledgment in the “Thank You” section
- Social media shout-out

3. SILVER SPONSOR – \$1,000

BENEFITS:

- Full-page ad within the guide
- Acknowledgment in the “Thank You” section
- Social media shout-out

4. BRONZE SPONSOR – \$500

BENEFITS:

- Half-page ad within the guide
- Company name listed in the “Thank You” section

PAGE SPECIFICATIONS

PAGE SIZE: 8.5” x 11” (standard letter size)

BINDING: Saddle-stitched

SPOT SUBMISSION GUIDELINES

- All ads should be submitted in high-resolution (300 dpi) PDF or JPEG format.
- Full-page ad dimensions: 8.5” x 11” with a 0.125” bleed.
- Half-page ad dimensions: 8.5” x 5.5”.
- Submission deadline: November 1, 2024

Note: As a non-profit organization, these recognitions are not advertisements. Instead, they serve to acknowledge the support of our underwriters, promoting community engagement and goodwill.

VALUE OF UNDERWRITING

Underwriting the Community Program Guide provides valuable exposure to a highly-engaged audience. Your support helps us continue offering noncredit educational opportunities and enriches the community. In return, your business gains visibility and demonstrates its commitment to lifelong learning and community development.

DISTRIBUTION

The Community Program Guide will be distributed in print and digitally. Print copies will be available at community centers, libraries, local businesses, and EIU events. Digital copies will be accessible through our website.

CONTACT INFORMATION

For more information or to submit your underwriting agreement, please contact:

Daniel Douglas
Program Coordinator
Academy of Lifelong Learning
217-581-7415
academy@eiu.edu

BECOME A FRIEND OF THE ACADEMY

YOUR SUPPORT IS AN INVESTMENT

Lifelong learning is important in healthy communities because it enhances citizens' engagement with knowledge and networks, creating a more stable and stimulating culture. The Academy of Lifelong Learning needs your support. We are most grateful to those that have invested in lifelong learning in the past, and we are optimistic that they will continue to do so. See pgs. 8 - 9 for a description of the benefits provided with each tier. Your donations are tax deductible. You can opt out of benefits to receive 100% tax deduction.

I wish to make a donation in support of the EIU Academy of Lifelong Learning.

Name _____

Mailing Address _____

City _____

State _____

ZIP _____

Phone _____

Cell Phone _____

Email Address _____

I WISH TO MAKE A DONATION TO THE ACADEMY OF LIFELONG LEARNING

- | | |
|---|---|
| <input type="checkbox"/> Enrollee \$50 + | <input type="checkbox"/> Baccalaureate \$500 + |
| <input type="checkbox"/> Undergraduate Student \$100 + | <input type="checkbox"/> Master \$1,000 + |
| <input type="checkbox"/> Associate \$250 + | <input type="checkbox"/> Doctorate \$2,500 + |

TOTAL ENCLOSED _____

- I wish to opt out of benefits to receive a 100% tax deduction.
See pgs. 8 - 9 for a complete list of donation benefits.

PAYMENT INFORMATION

CHECK: Mail in your completed donation form with a check made payable to the EIU Foundation. Send to ACADEMY OF LIFELONG LEARNING, 600 LINCOLN AVENUE, CHARLESTON, IL 61920.

ONLINE: Go to go.eiu.edu/donateacademy to complete your donation online.

PHONE: Complete your donation over the phone by calling 217-581-5114.



PARKING ON CAMPUS

A parking pass is required to park on the Eastern Illinois University campus before 5 PM. Visitors without parking passes are encouraged to use the parking meters at the MLK Jr. Student Union or use the visitor parking lot to the east of Blair Hall on Seventh Street, which requires a \$1.50 parking pass from the University Police Department. Go to eiu.edu/police for more information.

COMPLIMENTARY PARKING PASSES

Those donating \$50 or more will receive a complimentary EIU parking pass for Academy events that start before 5 PM. Events on EIU's campus after 5 PM do not require a pass. The following details are needed to procure your parking passes:

Vehicle Make	Model	Color
License Plate Number	License Plate State	

TELL US ABOUT YOUR GUESTS

We're happy to see you've invited your friends to an event. Please let us know their names, contact information (email, phone, and mailing address), and what events they'll be attending.

Guest Names	Contact	Event
Guest Names	Contact	Event
Guest Names	Contact	Event
Guest Names	Contact	Event
Guest Names	Contact	Event

Need more room? You're quite the social butterfly! Just write it down on a separate sheet of paper and mail it in along with your donation and registration forms.



FALL 2024 OPPORTUNITIES AND PRICES

+ Event consists of multiple session dates. See event descriptions.

Name _____

Mailing Address _____

City _____

State _____

ZIP _____

Phone _____

Cell Phone _____

Email Address _____

# DONORS ATTENDING	# GUESTS ATTENDING	DATE	ACADEMY EVENTS	RATE
		08/09/24	Second Annual Fall Weenie Roast	
		08/28/24	Bow Tie 101: The History of a Distinctive Accessory	
		09/04/24+	Tai Chi: Basics and Beyond	\$30
		09/06/24	It's a No Brainer: Hold That Thought	
		09/09/24	Hobby Fair	
		09/11/24	Pollinators Sessions: Pollinators of Illinois	\$5
		09/14/24	The Art of Perspective: A Beginner's Guide to Drawing Depth and Dimension	\$15
		09/15/24	A Prairie Almanac Screening	
		09/17/24	Junk Food and Junk News: How to Be a Healthy Consumer of Media	
		09/18/24	A Year's Worth of Pollinator Plants	\$5
		09/19/24	Plant-a-Row Garden at SBLHC	\$5
		09/20/24	Narcan Training	
		09/24/24	New Zions in the Prairie State: Two 19th Century Communities of Faith in Illinois	
		09/25/24	Pollinators Sessions: Building a Pollinator Garden	\$5

Registration form continued on next page.



FALL 2024 OPPORTUNITIES & PRICES

Registration form continued from previous page.

# DONORS ATTENDING	# GUESTS ATTENDING	DATE	ACADEMY EVENTS	RATE
		09/27/24	CCAR Industries: More Than Just Recycling	\$30
		10/01/24	ITC Community Open House	
		10/02/24	Traveling Sketchbook: 2023-2024 Finale Party	
		10/02/24	Traveling Sketchbook: A New Beginning	\$5
		10/04/24	It's a No Brainer: Fit Wits	
		10/08/24	Survivors of the Great Chicago Fire of 1871	
		10/10/24	Oh Freedom! Songs of the Civil Rights Movement	
		10/11/24	Plein Air Day at the Lake for Writers, Artists, and Friends	
		10/12/24	OAKtober Celebration	\$5
		10/16/24	Tech Savvy Workshop: Getting Started with Your Computer	
		10/18/24	Trees: Right Tree, Right Place	
		10/22/24	CASA 101: What Does It Mean to Be a CASA Advocate?	
		10/23/24	Tech Savvy Workshop: Navigating the Web with Confidence	
		10/30/24	Tech Savvy Workshop: Maximizing Your Gmail Efficiency	
		10/30/24	Psychology of a Serial Killer: Ed Kemper	\$20
		11/01/24	It's a No Brainer: Head Strong	
		11/02/24	An Introduction to the Master Gardener Program	
		11/06/24	Create Your Own T-Shirt with Cricut Venture Magic	

Registration form continued on next page.



Registration form continued from previous page.

# DONORS ATTENDING	# GUESTS ATTENDING	DATE	ACADEMY EVENTS	RATE
		11/13/24	Create Festive Light-Up Greeting Cards with Cricut	
		11/13/24 & 11/20/24	Boost Your Self-Confidence: Mastering Persuasive Public Speaking	
		11/15/24	Hand Fans Used in Dance Traditions Around the World	
		11/16/24	Songwriter's Workshop	
		11/20/24	Community Creation Showcase	
		11/23/24	Tips and Tools for the Avid Gardener	\$5
		11/27/24	Leadership Journey	

# DONORS ATTENDING	# GUESTS ATTENDING	DATE	PREMIER DOUDNA EVENTS	ACADEMY DISCOUNT RATE	NON-DONOR RATE	SENIOR RATE
		08/24/24	Fruit Flies Like a Banana	\$15	\$25	\$20
		09/07/24	Broadway A-Z	\$15	\$25	\$20
		09/28/24	Radius	\$15	\$25	\$20
		09/07/24	Grupo Bella	\$15	\$25	\$20
		WRITE IN DATE FROM P. 40	She Loves Me: The Musical	\$15	\$25	\$20

Mail in your completed registration form with a check made payable to the Academy of Lifelong Learning to:

ACADEMY OF LIFELONG LEARNING
600 LINCOLN AVENUE
CHARLESTON, IL 61920

ACADEMY EVENTS \$ _____
DOUDNA EVENTS \$ _____
TAX DEDUCTIBLE DONATION \$ _____
GRAND TOTAL \$ _____

You may also go to go.eiu.edu/ProgramGuide or call 217-581-5114 to complete your registration.





PAST PROGRAM REFLECTIONS

LOOKING BACK AT SOME OF OUR PAST PROGRAMS

Eastern Illinois University's Academy of Lifelong Learning has been proudly serving the community since 2007. Pictured below are a few event photos from this past semester. Head over to facebook.com/EIUAcademy to see what we have been up to! You may even spot a few people you know!

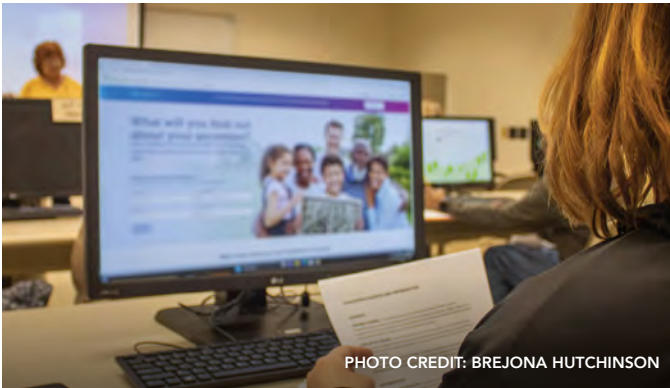


PHOTO CREDIT: BREJONA HUTCHINSON

IN THE STEPS OF YOUR ANCESTORS



PHOTO CREDIT: HANNAH FERGURSON

1619: THE JOURNEY OF A PEOPLE



PHOTO CREDIT: JAY GRABIEC

HOPS AND HARMONIES



PHOTO CREDIT: GREG COOPER
EIU PHOTOJOURNALISM

INTRODUCTION TO LINE DANCING



PHOTO CREDIT: GREG COOPER
EIU PHOTOJOURNALISM

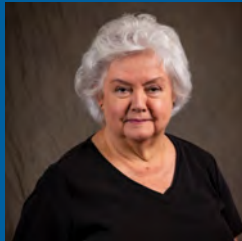
PICKLEBALL



PHOTO CREDIT: DIANA GLOSSER

LITERARY DIVAS END-OF-THE-SEMESTER SOIRÉE

ADVISORY COUNCIL MEMBERS



Judy Brown
Chair



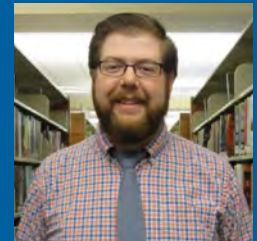
Dr. Rich Wandling
Chair Elect



Brenda Crimmins



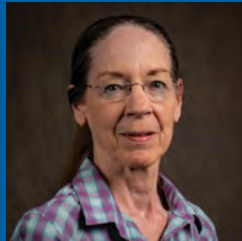
Shelley Crouch



Chris Houchens



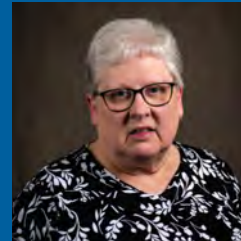
Al Joyner



Ann Spear



Jamie Willis



Alice Shonk



Roxanne Frey

Your feedback is very important to us. Please contact us at Academy@eiu.edu if you are interested in becoming a board member for the Spring 2025 Semester.

SPECIAL THANKS

We wish to extend our heartfelt gratitude to our family and friends for their unwavering support throughout this semester. Additionally, we express our sincere appreciation to the Advisory Council members, Friends of the Academy, and to all those who have shared their expertise by leading classes and sessions. Your contributions and dedication are instrumental in creating our Community Program Guide and enriching our educational initiatives, making the Academy of Lifelong Learning possible.

Marita Metzke
Former Director, Academy
of Lifelong Learning

Aaron White
Director of the School of
Extended Learning

Dean Laretta Henderson
College of Education

Chad Franks
Graphic Designer

Jeane Breiland
Graduate Student

Joy Rainey
Office Manager

Judy Brown
Chair

Dr. Rich Wandling
Chair Elect

Chris Houchens
Charleston Public Library

Keerthana Saraswathula
ITC

Dr. Michael Gillespie
ITC

Dennis Malak
Doudna Fine Arts Center

Kaen Henry
Tarble Arts Center

Joshua Ernst
IT Support

Jenny Lee
U of I Extension
Office

Sarah Zoppa
Grand Prairie
Friends

Lori Banks
Sarah Bush Lincoln

Kim Edwards
Lifespan Center

Abby De Buhr
Douglas-Hart
Nature Center

Dana Tell
Hour House/ROSC

Haylee Brickey
Director of
Development and
External Relations
College of Education

Justice Janowski
Proofreader
Extraordinaire

... And you



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CHARLESTON, IL 61920
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217-581-5114



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